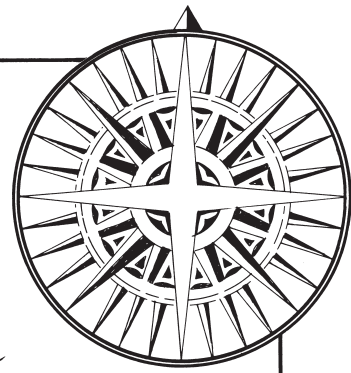




Compass

THE BOULDER GROUP NEWSLETTER



Volume XXII Number 4

April 2006

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Council Retreat Held at Brainard Lake BCMC Cabin

Most of the Boulder council gathered at the BCMC cabin on February 19 and 20 for an overnight get-to-know-each-other and strategy making session. We had abundant snow for the ski/snowshoe in and out; plus, our hutmeister, Otto, was along to ensure smooth cabin operations and provide so many interesting bits of knowledge about the cabin and its history. After a fun evening of pizza and wine, the group got down to business the next morning, hammering out a strategic vision to improve the club during the coming year. The impetus for the retreat was a suggestion by Nickie Kelly. While everyone contributed their time, energy, ideas and experience, Tonya provided the

continued on page 2, Council Retreat

April's Profile: Steve Poulsen



Steve on First Flatiron, 2006

This month's profile is on Steve Poulsen, a long time member and instructor of the Boulder CMC. If you have taken even a few classes, especially to be an instructor, you've probably met him; or will soon if you're taking any courses this year. Steve is a highly active outdoor volunteer in the CMC and Rocky Mountain Rescue.

Steve, how did you get involved with the CMC?

After college, I was drafted by the Army. I survived a year in Viet Nam and returned home in 1971 with most of my brain cells and a Bronze Star Medal. A year later, I moved to Denver to be closer to the mountains. A fellow engineer at my first job in Colorado was a Denver Group member and talked me into joining. We were part of the group of

climbers that formed the Denver Group's Technical Climbing Section. I was the Chairman of that group for two years.

How long have you been with the club and what have been your main activities over that time?

I have always been active as an instructor. First with the Intermediate Rock Climbing School in Denver and now with most of the climbing schools in Boulder.

I know you also volunteer with Rocky Mountain Rescue; how long have you been doing that, and how has it worked together with your club activities?

In 1974, I attended a rescue practice for Denver Group instructors taught by Rocky Mountain Rescue. After talking to one of the RMR members at that practice, I decided to join the rescue group. I have now come full circle as I now teach the same rescue practice every year for the Boulder CMC instructors.

What have you enjoyed the most about the club?

I really enjoy teaching. The Rocky Mountain Rescue Group has two main functions. One is, of course, mountain search and rescue. The other is safety education. I think that I help with this job as a CMC instructor. My goal is to teach my students well so that I will never encounter them when I am wearing my RMR hat.

You've been around the club a long time.

continued on page 3, Profile

Council Retreat, from page 1

leading role of guiding us through the strategy building sessions and keeping the group on track. Broadly speaking, the initiatives are targeted at improving the internal and external operations of the club to better serve the members. Examples of specific details are improving our publicity and marketing, updating the website, coordinating communication within the organization, increasing club membership by improving our classes and seeking more benefits for class instructors to retain and deepen the instructor roster. Participants are shown in the photo above, who are (left to



right), Rick Casey, Seth Allen, Terry Hardie (behind), Doug Turley, Peter Gowan, Tom Wilson, Nickie Kelly (behind), Tonya Riggs, Otto Verdoner (behind tree branch), Jim Groh and Beverly Ghoulson. (For more photos of the retreat, see http://www.rickcasey.net/html_pages/Gallery/Trips/2006_02_20/index.html) □

— contributed by Rick Casey

Kristian Ferguson Memorial

Between 75 and 100 people attended a warm and heart-felt memorial service for Kris Ferguson held on February 11 at the Neptune Mountaineering store.

