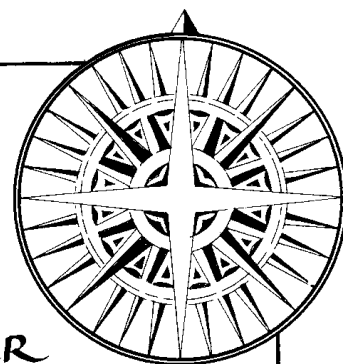




Compass

THE BOULDER GROUP NEWSLETTER



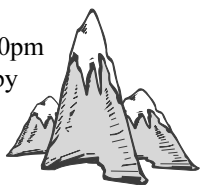
Volume XX Number 4

April 2004

Monthly Program April 14

“Kangchengunga — What mountain is that?”

A slide presentation on Wednesday, April 14 at 7:30pm at the Boulder Clubroom, by mountain guide and CMC member Ted Handwerk and Courtney Stout.



Few climbers know the name of the third highest mountain in the world or where to find it. Located in far eastern Nepal and sharing a border with Sikkim, Kangchengunga is isolated and the farthest east of the 8000' peaks.

Ted started with a small team of three Americans. They soon realized they were more foolish than brave and decided to add two Sherpa friends as full climbing members of the team. They pushed through sickness and avalanches, watched some die, and others triumph. In the end, they were happy to climb above 27,000' and return alive.

Ted grew up under the hob-nailed boot of a 10th Mountain Division father. His first big mountain was Denali in his early 20s, followed by Mt. Saint Elias and Mount Logan, and then on to Asia in the mid 1980s, an attempt on the north ridge of Everest, and a tragic but successful climb of Shishapangma.

Ted can be reached at 970-663-2336.

The CMC Boulder does a monthly program every 2nd Wednesday (unless otherwise specified). For more information, see www.cmcboulder.org/, e-mail: bcmc@bcn.boulder.co.us, or call 303-554-7688.

Boulder Hiking School Registration Begins April 8

Have you ever wanted to take a hike or go backpacking somewhere but didn't know where to go or what to bring along? Ever wondered how to read a trail map or use a compass to find your way? Concerned about what to do if you have to spend the night in the wilderness? The Boulder Hiking School (BHS) may be just the school for you.

BHS will teach you those specific skills and more or provide you with the opportunity to review your skills. The school concentrates on the non-technical skills that will increase your enjoyment of the mountains and help you deal with unexpected situations that may arise. It will also allow you to meet other hikers with the same interests.

— continued on page 2, see **BHS**

Mountain Mania

“Friends Inviting Friends to join the Colorado Mountain Club”

What is the Mountain Mania Membership Campaign? Well, for the next couple of months members are encouraged to invite a friend to join the Colorado Mountain Club and to mentor their friend through the first year of membership by inviting them on their first CMC hiking trip or to their first CMC program or event. Mentors can also assist with school registration or answer any other questions as they arise throughout the year.

When is the campaign and why a campaign in the first place? The campaign runs from March, 2004 through May, 2004. Because the CMC needs your help! Our mission is to excite and educate people about the mountains so they can enjoy the treasure in their own backyard safely and responsibly. Unfortunately, the Colorado Mountain Club is still the best-kept secret in Colorado. Many do not know the work we do to educate adults and youth, preserve the alpine environment, and publish books and an informative magazine. If every member tells just one friend, 10,000 more Colorado citizens will know about the Colorado Mountain Club!



And thank you! To thank you, we'd like to give you \$5 in “CMC Bucks” for every new member you bring in between March 1 and May 31. You can apply these CMC Bucks to

— continued on page 2, see **Mountain Mania**

Maps Maps Maps!

The new ‘Boulder Mountain Parks and Nearby Open Space Trail Map’ is in the stores and selling well. With some help from a *Daily Camera* ‘Get Out’ article that ran on February 26, we have sold over 500 copies so far. While they last, the club has 100 unfolded maps, suitable for framing, now on sale for \$12. These would look great on your wall or make great gifts. If you are interested, please stop by the Clubhouse or call 303-554-7688.

