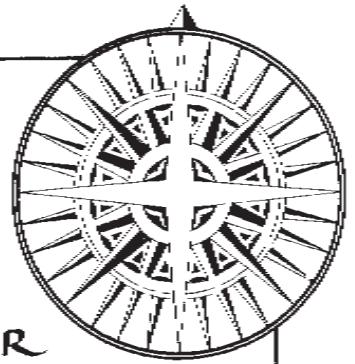




Compass

THE BOULDER GROUP NEWSLETTER



Volume XXI Number 12

December 2005

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branding iron) was passed from Doug Turley to Tonya Riggs, the next Boulder Group Chair. The Group conferred the prestigious Ellingwood Award to Gary Neptune for his long climbing career and invaluable service to the CMC. And Cindy Gagnon honored John Brooks for graduating from the Boulder Mountaineering School.

The featured speakers were as exciting as any we've had in previous years.

Gillian Collins showed slides and narrated her group's expedition to the Cordillera Blanca in Peru. She and teammates Mark Scott-Nash and Will Cramer climbed several mountains in that range.

Val Hovland showed a few slides of her recent successful, but harrowing, trip to Shishapangma, but had not yet had time to prepare more. She did show a video that she made of her 2004 climb of Ama Dablam in Nepal with team members Tonya Riggs, Cindy Gagnon, and Ted Handwerk. They summited after some difficult climbing: imagine climbing 5.9
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December's CMC Profile: Dawn DuPriest

[Editor's Note: The subject of this month's profile, Dawn DuPriest, has been instrumental during this difficult transition year for the schools in mountaineering and rock leading. Her tireless hours of work for the club and naturally cheery personality has been appreciated by many; so she richly deserves some recognition by the club. I structured this profile as an interview, which I had to negotiate by email due to our busy schedules.]

You live in Ft Collins; how are we so lucky to get you to commit to all this time to the Boulder CMC?

continued on page 3

Another Successful Annual Dinner

contributed by Jim Groh

On Sunday, November 6, the Boulder Group held its traditional Annual Dinner. A crowd of 110 attended to socialize, have dinner, elect the Group's council officers for next year, and finally, hear the stories of three high-mountain expeditions of our fellow CMCers. The socializing was, as always, lots of fun. Many familiar faces were there. The food was good, as was the wine, and the beer (take it from me!)



Tonya Riggs, new Council Chair, presenting Doug Turley with an award of appreciation from the Boulder CMC at the annual dinner for having served as Chair this past year.

The torch (really the CMC



The infamous rappelling past the #*! knot test...

Basic Rock School, September

2005

Contributed by
James Garnett

(captions by the editor)



Dawn Dupriest as Belay Test Meister...



Rope management is one of the many skills learned in BMS...



See: you *can* rappel one-handed!

continued from page 1

at 20,000 feet with a pack and without guide service! And making a video of it to boot!

And Kent and Cathleen Groninger showed photos of their climb of Mount Everest. This year the monsoons failed to push the jet stream away from the mountain, so no one summited in the short three-week "weather window." Kent and Cathleen and the rest of their team wisely left the mountain after many tries, having reached Camp 3 on the Lhotse Face.

If you missed the Annual Dinner this

year, you should consider coming next year! Think of it as the Boulder Group's biggest outing, with lots of old friends, good food, wine, and beer, great photos, and exciting stories. No sweat, no sunburn, no stinky polypro, no weather worries, no exposure. And we're pretty sure no one bivvied there!

2006 Boulder Officers Elected

On Sunday, November 6, the following Boulder Group Council Officers for 2006 were elected at the Annual Meeting, an essential part of the Annual Dinner:

Volunteers Needed!

CMC Archivist

Anyone who is interested in contributing to the organization of the Boulder Group's archives, please call the Clubroom at 303-554-7688.

Mailing party December 22

Come to the Clubroom and help mail out the January Compass! This is a relaxed way to meet people and give something back to your favorite club.

The next issue will be ready to mail on Thursday, December 22, at 5:30pm, so please just drop in. Phone Sheila at 303-554-7688 for more information.

Council Officers for 2006

Chair	Tonya Riggs
Vice-Chair	Tom Wilson
Secretary	Susan Flack
Treasurer	Paul Culnan
At-Large Member	Nickie Kelly

Avery Beer Donation Appreciated

We would like to thank Avery Brewing Co. for donating three cases of their excellent beer for the annual dinner.