Kris died in a freak rock fall while climbing Kilimanjaro on a Colorado Mountain Club expedition this January.

Kristian Ferguson was new to Colorado - he and his wife Jodi moved here in 2003- but he was a born leader with a huge love for the mountains and he quickly became active in the Boulder Group of the CMC. Kris was a brilliant engineer, an avid skier, backpacker, rock climber and wine connoisseur. He gave of himself generously and made friends easily. He was the ideal picture of a CMC member, and someone we can all admire.

Many friends stood up to share their personal anecdotes and observations about Kris' life and it was an emotional evening for all. Following the memorial everyone walked around the corner to the Boulder Clubroom for food, refreshments, and a chance to celebrate the life of an exceptional young man. □

— contributed by Don Walker

Volunteers Needed

Mailing party April 20

Come to the Clubroom and help mail out the May Compass! This is a relaxed way to meet people and give something back to your favorite club. The next issue will be ready to mail on Thursday, April 20, at 5:30pm, so please just drop in. Phone Sheila at 303-554-7688 for more information.

A young adult blind person is seeking a sighted guide for mild to medium hikes. If able to assist, please call Sabina at 303-499-9226.

Boulder CMC Website Volunteers Needed: We're looking for volunteers with web programming skills to help revise the Boulder website. Please contact Don Kava at bcmc@bcn.boulder.co.us or Rick Casey at rick@rickcasey.net.

Reception Thanks

Many thanks to everyone who supported the Kristian Ferguson Memorial Reception: Cheese Importers Gourmet Warehouse 33, (located on South Pratt Parkway in Longmont) provided all the delicious cheeses. Jean Pless was the creative artist who arranged the food and

tables. Volunteers, Jill Yarger, Nickie Kelly, Tom Wilson, Steve Priem and the mysterious R.C., ensured a successful evening. □

— contributed by Sheila Delamere

CMC Database Update

The state database project showed progress last month by adding membership reports that can be accessed via the state website. Any club members needing access can be granted an administrative login. Trip data is planned to be accessible later this year. You are reminded that you can now correct your own mailing address online at the state website. For questions or any other data errors, please send email to rick@rickcasey.net. □

CMC Treasurer Resigns

The CMC state treasurer submitted his letter of resignation February 9, 2005; the departure was not expected. During fourteen months in the position, Jose Vallejo expressed that he had had difficulties with the board on several occasions, and finally had to resign when the board, without notice, reversed a finance committee recommendation. There has been no comment by the board regarding the departure, but a search is underway for someone to fill the position. □

compass

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website: cmcboulder.org

We welcome announcements, articles, letters, artwork, and photos, especially from recent CMC trips and events.

DEADLINE: Please submit material to the Editor by the Friday before the second Monday of the month.

May deadline: April 7

from page 1, Profile: Steve Poulsen

What have been the biggest changes since you first joined?

It has been interesting to watch the club's growth over the years. Some of it has been good, some if it not so good. My interest in the club is mostly non-political, so I haven't followed this very closely.

What do you think needs to be improved about the club?

I think that the club needs to improve new member recruitment and possibly reduce the dues a bit.

A few words about BRS. The restructuring of the Boulder Mountaineering School and the Basic Rock School in particular is a great thing. We are now using the newest techniques and equipment available. The schools are shorter than before, so students don't have to commit to five or six weekends in a row as before. They can also take only the schools that they are interested in rather than being required to do the entire BMS curriculum. If they want to graduate from BMS, they can do it at their own pace, so it should be easier for people with busy schedules.

I know that you and Bob Guthrie made a real effort on your attempt on Mt Everest last year. Could you say a little about the route, and what happened?