— **BHS**, continued from page 1

BHS consists of five classes with two required field trips, two optional field trips and hikes on the other weekends. Classes are from 6:30 to 9pm on Thursday nights at the Clubroom, starting April 22. It is open to all CMC members who are at least 14 years old as of April 22. Non members may join the CMC and register for the school at the same time. The cost is only \$50.

Applications may be obtained at the Boulder Clubroom during regular clubroom hours or online at cmcboulder.org. You may register in person on April 8 from 6:30 to 9pm at the Boulder Clubroom or during regular clubroom hours after April 8. Applications with payment may also be mailed to the Boulder Clubroom.

Boulder Hiking School Spring 2004 Schedule

April 22	introduction, slide show, trip planning & safety, clothing lectures
April 29	map & compass lecture
May 1, Saturday or May 2, Sunday	map & compass field trip (required)
May 6	nutrition & environmental illness, weather lectures
May 13	snow travel, backpacking lectures
May 15, Saturday or May 16, Sunday	snow travel field trip (optional)
May 20	survival lecture
May 22, Saturday or May 23, Sunday	survival field trip (required)
TBD	backpacking field trip (optional)

For more information, contact the Hiking School Director, Phil Congdon, at 303-926-1408 or bhs@cmcboulder.org.



— **Mountain Mania**, continued from page 1

your membership dues, a CMC Press book, an event ticket, or anything in the CMC Gift Shop at the American Mountaineering Center.

How does it work? It's as easy as 1, 2, 3

1. Ask for a Mountain Mania Membership packet from your Boulder Clubroom at 303-554-7688 or from the CMC main office at 303-279-3080. Inside will be lots of great ideas, plus the forms you need to invite your friend to join the Colorado Mountain Club.



2. Ask your friend to join you for a CMC trip or program as a free guest. If they enjoy it, then ask them to join the CMC. Help them fill out the application, and be sure to include your name and member number so we can send you your CMC Bucks thank-you gift.

3. Mentor your friend in their first year. Most new members who do not renew their membership after one year say it's because they never got involved. It's hard for people to sign up for that very first trip. It's hard to attend a program where you don't know anyone. You can help. Pick up your friend and go with them on their first trip, or to a meeting or a program. Check back with them a few times during that first year. Once they get started, they'll love the CMC as much as you do!

For more information, please contact any of the following people:

- Don Walker, Boulder Group Chair, 720-480-6636 or dwyattwalker@DirecWay.com
- Sheila Delamere, Boulder Volunteer Coordinator, 303-554-7688 or sdelamere@juno.com
- Kristy Judd 303-996-2742 or 1-800-633-4417 ext. 102 or juddk@cmc.org
- Alison Conrad 303-996-2749 or 1-800-633-4417 ext. 109 or conraa@cmc.org
- Julie Beckwith 303-996-2764 or 1-800-633-4417 ext. 124 or beckwj@cmc.org

Compass ad prices drop sharply

Compass ad prices have just been slashed nearly in half, so don't miss out!



Last year the **Compass** newsletter began accepting advertisements for the first time in our nearly twenty years of publication. We did this as a service to our members, and so that we could afford the extra expense incurred by our expansion from four to six pages. By advertising in the **Compass** you can help pay our production costs and at the same time let 1,600 of your Boulder friends know about your business.

The new prices are:

full page	\$275
half page	\$150
quarter page	\$80
eighth page	\$50
business card	\$40

Nothing smaller than a business card is accepted.

All layout and art work must be done by the advertiser. Ads must be submitted and pre-paid one month in advance for inclusion in the following issue. For more information call the Clubroom at 303-554-7688 or e-mail the **Compass** at Compass.Newsletter@earthlink.net.

Compass

Editors: Danita Dickinson, Dan Elliott, Lisa Freidrich

Published monthly by: Boulder Group, Colorado Mountain Club, 633 South Broadway, Unit N, Boulder 80305

Boulder Group Chair: Don Walker, dwyattwalker@direcway.com

Clubroom hours: Open Monday thru Thursday, 5 to 7 pm (Voicemail always activated.)

Telephone: 303-554-7688

E-mail: bcmc@bcn.boulder.co.us

Web Page: <http://cmcboulder.org/>

For membership info, call the Clubroom.