Free Pilates Mat Classes

John Keller's free pilates mat classes continues! If interested, contact John at 303-530-9291 or jkellerhome@earthlink.net.

compass

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Clubroom hours: Open Monday through Thursday, 5 to 7 pm

Telephone: 303-554-7688 (leave voicemail)

E-mail for general CMC information: bcmc@cmcboulder.org

Website: cmcboulder.org

We welcome announcements, articles, letters, artwork, and photos, especially from recent CMC trips and events.

Next Compass deadlines:

January issue: Dec 9

February issue: Jan 6

For most of my career, I worked with Susan Baker, who also lives in Fort Collins (and look how much time she has put into the CMC, at the group and state level). It was Susan who told me about Boulder's BMS course. I took BMS, assisted in BMS next, and before long my "network" in the CMC was all in Boulder. It was really natural to stay involved with the Boulder group since all of my friends and climbing partners are there.

When did you first join the CMC, and what's been your experience of it?

I joined in 1997 specifically to take BMS. I've been pretty active in the group since then, assisting and then instructing in BMS, taking part in and leading trips.

What's your feeling about the reasons the BMS and RLS needed to change their class offerings?

The feeling had been simmering around the BMS committee and elsewhere in the group for quite some time. There were several related reasons. Everyone noticed that there was quite a bit of overlap between what was taught in the Hiking School versus BMS, and we felt we could make better use of our resources if we removed the overlap. We also felt that in today's world it is difficult to get people to commit to too many weeks in a row for a school, so by shortening the time commitment we could appeal to more people. We hope it helps attract more students and retain more instructors in the long run. Finally, we wanted to offer more options to folks who didn't want an all-in-one course. Someone may want a navigation workshop without having to go through the entire hiking school or mountaineering school. Someone else may wish to take a basic rock climbing course but does not want to climb on snow. Our new lineup gives everyone options to take as many or as few of these classes as they want. It's much more flexible.

What do you think the club should do to improve what it offers to the public?

We offer a great deal to the public already. We help the community enjoy



and conserve the mountain environment around us. The issues I see are those of attracting new members, and then retaining and developing members once they are in the club. They are both in essence publicity problems. Outward-facing publicity will help us attract new members, and good documentation and publicity within the club will help members see how they can contribute, involve themselves, and give back once they are members.

How do you find the time to give so much to the Club when you're a young mother?

Am I young? You're too kind. I have a LOT of help! The BMS committee is tremendous and we have really pulled together as a team. I have the support of a wonderful husband who picks up my slack at home. Being a mom is a lifelong lesson in managing your priorities. I have to stay flexible.

HAMS trip to Kilimanjaro next January

Steve Bonowski will be leading his sixth trip to Kilimanjaro, starting January 20, and are inviting those qualified to join the expedition. A further description of the trip by Steve follows: HAMS uses the Machame Route on Kili, staying at the famous Marangu Hotel. The trip includes a four day budget safari to the Serengeti, Ngorongoro Crater and Lake Manyara. There will be an optional one week extension in Kenya. Pre-trip conditioning hikes and climbs available. Nights are a mixture of a rustic hotel with full amenities, travelers camps, and camping out. Good physical conditioning and familiarity with Third World travel suggested. Posted price includes air fare, lodging, ground transport, visa costs, Park fees, most meals, leader expenses, and CMC outings fee. Cost does not include shots, medications, trip insurance, a few meals, bar tab, and souvenirs. Final cost may vary slightly depending on air fare and currency exchange rates. Trip packets available from the trip leader, Steve Bonowski, P.O. Box 280286, Lakewood CO 80228-0286, or nztrekker@earthlink.net. Elevation; 19,340', January 20 - February 3, 2007, \$4,760, including air fare.

BACKCOUNTRY SKI TOURING CLINIC IN EARLY JANUARY

If you have not tried backcountry ski touring, or want to improve your technique, this clinic is for you. This clinic is for beginners (never skied), advanced beginners (maybe downhill, or cross country a few times), and intermediate (downhill, or cross country some but need to improve) skiers. A 3-hour lecture will be held Tuesday evening, January 3, at 7 PM at Neptune Mountaineering (right next to the Boulder Clubroom). The lecture covers clothing, equipment, and technique. This is followed by one or two days (Jan. 7 and 14) in the backcountry emphasizing the diagonal stride, uphill and downhill technique, and turns. We will also inform you about ski trips for these abilities throughout the winter. There will be about 4-5 students per instructor. Beginners should come out on both ski days and others are encouraged to do so. Participants should be fit enough to handle a full day of moderate exercise at altitude. Anyone can attend the lecture, but participation in the ski days is limited, so call the clubroom, 303-554-7688, early to sign up and pay the \$15 fee in advance. For those that do not own equipment, we will be able to get rentals at a discount. Call Pete Birkeland, 303-442-0304, about the rentals or if you have any other questions. Pat Butler and Pete Birkeland, co-leaders