In the Spring of 2005, Bob Guthrie and I were part of an unguided group of six climbers attempting the Northeast Ridge on Mt. Everest. This is a great route for several reasons. Historically, it was the route for the early attempts on the mountain. It was humbling to be walking in the footsteps of the early pioneers. It is also more difficult than the normal route on the south side of the mountain. Because of this, there are fewer guided groups and more serious climbers on the north side. This made the climb feel a little more like Everest must have been in the days before the mountain was taken over by the large commercial expeditions. We split our group into two groups of three climbers plus Sherpas. The first group managed to put two climbers on the summit. Bob and I were in the second group, but the weather deteriorated and we

Winter Changes at Brainard

A small committee has been working with the Forest Service on issues of winter management in the Brainard area. There are also quite a few new signs that indicate trails, rules and suggestions. The Forest Service has agreed to pursue making the Little Raven trail from the Lefthand road to the junction with the South trail and the South trail as skier only. Before this can be made official and enforceable there is a detailed administrative process the Forest Service must go through to get approval. There are now "advisory" signs posted on both these trails but is is not yet a rule; see table below.

In discussions with the Forest Service, it has come out that some of us have taken

it upon ourselves to be enforcers of the rules. While it is fine to ask people with dogs if they know that dogs are prohibited on that trail, it is best not to go much beyond that. Similarly, if you encounter snowshoers on the South or Little Raven trails, just be nice and perhaps tell them that by next winter these trails will be officially skier only. We all get very annoyed by people that posthole with neither skis nor snowshoes on these trails. Officially, there is no regulation against this. The most we can do is point out that deep postholes are quite inconsiderate of users on proper winter equipment. Perhaps suggest that it would be more fun and less work to use snowshoes or skis. Above all, remember that everyone on these trails is out there for a good time. Don't ruin their day. □

— contributed by David Robertson

Summary of Permitted Trail Use in Brainard Area

Trail	Ski	Dogs	Snowshoe
CMC South	■		
Little Raven	■		
Waldrop (North)	■		■
Sourdough	■	■	■
South St. Vrain	■		■
Little Raven (lower)	■		■
Brainard Cutoff	■		■
Snowshoe Trail			■
Brainard road	■	■	■
Lefthand Road	■	■	■
Wilderness area	■	on leash	■

never got our chance to go for the top.

Would you have any advice for anyone from the CMC attempting Everest?

To climb Mt Everest, you need to be superior physical condition. Mental training is even more important. I think that the hardest thing on Everest is staying mentally focused for the long weeks of acclimatizing and waiting for the weather. To paraphrase Yogi Berra: "Climbing Mt. Everest is 90% mental. The other half is physical"

Are there any special moments that you remember most?

I just enjoy being in the backcountry doing fun things with people that I enjoy

being with. This is what club activities are all about.

Looking back, what has been the most lasting value you've received from being involved in the club?

This brings us back to teaching. I love the look in a student's eyes or the smile on their face when they begin to learn how to safely enjoy the mountain world that I love. □

Raptor Closures in RMNP (Lumpy Ridge)

All closures go into effect on March 11 and will continue through April 30.

continued on page 6, Raptor Closures

April 2006 Trips

Saturday, April 1

James Peak 13,294'

Adv. II Ski Tour

A spring telemark ski tour to the top of a 13'er. 6 miles, 4000' vertical gain, St. Mary's trailhead to the summit and return. Skins, avalanche equipment.

Willy Gully, (303) 939-8382.

(Trip#31726)

Sunday, April 2

Mesa Trail Loop Easy A

Loop hike on the South Mesa Trail.

Leader will select trails depending upon weather and group desires. Check with leaders for meeting time/place. Eldorado Springs. 6/750'. Donald Kava, (303) 494-2632. (Trip#31643)

Sport Park Area Climb

Boulder Canyon 5.7

Lots of short sport routes; overrated to give your ego a boost! Bruce Immele, (303) 903-4517.

(Trip#31703)

Front Range Powder Stash Telemark

Adv. II Ski Tour

Leader will choose from one of several Front Range powder pockets. Must like trees! Climbing skins and good tele/downhill skills required. Avalanche gear. Call leader between 9 am and 9 pm only. 8/2,500'. 13 mi. Register with leader.