We welcome announcements, articles, letters, artwork, and photos. Please submit material by the second Monday of the month for inclusion in the following month's issue.

E-mail: Compass.Newsletter@earthlink.net.

Boulder Volunteer Opportunities

The Colorado Mountain Club has been a volunteer-driven organization for over 90 years now. As a CMC member, your efforts remain a critical part of the formula for our success. Shown below are some opportunities to get more involved in the Club. Please step forward & don't be shy. You'll have fun and meet some great new people!

Nominating Committee. Help is much needed. This committee recommends and contacts candidates for positions on the Boulder CMC Council, governing board of the Boulder Group. Qualifications for the committee are simple: you must be a member of the Boulder Group who has been on one or more Boulder trip or outing in the past 10 months. For more information, contact Fritz Neufeld at 303-332-7131 or FRNeufeld@AOL.com.

Membership Committee. Help us spread the word about the CMC and introduce the excitement of mountaineering to more people in Boulder. A little marketing savvy goes a long way. You can help us introduce the Colorado Mountain Club to new members. Talk to Don Walker, 720-480-6636 or dwyattwalker@DirecWay.com.

Social Committee. Like to plan parties and social outings? The Boulder Group welcomes you to our newly created Social Committee. Contact Marilyn Fellows at 303-499-6099 or marilyn.fellows@ERATradewind.com.

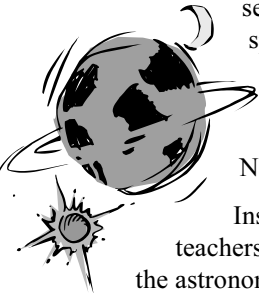
Boulder Creek Festival Tent Sitters. Why not take part in the good old Boulder Creek Festival this year? If you're planning to be around town over the Memorial Day Weekend you should come down and hang out in the CMC tent for a little while. You can help tell people about the Colorado Mountain Club while enjoying the zany atmosphere of this cherished Boulder institution. Contact Boulder Publicity Chair, Diana Dear, at Diana.Dear@Colorado.EDU or phone the Clubroom at 303-554-7688.

For general information about volunteering for the CMC, phone Sheila Delamere, Volunteer Coordinator, at 303-554-7688 during Boulder Clubroom office hours, Monday through Thursday, 5-7pm.

Adventures In Learning — Natural History Education with the CMC

Astronomy Workshop and Field Trip Saturday, April 17, 1pm 'til approximately 9pm at the American Mountaineering Center in Golden and nearby open space.

This indoor/outdoor workshop provides an introduction to the practice of sky watching and the science of astronomy. The course includes a variety of interactive presentations and activities on astronomy basics such as: 1) perspective on size, scale, and contents of the universe and Earth's place in it, 2) the movements of the sun, planets, and stars in the sky, 3) Earth seasons, 4) phases of the moon, and 5) constellations and associated stories from Greek and Native American mythology. Fee is \$20.



Instructor Mike Zawaski works as an astronomy educator training teachers, outdoor educators, and anyone interested in understanding the astronomy that helps them explain the day and night sky. He is the co-developer of Kinesthetic Astronomy: a NASA-funded project to develop experiential lessons that teach the movements of the sun, stars, planets, and moon through choreographed bodily movements and positions. In addition, Mike instructs and trains staff for Outward Bound and teaches for the Wilderness Medicine Institute of NOLS.

Participants may earn one-half credit of graduate-level continuing education from the CO School of Mines.

To register, call the CMC office at 303-279-3080 X 2. For more info, see the CMC website at cmc.org/education or call Brenda Porter, 303-996-2748.



Peter Stout

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Don't forget!

■ Boulder Mountaineering School

BMS starts March 30 with the first of seven lectures. For more information, contact the Clubroom at 303-554-7688, or Ken Vogler, BMS Director, at bms@cmcboulder.org.

■ Radical Reels

April 2, 7pm: Radical Reels, a collection of films from the Banff Mountain Film Festival; American Mountaineering Center in Golden. Tickets \$10 at REI Denver/Boulder stores. Proceeds benefit CMC.

■ WRV Project in April

April 17: Left Hand Canyon Meadow Restoration (rain date April 24). This is a great way to learn about ecological restoration! Lunch is provided and no experience is required.

