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New Conservation and Trails Chair

Sandy Hollingsworth has been elected by the Boulder Group Council as the new Conservation and Trails Chair. Sandy is an enthusiastic supporter of CMC since 1984, and well qualified to serve in this position. Her past CMC activities include serving as an at-large Council member and on the Conservation and Trails Committee; taking BMS (twice!); as an assistant instructor; going on hikes, climbs, ski trips, hut trips, international travel, wildflower classes, avalanche class, tele school and conservation projects. She especially enjoyed working with women students to help them attain more confidence and skills.

continued on page 5, Conservation

Trip Leader First Aid Rule Change

For many years now the Boulder CMC has had a requirement that trip leaders must renew their first aid certification every three years. However the group has not enforced this requirement due in large part to poor record keeping and an unwillingness to cancel the trips of leaders who have not submitted proof of their first aid renewal. (Canceling trips is harmful to trip participants and could be upsetting to trip leaders whom the club would very much like to accommodate.) The result of this lack of enforcement is that around 50% percent of the trips Boulder offers were and are led by leaders that may not have renewed their first aid certification in the past three years and hence were officially, according to Boulder’s own records, not qualified to lead Boulder’s trips.

After much debate, the council recently voted to drop the first aid renewal requirement for trip leaders. The process to become a trip leader in Boulder will not change: a new leader still needs both current first aid and CPR at the time of the leadership application review. Furthermore there is no state first aid requirement for trip leaders at this time, so the Boulder group is free to make the decision either way. The debate over the issue is far from over, so a new web forum was created to discuss this issue at bcmc.crosman.org/forums/viewforum.php?f=2. A more detailed version of this article is posted there, where your comments are encouraged.

contributed by Seth Allen, with modifications by the Editor

This Month’s Profile: Cindy Gagnon

This month’s profile is on Cindy Gagnon, a strong, active instructor with a long involvement in the club, who has been deeply engaged in the changes within the BMS this past year, striving to improve its courses and leader development.

Cindy on Renjo Pass in Himalayas, 2004

Cindy has an accomplished background in endurance athletics and mountaineering. She is a nine-time Ironman finisher, Adventure Racer and endurance cyclist. But she found the mountains continually calling her, and changed her focus from racing to mountain climbing and backcountry skiing in the late 1990’s. She has summited a number of high peaks in the Himalayas, most notably Ama Dablam (22,500 ft). What she finds most enjoyable is sharing her passions with others through teaching. When not in the backcountry, she is a consultant, teach-

continued on page 2, Profile
Profile, continued from page 1

...ing seminars on emerging technologies in the telecommunications industry. In the Colorado Mountain Club she teaches mountaineering, climbing, telemark/ski mountaineering, and leadership skills courses. She is Telemark Level II instructor certified and Level II avalanche certified.

[Editor] I know you do a lot of activities for the club through the schools and clinics. Could you give us an overview of your current involvement in teaching in the BCMC?

Yes, I have been involved in teaching for quite a few years. This past year I was both the director and an instructor in the Avalanche Clinic, Telemark Clinic, Tele/AT Backcountry Ski Clinic and Ski Mountaineering School. I also instructed in the Ice School. So as you can see, my passion is in winter sports.

I am also extremely involved in the CMC outside of teaching. I have been on the BMS committee for 5 years. I currently hold the position of “Leadership Development” and “Winter Schools Director” on the BMS committee, and I am a member of the Safety Committee.

Of these activities, which ones do you enjoy teaching the most?

My passion is telemark skiing, so I’d have to say those are my favorite classes to teach, both on and off piste. I actually got my Level 2 PSIA (professional ski instructor) telemark certification this year as well, and was a telemark instructor at Eldora Mountain and with Babes in the Backcountry.

Give us some background to this: growing up, how did you first get involved in outdoor sports, and then how and when did you get involved in the CMC?