Steven Haymes,

(303) 444-4765. (Trip#31674)

Tuesday, April 4

Hiking 1 - Basic Wilderness Survival

Lecture #2

For registered participants of Hiking 1, BMS or BHS.

This lecture focuses on wilderness survival, trip planning and safety. (see 3/28/06 listing for more details on this class). Meet at Boulder Group club room, 633

S. Broadway, Unit N. 6:30 pm. Phillip Congdon,

(303) 926-1408. (Trip#31593)

Saturday, April 8

Hiking 1 - Basic Wilderness

Survival Field Trip

For registered participants of Hiking 1, BMS or BHS. This field trip focuses on basic wilderness survival techniques.

(see 3/28/06 listing for more details.

Meet at Boulder Group club room, 633 S. Broadway, Unit N. 6:30 pm. Phillip Congdon, (303)926-1408. (Trip#31594)

Sunday, April 9

Cub Lake Easy Snowshoe

This snowshoe trip is fun for beginners and experienced

alike. It has panoramic views of winter wonderland. Meet at Park Hdqtrs.

McHenrys Pk. 5/540'.

Louie Genduso, (303) 518-8948.

(Trip#31640)

AT/Ski Mountaineering School

Field Trip #2

For registered participants of AT/Ski Mountaineering

School. Field trip #2 A 1-day ski tour and field instruction. Tentative location: Vail/Uneva Pass.

Topics: uphill and downhill back-country ski techniques. May add a trip on Saturday, April 8, if sufficient demand.(participants will only attend one day).

Cindy Gagnon, (303) 938-8564. John

Raich, (970) 482-8977. (Trip#31610)

Tuesday, April 11

Basic Rock School (BRS)

Lecture #1

Basic Rock School is an introduction to rock climbing basics & safety techniques. School consists of 2 lectures (4/11, 4/18 and three field trips April 22/23, April 29/30, May 6/7). Introductory Lecture for registered BRS or BMS students. Sign-ups begin at 2/28 Boulder Mountain Schools Overview and sign-up (see 2/28/06 listing). Meet at Boulder Group club room, 633 S. Broadway, Unit N. 6:30 pm. Dawn M

DuPriest, (970) 223-2621. (Trip#31599)

Thursday, April 13

Mt. Sanitas 6,863' Difficult A

Full Moon Meditation Hike

Hike up the South ridge in sunset. Mod-

erate pace. Short meditation on the top.

Hike down the East side in the moonlight. Refreshment stop at the Hungry Toad afterwards. Boulder. 3/1,200'. Rada Perovic, (303) 985-3263. (Trip#31631)

Tuesday, April 18

Basic Rock School (BRS)

Lecture #2

For BRS or BMS students. Lecture #2

Meet at Boulder Group club room, 633

S. Broadway, Unit N. 6:30 pm. Dawn

DuPriest, (970) 223-2621. (Trip#31600)

Friday, April 21

East Face I Climb

Seal Rock 5.4

Seal Rock is the large slab, shaped like a barking seal, above Bear Canyon. Climb it. Three 75' rappels will get you off.

Expect a full day. Gary Schmidt,

(970) 613-0396. (Trip#31709)

Saturday-Sunday April 22-23

Basic Rock School -

Field Trip #1

For Registered BRS and BMS students only. This field trip will include knot tying practice, belaying, self-rescue and basic rock climbing techniques.

Each student will attend only on their pre-determined day (Sat or Sun). Dawn

DuPriest, (970) 223-2621.

(Trip#31596)

Sunday, April 23

AT/Ski Mountaineering School

Field Trip #3

For preregistered students only. A 1-day ski tour and field instruction. Tentative location: Citadel Pk. Topics: route finding and avalanche risk minimization..