For more information, send e-mail to wrv@ecomail.org or call 303-543-1411.

■ Concert at the AMC

April 22, 8pm: Rebecca Folsom; country-style pickin' at Foss Auditorium at the American Mountaineering Center in Golden. For ticket info, call 303-777-1003.

April 2004 Boulder Group Trips

Sunday, April 04, 2004

Mt. Sanitas 6,863', Full Moon Hike *Moderate A*
Hike in the sunset to Mt. Sanitas. Watch the moon rise from the top. We may stop for refreshments at Hungry Toad after the hike. Rada Perovic 720 635-7453

East Face, Fatiron I Climb, 5.4

Join us for 3 pitches. We will go up slabs, over bulges, and possibly follow a crack. Some down climbing and then a rappel. William Clopton 303 776-9612

Tuesday, April 06, 2004

BMS lecture #2

Meet at the Boulder clubroom for the knot lecture. Kenneth J Vogler 303 530-3309
Saturday, April 10, 2004

Saturday Social for Spirit and Sweat *Moderate A*

The Saturday Social is a half-day hike with a social spirit and a sweaty end. We then try to warm up over some coffee or lunch. We meet at Einsteins at the corner of Broadway and Baseline. Park in the greater BaseMar Shopping Center lot. Please arrive at 9 AM and help decide our destination. Come prepared to hike in any weather. Marilyn Fellows 303 499-6099

Saturday, April 10, 2004 to Sunday,

BMS Basic Rock Field Trip

Registered BMS students will practice knots, belaying, self-rescue and basic rock climbing techniques. Each student will attend only on their pre-determined day. Kenneth J Vogler 303 530-3309

Sunday, April 11, 2004

Sourdough Trail (south end) *Easy II Ski Tour*
Start from the Rainbow Lakes road and ski north. Distance depends on group. Louis F Genduso 303 530-3795

James Peak Ski Tour

Early departure from St. Mary's Glacier. Intermediate telemark skills required. Willy Gully 303 939-8382

Adv. II Ski Tour

The Catscratch, Fifth Flatiron *I Climb, 5.4*

After a moderate walk-in, climb this 5.4 route with a variety of techniques; chimney, friction, and crack climb your way up to the top of the Fifth Flatiron. Bring your rappel gear. B George Barisas 970 229-9872

Tuesday, April 13, 2004

BMS lecture #3

Meet at the Boulder clubroom for this lecture. Kenneth J Vogler 303 530-3309

Thursday, April 15, 2004

Royal Arch, After Work Hike *Difficult A*

Ascend Mesa Trail to Bluebell Canyon to a spectacular sandstone arch. Fritz Neufeld 303 332-7131

Saturday, April 17, 2004

Boulder Direct, Wind Tower *I Climb, 5.5*

Friction your way up a large boulder and then work your way up two pitches of cracks through a hole in the top. This is an excellent beginners climb. Sandra Fish 303 545-9004

Wednesday, April 21, 2004

East Slab, The Dome *I Climb, 5.5*

Walk the bridge over Boulder Creek, then follow a disappearing crack on this short, fun climb in Boulder Canyon. Bruce Immele 303 665-0888

Saturday, April 24, 2004

Saturday Social for Spirit and Sweat

Moderate A

The Saturday Social is a half-day hike with a social spirit and a sweaty end. We then try to warm up over some coffee or lunch. We meet at Einsteins at the corner of Broadway and Baseline. Park in the greater BaseMar Shopping Center lot. Please arrive at 9 AM and help decide our destination. Come prepared to hike in any weather. Marilyn Fellows 303 499-6099

Saturday, April 24, 2004 to Sunday,

BMS Belay Tower and Climb *Field Trip*

Registered BMS students will take the belay test and do a multi-pitch climb. Each student will attend only on their pre-determined day. Kenneth J Vogler 303 530-3309

Sunday, April 25, 2004

Boulder Direct, Wind Tower *I Climb, 5.5*

Friction your way up a large boulder and then work your way up two pitches of cracks through a hole in the top. This is an excellent beginners climb. Bruce Immele 303 665-0888

