

Dear CMC Member:

Thank you for your interest in the Alpine Rock School. The purpose of this school is to train experienced trad leaders in the proper techniques to independently plan and lead rock climbs in the high alpine environment safely and efficiently. It is anticipated that only eight people will attend. As a bonus for their volunteer efforts, qualified Boulder Rock School assistant instructors and rock climb co-leaders will be given preference. If you meet the requirements listed below, please complete the enclosed application. Selection will be based on past climbing experience and recommendations from BRS senior instructors and CMC trip leaders. The minimum requirements are as follows:

1. Current CMC membership.
2. Ability to attend the lecture sessions and all three field trips.
3. Completion of rock lead school or equivalent, and peak climbing experience in the alpine environment.
4. Demonstrated ability to comfortably lead multi-pitch traditional outdoor rock climbs at or above the 5.6 level.

This class will consist of two evening lecture sessions and three field trips on the dates listed below. The cost for the class is \$95.00. The alpine climbs selected for you to lead will be based on your ability. You will be scrambling and simul-climbing without a safety top-rope during the course.

Introductory lecture: Wednesday, June 17rd and July 8th at 7:00 PM, CMC Club Room

Field trip #1: Sunday, June 21th, all day, location to be determined by instructors

Field trip #2: Sunday, June 28th, all day, location to be determined by instructors

Field trip #3: Saturday, July 11th, all day, location to be determined by instructors

Required equipment:

Rock climbing harness/shoes	Lead rack
Alpine pack and clothing	Prussik loops and long slings
Rock climbing helmet	Nut tool
Belay/rappel device suitable for double ropes (e.g. ATC guide)	2 locking and 2 regular carabiners

Please mail the enclosed application as soon as possible, but no later than May 18, to

CMC/ARS, 633 South Broadway, Unit N, Boulder, CO, 80305

or send to:

alpinerock@cmcboulder.org

Please **do not** include a check. You will be notified of your selection by JUNE 1ST.

Irina Overeem
Director, Boulder Group Rock Lead School



ALPINE ROCK SCHOOL

Application

Boulder Group, Colorado Mountain Club

Selection for participation in the Alpine Rock School is by application. Feel free to include letters of reference, when appropriate. Preference will be given to qualified BMS assistant instructors and rock climb (co-)leaders.

I. Personal Information

Applicant's Name: _____

Address: _____

City: _____

State and Zip: _____

Phone: Daytime: () _____ - _____ Evenings: () _____ - _____

Please print legibly! E-mail: _____ @ _____

What is your current CMC Group and CMC Membership Number: _____

Are you taking any medication or do you have any physical impairment that could hinder your ability to participate and complete this course? **Yes** **No**

If so, please explain:

Have you completed BMS (Boulder Mountaineering School) with the Colorado Mountain Club? **Yes** **No**

Year BMS completed: _____ Senior instructor: _____

Have you completed RLS (Rock Lead School) with the Colorado Mountain Club? **Yes** **No**

Year RLS completed: _____ Senior instructor: _____

Have you ever served as an instructor in the BRS/RLS? **Yes** **No**

If 'yes': BRS sessions served: **Spring / Fall** year: _____ Senior instructor: _____

II. Rock Climbing Experience

At about what level of difficulty on the Yosemite Decimal System scale (5.0 – 5.15)

would you say that you solidly trad lead climb: i.e. on-sight, without falling?

Please list several multipitch rock climbs that you have led recently, or swung leads on that are representative of your current level of rock climbing ability:

<u>Completed</u>	<u>Climb Name</u>	<u>Location</u>	<u>YDS Rating</u>	<u>Year</u>
1.				
2.				
3.				
4.				
5.				

III. Alpine Climbing Experience

At about what level of difficulty do you comfortably scramble in alpine terrain?

Please list several alpine or peak climbs that you have led recently, or swung leads on that are representative of your current level of alpine climbing ability:

<u>Completed</u>	<u>Climb Name</u>	<u>Location</u>	<u>Rating</u>	<u>Year</u>
1.				
2.				
3.				
4.				

Please describe any other rock leading or alpine climbing instruction you have received within or *outside of the Colorado Mountain Club*:

IV. Physical Fitness

Please list typical activities that you engage in to keep fit for alpine climbing days.

<u>Activity</u>	<u>Frequency</u>
1. _____	_____
2. _____	_____
3. _____	_____

III. References

Please list the names of two or more **BMS instructors** or **CMC climb leaders** who have climbed with you and who might be willing to share information regarding your rock climbing experience:

Feel free to provide any additional comments that you feel would be helpful (attach additional sheets if you like):

Mail this completed form and check of \$95 made out to BMS to before June 1st, 2009:

CMC/ARS, 633 South Broadway, Unit N, Boulder, CO, 80305

or send to:

alpinerock@cmcboulder.org