May add a trip on Sat, April 8, or Sat, April 22, if sufficient demand. (Students will only attend one day). Cindy Gagnon, (303) 938-8564. John Raich, (970) 482-8977. (Trip#31611)

Thursday, April 27

Breezy I Climb

Wind Tower 5.5

Eldorado Canyon

April 2006 Trips

Breeze up mixed, crack, and face pitches on this Eldorado classic, amid climber's-eye views of the

Bastille and Redgarden Wall. 0/0'. 0 mi. Bruce Immele, (303) 903-4517. (Trip#31704)

Saturday–Sunday April 29–30

Basic Rock School

Field Trip #2

Belay Tower and Climb

Registered BRS or BMS students will take the belay test and do a multi-pitch climb. Each student will attend only on their pre-determined day. Dawn Du-Priest, (970) 223-2621. (Trip#31597)

Sunday, April 30

Boulder Direct I Climb

Wind Tower 5.5

Eldorado Canyon

Friction your way up a large boulder and then work your way up two pitches of cracks through a hole in the top. This is an excellent beginners climb. Bruce Immele, (303) 903-4517. (Trip#31705)

HAMS Trip to Peru in July

July 8, 2006-July 22, 2006

\$2,821 Land Cost & Air Lima to Cusco

Contact; Mark Hinton, 303-751-3088, marcusarillius@yahoo.com

Come to Peru, and visit the some of the most sacred sites of the Inca empire, where we will climb an "Apu", or holy mountain. Ausangate (6384M/20,940') is an outstanding mountaineering challenge situated in the Cordillera Vilcanota and is the highest peak in southern Peru. We start with a tour of historic Cusco, the ancient Inca capital, and the Sacred Valley, then drive to the remote village of Tinquí to start our trip. The trip includes 3 days of trekking into base camp: perfect for acclimatization and enjoying the great scenery through remote farming and ranching communities. We establish our high camp at 18,000' then go for the summit. The summit climb includes 700' of 60-70 degree snow/ice climbing and high altitude glacier travel, so climbers should have previous experience with roped travel and steep snow/ice. The 3

day trek back out completes the circumnavigation of the peak, and our last night on the trail includes nearby natural hot springs to ease those sore muscles. After the climb, participants will have the option of staying to visit Machu Pichu, (not included in the trip cost). The! climb will be open to HAMS students, instructors, and leaders, BMS graduates, or people with equivalent experience and training, and who can demonstrate basic ice climbing ability. People with previous experience with roped glacier travel and high altitude preferred, in addition to having excellent physical conditioning and stamina. There will 7 pre-trip climbs, including a ice climbing day and one informational meeting. The trip will be limited to seven members including leader and no less than five. Air travel to lima is expected to be about \$800 and a day trip to Machu Pichu by train will cost close to \$150. □

Wildlands Restoration Volunteers Activities

Would you like to give something back to the open space you love? Wildlands Restoration Volunteers is a Boulder-based non-profit organization that provides an opportunity for people to learn about their natural environment, and take direct action to restore and care for the land. WRV organizes about a dozen volunteer stewardship projects per year in Boulder County and the greater Northern Colorado Front Range area. Current projects are (please see website for more detailed project descriptions):

Pella Crossing Wetland Restoration
Saturday, April 15. Minimum age: 10. 60 volunteers needed.

Boulder Prairie Restoration, Saturday, April 29. Rain backup: May 13. Minimum age: 10. 100 volunteers needed.

Wilderness First Aide Training
16-hour training with Jenny Nebjen, Sat-Sun, May 6-7. Cost: \$50

There are three ways to register: (1) www.wlrv.org, click on "Projects", then "Sign-Up." (2) email: info@wlrv.org, or (3) call 303-543-1411. □

Rock Lead School Signup

The annual Boulder group CMC Rock Leading School is scheduled to begin on June 7, 2006. The course will train prospective leaders in safe and efficient techniques of lead climbing on 5th class rock. Participants will learn the use of natural and artificial protection, construction of various types of climbing anchors, and practice single-pitch and multi-pitch leading techniques.