Crystal Pk. 13,852'

Difficult C-E

Climb begins at Spruce Creek trailhead off Hwy 9 near Blue River and proceeds up Crystal Creek past Francie's Cabin and Lower Crystal Lake. Ascend and descend the southeast face of Crystal Peak opposite Father Dyer Mtn. Skis (strong downhill skiers with randonee gear only) or snowshoes required, depending on conditions. REGISTER WITH LEADER ONLY. Given decent snow, this is a wonderful downhill descent from the summit. B George Barisas 970 229-9872

Tuesday, April 27, 2004

BMS lecture #4

Meet at the Boulder clubroom for this lecture. Kenneth J Vogler 303 530-3309

Friday, April 30, 2004

Lumpy Ridge Loop *Moderate B*

From Twin Owls Trailhead, hike W on trail to saddle between Dark Mtn and Lumpy Ridge. Descend to Bridal Veil Falls Trail to the connecting trail on the south to Gem Lake. Return to Twin Owls. Laurette S Terrell 970 669-8828

Lumpy Ridge Loop

Difficult B

From Twin Owls Trailhead, hike W on trail to saddle between Dark Mtn and Lumpy Ridge. Descend to Bridal Veil Falls Trail to the connecting trail on the south to Gem Lake. Return to Twin Owls. Ruth Eastman 303 652-3097



*Come join us for
friendship and fun
in the mountains!*

Advanced Crevasse Rescue Seminar

It's that time of year again — time to brush up on your glacier skills before heading to Mount Rainier or other mountains around the world.



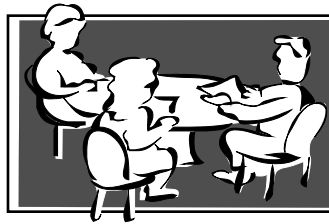
The seminar includes one evening at the clubhouse, Monday, April 26, and one field day, Saturday,

May 1. We will be reviewing knots, rescue techniques, and the “C” & “Z” pulley systems. We'll try to simulate crevasse conditions by hanging multiple victims over a cornice on top of Loveland Pass. This has worked great for the last couple of years, with lots of hands-on experience both as the rescuer and the victim.

Cost is only \$30. This seminar is open to anyone who has graduated from HAMS School or has comparable experience. To apply/register, call the CMC Denver clubhouse at 303-279-3080. Deadline for sign-up is April 19. If you have questions, comments or concerns, contact Vern Bass at 303-458-5250 or 4efs@eazy.net.



Kurt Gerstle, who recently marked his 50th year as a CMC member, skis through rocks and yuccas on the open space north of Wonderland Lake.



Map Committee Meeting

The map committee will meet on Monday, April 4, at 6:30 pm, at the Clubroom.

Upcoming Wildlands Restoration Volunteers Stewardship Projects

WRV is a Boulder-based non-profit organization that provides an opportunity for people to come together, learn about their natural environment, and take direct action to restore and care for the land. WRV organizes about a dozen volunteer stewardship projects per year in Boulder County and the greater Northern Colorado Front Range area.

WRV collaborates closely with the Boulder CMC and would love to have your help! It's a lot of fun and no experience is required.

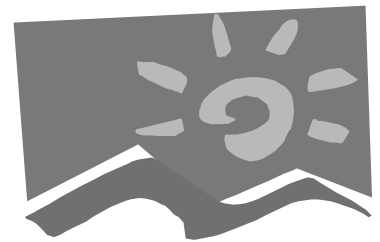
Left Hand Canyon Meadow Restoration April 17 (rain date April 24) — This is WRV's 50th volunteer project! Help us celebrate this exciting milestone! Join us just a few days before Earth Day to restore 12 acres of Ponderosa Forest habitat severely impacted by past motorized recreation. Volunteers will re-seed areas, install erosion matting, transplant trees, and much more. Our work will actually benefit a much larger area of the watershed by reducing the extreme erosion of the site, thus improving downstream riparian habitat and water quality. Lunch will be provided.