December 2005 Trips

Friday, December 2

Boulder Canyon Top Roping

Toproping 5.8

Toproping is an excellent way to gain confidence and sharpen skills. Come join us in exploring a wide range of climbs from 5.6 to 5.10 at the Riviera where it is always warm! Lots of nice moderates. Gary Schmidt, (970) 613-0396. (Trip#31708)

Saturday, December 3

Gray Wolf Mtn. 13,602' Difficult B From the top of Guanella Pass snowshoe east and north to gain the summit of Gray Wolf. The views of Mt. Evans and others are splendid. Snowshoes and BMS required. BMS-B required. Mt Evans. 7/2,200'. 13.0 mi. Cindy Carey, (303) 530-3103. (Trip#31658)

Sunday, December 4

Mills Lake Moderate A

Trek Glacier Gorge Trail to this popular lake nestled between Half Mtn and Thatchtop. McHenry's Pk. 5/700'. Todd Nelson, (303) 417-9166. (Trip#31618)

Centennial Cone 8,679'

Moderate B
Off Trail

A good winter hike to a prominent peak on the north side of Clear Creek with good views of the canyon and nearby parts of the Front Range.

Evergreen/Ralston Butte. 4/2,200'. 60 mi. David U Longenecker, (303) 440-7023. (Trip#31634)

Tuesday, December 6

Avalanche Level 1- Lecture #1 Lecture
Avalanche Level 1 Certification. Attendance at 2 lectures

(12/6 & 12/8) and one field trip (12/10) required. The field trip will be in a winter avalanche environment of intermediate back country terrain. Beacons, skis or snowboards with climbing skins or snowshoes required. Only people who have paid the registration fee will be allowed to attend lectures and field trip. Signup begins at the 11/14 BMS Winter Clinics Overview and Signup.. Meet at

Mt. Calvary Lutheran Church, Boulder
6:30 pm. 0/0'. 0 mi. Pat O'Brien, (303)
926-9548. Cindy Gagnon, (303)
938-8564. (Trip#31584)

Thursday, December 8

Avalanche -Level 1 Lecture #2 Lecture
Avalanche Level 1 Certification, Lecture #2. See 12/6 description Meet at Mt. Calvary Lutheran Church, Boulder
6:30 pm. 0/0'. 0 mi. Pat O'Brien, (303)
926-9548. Cindy Gagnon, (303) 938-8564. (Trip#31568)

Friday, December 9

Friday-Saturday December 9-10
ski hut trip Adv. Ski Tour
Ski the steep trail to the Eisman Hut near Vail, stay over night and return. Call trip leader for qualifications and required equipment. Fees. 14/2,500'.
Register with leader. Bob Lewis, (303)
232-9587. (Trip#31661)

Saturday, December 10

Brainard Cabin 10,600 Mod. Snowshoe
On Trail Snowshoe to CMC Brainard Lk cabin, have lunch and snowshoe back.
Ward. 6/400'. 50 mi. Rada Perovic,
(303) 985-3263. (Trip#31632)

Mesa Trail Loop Easy A
Loop hike on the South Mesa Trail.
Leader will select trails depending upon weather and group desires. Meet at
Check with leaders for meeting time/
place. Eldorado Springs. 6/750'. Donald
Kava, (303) 494-2632. (Trip#31642)

Avalanche Level 1 Field Trip Field Trip
Avalanche Level 1 Certification, Field Trip. See 12/6 description Meet at 6:00 am. 0/0'. 0 mi. Pat O'Brien,
(303) 926-9548. Cindy Gagnon, (303)
938-8564. (Trip#31569)

Horsetooth Reservoir Top Roping

Toproping

Toproping allows more concentrated climbing and less waiting than for multi-pitch climbs and is the best way to improve technique and to push limits safely. Enjoy climbs ranging from 5.5 to 5.9 in this area near Fort Collins.