The course consists of an evening lecture session on Wednesday, June 7th, and three Saturday field trips on Saturdays June 10th, 17th and 24th. Class participants must be current CMC members, able to follow moderately difficult rock climbs (at least 5.6), able to attend the lecture and all field trip sessions, and have attended BRS (Basic Rock School). Prior rock leading experience is not necessary and BRS skills equivalent course will be considered. Cost: \$70. Preference given to Boulder Rock School assistant instructors and CMC rock climb co-leaders. For applications and additional information, stop by the CMC Clubroom or call (303) 554-7688, or contact the school's director, Clint Locks, at clintlocks@backpacker.com. □

American Basin/Lake City Area Hiking Trip

Set up your tent July 9-16, 2006 in the awesome San Juan mountains, near American Basin, at the site of the Colorado Trail Foundation cabin. The cabin is used to prepare all three meals in this scenic setting, which is near the Alpine Scenic Byway over Engineer and Cinnamon Passes. Different hikes will be offered during the week of camping. Climbs of the area 14ers will be offered (C & D hikes, some exposure). It will be prime wildflower season, so you might like to head out to view the show (A & B hikes), maybe with Gudy Gaskill. Bring your own camping equipment, but all meals are included in the \$290 cost. Leaders are also needed. Maximum is 19 including leaders. Contact Janet Farrar for information, 303-933-3066 or wildjc@juno.com. □

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Table Mesa Shopping Center
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Boulder, CO 80305

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Spring Equipment Sale!

The Spring Equipment Sale will be on Friday, April 7, 6-8 pm at the AMC in the conference room on the ground floor.

SELLERS:

For each item you are selling, attach an envelope on which is printed your NAME, ITEM, SELLING PRICE, WHETHER YOU WILL ACCEPT A CHECK; attach envelope to item. All items must be tagged before bringing them to the sale. Bring your items to the AMC on Thursday, April 6, 4-7:00 pm or on Friday, April 7, after 9:00 am and no later than 5:30pm.

Any outdoor gear is appropriate for the sale, technical clothing only, no street clothes. Also no older model straight downhill skis. All monies go directly to sellers. If you want to donate the sale of your item(s) to the CMC, please note "CMC" on the envelope; checks to be made payable to CMC. CMC is not liable for lost/stolen sale items.

All unsold items must be picked up from the clubroom the night of the sale, Fri-

day, April 7, by 8:30 pm or prior arrangements for unsold item pickup must be made. Any items left after sale on Friday night will be donated. The office staff will retain sale envelopes for one week after the sale. Any monies not picked up by Friday, April 14, will be donated to the CMC

BUYERS:

BRING VARYING BILL DENOMINATIONS OR CHECKS FOR PURCHASES; NO CHANGE-MAKING BY CMC WILL BE AVAILABLE. Doors for sale will open at 6:00 pm; no "early birds" (including sellers dropping off items). Questions? Contact Zoe Katsulos by email (preferred) at zfoto@aol.com or phone, 303-772-4504. Thanks!

Volunteer for the Spring Equipment Sale!

The Spring Equipment Sale is Friday, April 7, 6:00-8:00 pm at the AMC. Volunteers are needed to help with pre-sale setup, sale monitoring, cashiering, and post-sale cleanup. Hours needed for volunteers: 4-7pm Thursday, April 6 and 3:30 pm-8:30 pm, Friday, April 7. (same

Compass ad rates

\$245	full page
\$150	half page
\$90	quarter page
\$55	eighth page
\$45	business card (2"x3")
- all ads are black and white	
- ads must be prepaid and ready for printing; pdf format preferred.	
- contact Editor with ad before deadline.	

contact info as previous article) □

— contributed by Zoe Katsulos

Raptor Closures, from page 3

These closures may be extended longer or rescinded earlier date if determined necessary. Closures include Checkerboard Rock, Lightning Rock, Batman Rock, Batman Pinnacle, Thunder But-tress, The Parish, Alligator Rock, Sheep Mountain, Deer Ridge Buttress and Twin Owls, Rock One. Closures extend 100 yards in all directions from these formations, except Alligator Rock which extends for 200 yards. □