James Creek and Overland Fire Restoration Projects May 1-2 (rain dates May 15-16) — WRV volunteers will gather for two exciting projects near Jamestown. If you like variety, this is a great project for you! One day we'll restore sections of James Creek. The next day we'll help restore areas severely burned by the October 2003 Overland Fire. Volunteers are encouraged to register for both days, although that's not re-

quired. Attendees will be invited to an evening party on May 1 at the Jamestown town hall. There will be great live music and yummy food provided by the Masa Grill.

Boulder Prairie Restoration, Joint Project with Volunteers for Outdoor Colorado May 8 — Join with 400 other volunteers to help eradicate the only known Colorado population of Mediterranean Sage, an aggressive invasive weed. The work is easy; you just walk along and pop out the weeds with a shovel. However, our collective impact will be large, saving hundreds of acres from the dire effects of this weed. For this project ONLY, call VOC at 303-715-1010 to sign up. For the other two projects, see registration details below.

To register or for more information, send e-mail to wrv@ecomail.org or call 303-543-1411. To see the full 2004 project schedule, go to www.wrv.org.



CMC Spring Equipment Sale



The CMC's Spring Equipment Sale will be Friday, April 16, 6-8 pm in the ground floor conference room of the American Mountaineering Center in Golden.

Seller Guidelines Attach an envelope to each item you are selling. On the envelope, print your name, the item, selling price, and whether you will accept a check. Please tag items at home and bring them to the AMC on Thursday, April 15, from 4-7 pm or on Friday, April 16, between 9 am and 5:30 pm. If you are selling clothing, only outerwear (parkas, wind jackets/pants, gloves/mittens, gaiters, hats, etc.) will be accepted; no sweaters, shorts, long underwear, etc., and no older model straight skis.

All money goes directly to the seller and sales tax doesn't apply. If you want to donate the sale price of your item(s) to the CMC, please note "CMC" on the envelope; checks to be made payable to CMC. If you have item(s) of value, have someone monitor them if you can't be at the sale. We hope to have enough volunteers monitoring this sale, but CMC is not liable for lost/stolen sale items.

Buyer Guidelines All items are sold as-is with no guarantees. Bring cash in various denominations, as no change-making will be available. Doors open at 6 pm. Early birds will be turned away.

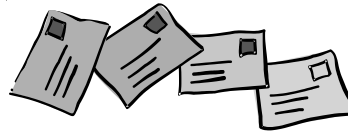
Also, the CMC needs YOU to help with pre-sale setup, sale monitoring, cashiering, and post-sale cleanup for the sale. Pick a few hours between 3:30 and 8:30 pm and come help out!

For more information, contact Zoe Katsulos by e-mail (preferred) at zfoto@aol.com or at 303-772-4504.

Mailing party April 22

Come to the Boulder Clubroom and help mail out the *Compass*! This is a relaxed way to meet people and give something back to your favorite club.

The next issue will be ready to mail on Thursday, April 22, at 5:30 pm, so please just drop in. Phone 303-554-7688 for more information.



compass

*Colorado Mountain Club
Table Mesa Shopping Center
633 South Broadway, Unit N
Boulder, CO 80305*

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It's Play Time!

Our new Social Committee has planned the following events. See something you'd like to do? Simply call the member listed and join in the fun!



Friday, March 26, 6pm: Social Committee planning meeting at the clubroom — plan upcoming events. If you can't make it to the meeting and still would like to host an activity (you don't necessarily need to be a certified leader to do this) please call Marilyn at 303-499-6099. Some ideas: pot lucks, museum trips, concerts, dances and non-hiking/skiing trips.

Sunday, April 4: Full Moon Hike

Mt. Sanitas — call for time and meeting place; Rada at 303-985-3263

Friday, April 9: Movie Night — meet at the clubhouse at 6pm to pick the film; Marilyn at 303-499-6099

Saturday, April 10 & 24: Social Hikes — see regular trip schedule

Thursday, April 15: After-work Hike

Royal Arch — Fritz at 303-332-7131

Friday, April 16: Happy Hour at Southern Sun — 5pm 'til whenever; Libby at 303-543-1453

Thursday, April 22: Hiking School

— great place to socialize while you learn (see regular schedule)

Friday, April 30, 6pm: Social Committee planning meeting at the clubroom — Marilyn at 303-499-6099

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