Dawn M DuPriest, (970) 223-2621. (Trip#31697)

Wind Tower Tour II Climb

Eldorado Canyon 5.7

The Wind Tower is home to some great moderate routes: Calypso, Wind Ridge, West Overhang, Breezy, Tigger. We will climb these as time and inclination allows. Limit two people. BMS-B required. Larry A. Pedigo, (720) 887-3882. (Trip#31712)

Little Raven Trail Mod. II Ski Tour

The most exciting route to Brainard Lake. After hot tea, zip back down via the Waldrop (North) trail. Ward. 7/800'. 50 mi. Register with leader. Steve Priem, (303) 499-9024. (Trip#31686)

Sunday, December 11

The Loch Mod. Snowshoe
From Glacier Gorge Trail, ascend on unnamed and icy brook drainages past icicle-curtained canyon walls to this lake which is surrounded by high RMNP peaks. Meet at Park Hdqtrs McHenry's Pk. 5/900'. Louie Genduso, (303) 518-8948. (Trip#31637)

Friday, December 16

Rollinsville Ice Ice Climb

Chop some early season ice. BMS and Ice Clinic or equivalent.
Warren Bradshaw, (303) 499-8969.
(Trip#31714)

Wednesday, December 21

Leaders Choice Ice Ice Climb

Chop some early season ice. BMS and Ice Clinic or equivalent. Tom Walker, (303) 666-7199. (Trip#31715)

Reminder to Group Leaders:

The Outings Committee reminds you that if you have scheduled a 'leader's choice' trip, for safety reasons you need to leave word at the Clubroom before the trip happens where you plan to go.



Boulder CMC Annual Dinner

Sunday,
November 6, 2005

photographs contributed
by Jim Groh

The crowd filled room 235
at CU's UMC

Cindy Gagnon (center) in-
troducing Gillian Collins and
Mark Scott-Nash



Don Walker, previous Coun-
cil Chair, getting in a few last
licks on Doug Turley,
current Chair

Ted Handwerk sharing memo-
ries with Val Hovland, featured
speaker



Kent and Cathleen Groninger
relating their trip to Everest

Pakistan Relief Effort by AAC

The American Alpine Club is coordinat-
ing with the Alpine Club of Pakistan to
help bring relief to people who live in
the foothills areas of Pakistan that are
being overlooked by the larger disaster
response effort. This is an opportunity
for us to help pay back to those who
have played an integral part in helping
American climbs in the Karakoram. For
more information and to donate, go to
[www.americanalpineclub.org/
pakistanrelief.asp](http://www.americanalpineclub.org/pakistanrelief.asp).

Trick or Treat for Leaders and Instructors

Contributed by Phil Congdon

On Monday October 31st a prize draw-
ing was held for trip leaders and school
instructors. We would like to thank those
individuals and companies who donated
prizes for this drawing. Gary Neptune,
Dave Covill and John Mitchler, Dave
Cooper, Craig Luebben, Gerry Roach,
Charlie and Diane Winger, Active Im-
prints, Boulder Army Store, Boulder Mt
Repair, Dark Horse, EMS, Golite, Mont
Bell, Old Chicago, Oskar Blues, REI,
Russi Sherpani, Sierra Designs, Southern
Sun, The Spot Bouldering Gym, Tom's
Tavern, Trango and Walnut Brewery.
Due to their generosity we were able
to award prizes, including a tent, to 38
lucky leaders and instructors.

December Meeting Potluck

The December Council meeting will be
a combination of business and pleasure.
On Sunday, December 11, in the club-
room, Council business will start at 4pm,
then a potluck will begin at 5pm. Any
and all members invited!

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Commercial Use Permit Comments Still Sought

You can still submit your comments to the Boulder Open Space managers, an issue that could have a big adverse impact on the CMC. To read the Club's position on the issue, see :
<http://bcn.boulder.co.us/recreation/bcmc>

To submit your commnet, see the webpage
http://www.ci.boulder.co.us/openspace/visitor_plan/commercial_use/comm-use-comment.htm.

Iceland Hiking Next Summer

When: June 24-July 6, 2006 . Cost: \$4,318

The price of the trip includes airfare from Minneapolis to Reykjavik in Iceland. Much of Iceland has hardly changed since the first Viking settlers saw them more than 1,100 years ago. We'll view Iceland's spectacular waterfalls, visit some of its many geothermal areas, enjoy an afternoon of whale watching, visit the capital and small fishing villages. The weather in the summer is refreshing, usually in the 70's and the long days allow exploration any time of day or night.

The price includes all land costs including transfer from the airport to Reykjavik, all overnight accommodations in modern hotels, flight on Icelandic Air from Minneapolis to Reykjavik and most breakfasts and dinners. Lunches can be purchased at local markets. Hikes will be moderate and hikers must be able to handle at least B level hikes. For more information contact Betsy Weitkamp at 303-722-1656 or at coloradobetsy@yahoo.com.

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