

# Tele/AT Backcountry Ski Clinic

## Boulder Mountaineering School, CMC Boulder Group



**Lectures: 1/11, 1/25, 2/1 (7-10pm)**

**Field Trips: 1/29, 2/4, 2/12**

**Prerequisite: Avalanche Level 1, Intermediate ski skills with some backcountry experience.**

Dear Applicant :

The Tele/AT Backcountry Ski Clinic is designed to provide basic back country /peak skiing safety skills for the Colorado backcountry, including survival skills, survival skiing and peak skiing/navigation . The clinic is open to Intermediate Telemark/AT skiers.

**Curriculum:** The Clinic will consist of three field trips and related lectures. These field trips are day trips that may require early start times. The dates and field trip activities are indicated below:

**Lecture # 1** – This mandatory lecture provides an overview of the three Tele/AT Backcountry Ski Clinic field trips. Various technical topics will be discussed including gear requirements, curriculum, and field trip details.

**Lecture # 2** - No matter what your skiing level, you're bound to wind up on some terrain or snow conditions sometime that are just too hard to handle. In addition, ski navigation offers some unique problems from poor visibility to challenging terrain. The lecture will overview survival skiing and ski navigation techniques

**Lecture # 3** – Planning trip for the final Tele/AT Backcountry Ski clinic trip. Participants will rely on all the things learned in the prior lectures and field trips to plan a trip that climb and descend a high peak with skis. Participants will be responsible for the selection, plan and execution.

**Survival Skills Field Trip** – With skis you can get farther into the backcountry faster than any other way, so winter survival skills are crucial for all levels of ski mountaineering. On this field trip participants will ski into the backcountry and learn and practice general backcountry survival skills.

**Survival Skiing Field Trip** –No matter what your skiing level, you're bound to wind up on some terrain or snow conditions sometime that are just too hard to handle. This field trip teaches techniques and tricks to handle these situations.

**Skiing A Peak Field Trip** – Participants in this one-day field trip will rely on all the things learned in the prior lectures and field trips to climb and descend a high peak with skis.

All lectures will be held at the CMC clubroom, starting at 7pm.

There following are prerequisites for the clinic:

1. Avalanche Awareness (Level 1 encouraged)
2. Advanced Beginner/Intermediate backcountry ski abilities (Tele/AT)
3. BMS, Hiking School, or equivalent Navigation Skills
4. Previous winter backcountry travel experience

**Application Process:** Return your application via email to [bmswinter@cmcboulder.org](mailto:bmswinter@cmcboulder.org) . . This is an intermediate program and applicants are required to have met minimum standards including: Avalanche Awareness and Intermediate Telemark/AT skills. (These skills will be validated on the first Field Trip.) **You will be notified of your acceptance and instructed how to make payment on-line.**

**Required Equipment:** You will need to obtain the following equipment to participate in the field trips: Skis , Boots (Tele or AT gear), skins, poles, shovel, beacon, 10 essential , and all necessary backcountry ski mountaineering clothing.

# Tele/AT Backcountry Ski Clinic Application

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Thank you for your interest in the Tele/AT Backcountry Ski clinic. This program has an intermediate curriculum and all participants are required to have met minimum standards. **Participants will be selected on an application basis so it is very important for applicants to complete this application thoroughly. Applications being incomplete, misleading, late, unsigned, or missing payment may result in the applicant not being considered. Do not leave sections blank!** If you have not completed a required school etc. but have equivalent experience please provide a detailed description of that experience.

If you have any questions regarding the minimum requirements, or what may be considered equivalent experience please contact Cindy Gagnon (303-938-8564 or bmswinter@cmcboulder.org )

Name \_\_\_\_\_ CMC Group \_\_\_\_\_

Mailing Address: \_\_\_\_\_ Email \_\_\_\_\_

City \_\_\_\_\_ ZIP \_\_\_\_\_

Telephone H \_\_\_\_\_ W \_\_\_\_\_

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|--|-----|----|
| Will you be a CMC member in good standing through March 2012?                | Yes | No |
| Do you own or have access to the equipment required for this course?         | Yes | No |
| Will you be able to attend all lectures and field trips?                     | Yes | No |
| Is it OK to publish your phone/email on a student roster for other students? | Yes | No |

**1. Boulder Basic Mountaineering School or Hiking School Completion** *Minimum Requirement. If you did not attend BMS, please provide detailed summary of your equivalent training or experience, particularly with respect to Navigation training.*

Indicate BMS/Hiking School year and Year: \_\_\_\_\_ Instructor: \_\_\_\_\_  
instructor

Did you attend all required field trips and lectures? (If no, indicate missed sessions.) Yes No

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**2. Avalanche Training; Minimum Requirement.** *If you did not attend BMS Avalanche Clinic, please provide detailed summary of your equivalent training or experience.*

BMS Avalanche Course                      Year: \_\_\_\_\_ Instructor: \_\_\_\_\_

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**3. . Ski Experience.** *Advanced Beginner/Intermediate “Backcountry” Level Required.*

What level “area” skier are you                                      Beg            Advbeg            Int            Adv  
 What type of skier are you    Tele    AT

*Please fill out the following table, based on how comfortable you are skiing the following terrains.*

Scale	1	2	3	4
	Not Comfortable	Could Survive	Comfortable	Proficient
green runs				
blue runs groomed				
blue runs ungroomed				
Blue runs moguls				
Black runs groomed				
Black runs ungroomed				
Black runs moguls				
Black runs, tree skiing				
Backcountry w/pack, packed trails				
Backcountry w/pack, breaking trail				
Backcountry w/pack, narrow trails				
Backcountry w/pack, uphill steep terrain				
Backcountry w/pack, downhill steep terrain				
Backcountry w/pack, tree skiing				

Please provide your top 3 favorite ski area & runs:

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Please list all backcountry ski trips(including hut trips) you've done in the past year

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Please list all winter trips and snow climbs you've done in the past year

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**4. References.** List any CMC members who can provide input on your backcountry ski skills, and any leaders from any the CMC ski trips you participated in

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I acknowledge that the information indicated on this application is true and accurate and understand that any misleading information will disqualify me from participation in this program.

**(Applicant must sign this application to be considered.)**

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DATE:

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**To Send Application:** Please complete this application, scan and email it to [bmswinter@cmcboulder.org](mailto:bmswinter@cmcboulder.org)

Questions concerning the school should be addressed to Cindy Gagnon (303-938-8564 or [backcountryski@cmcboulder.org](mailto:backcountryski@cmcboulder.org))