My athletic background is in triathlons, although I didn’t start racing until 1983. I was a tennis player in my high school and college days. I had to buy a bike to do my first race, and after that I was hooked. I raced competitively for 13 years, and finished nine Ironman races. My strength and passion at that time was definitely cycling, and in 1987, I did a solo cross-country adventure where I biked over 5000 miles in the US and Canada. I moved to Boulder in 1990 because this is the place to be if you want to be a top triathlete. Once here, I was introduced to the mountains, and they began to call to me. I took BMS in 1997 and I was hooked. These new mountaineering skills, added to my love for endurance athletics, led me to do my first adventure race in 1998 and I raced for a number of years. I no longer race, but my love for the mountains continues to grow.

I know the BMS has had a lot of changes in the past couple of years. Could you give us an update on those changes, and what the results have been? Is there anything you think needs more focus within BMS?

The biggest impact has been the restructuring of the BMS curriculum to better meet the needs of our community today. The focus of restructuring was to break up the BMS course into a number of shorter focused courses. We (BMS) had continued on page 5, Profile

Everyman’s Show A Hit

Jim Groh’s slide show, ‘An Everyman’s Travelogue’, was well appreciated by a good turnout on May 10. If you get a chance in the future, you should catch Jim’s show to learn about red columbines, the lake of stone, the amazing castle in the woods and see many esthetic photographs worthy of being a painting. Thanks Jim!

Volunteers Needed

Publicity Chair Open

The Boulder CMC is still seeking someone with experience and vision to chair the Publicity Committee. The position will help direct and improve the publicity and marketing efforts of the club and its schools. It’s a great opportunity if you want to get experience and build your contacts in public relations, marketing and the outdoor sports industry. Please contact Jim Groh at publicity at cmcboulder.org, or call the Clubroom at 303-554-7688.

New Website Update

The new trial website is making progress, with a good volunteers response, but others are still encouraged to help. Please contact Rick Casey at compass@cmcboulder.org. The trial website is at bcmc.crosman.org.

Sponsor a Needy Child by Climbing Sponsorship

Many students in the Youth Education Program (YEP) cannot afford the camp. Your sponsorship can make a difference in the life of a young person by providing a unique, personal experience in the great outdoors. A 5 day intro climbing course is $275, a 3 day intermediate course $240, which covers instruction, equipment, transportation and food. Any size donation helps! Please contact Krista Javoronok at javork at cmc.org or call the Clubroom.

Mailing party June 22

Come to the Clubroom and help mail out the July Compass! This is a relaxed way to meet people and give something back to your favorite club. The next issue will be ready to mail on Thursday, July 22, at 5:30pm, so please just drop in. Phone Sheila at 303-554-7688 for more information.

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Heard On The Trail...

Our Chairperson Ok on Everest Expedition

Tonya Riggs, our council chairperson, reports the Everest Peace Expedition is going well. Although the team had a few tense days in Katmandu en route to base camp, the most recent dispatches say they are beginning their summit attempt with confidence. This United Nations sponsored expedition is dedicated to fostering international peace through intercultural exchange. The team members represent the major world religious faiths, and Tonya is the representative “Christian”. To read about the team’s progress, check out their website at www.humanedgetech.com/expedition/peace.

14er Access Update

The following is provided by CMC’s Conservation Department and is current as of May 1. Please do not schedule Club trips on the closed 14ers at this time. Additional updates will be provided through Group Conservation/Trails committee chairs, or Group chairs, as it becomes available.

Lincoln/Bross/Democrat: remain closed for legal public access; also North Star Mountain. The Forest Service is working with the property owners to determine easement corridors for a standard trail on each mountain. Hopefully other routes will be opened at a later time. Liability and indemnification seem to be big issues, although the passage of HB 1049 at the State Legislature has helped. Trust for Public Land is the lead group representing the public, with CMC and CFI also engaged.

Wilson Peak: remains closed on the standard southwest ridge route; also north ridge of Gladstone Peak, a high 13er. At the end of February, CMC and the Telluride Mountain Club sent a joint letter to the Forest Service asking for agency action to reopen the mountain. A formal reply has not been received, although the agency may do some survey work on the mountain this summer. The technical climbing routes on the north and east ridges of Wilson Peak remain open. Access to Mount Wilson and El Diente from Navajo Basin is not affected by this closure. There is an article in the May issue of Backcountry magazine addressing access issues in the West, and highlighting Wilson Peak.

Culebra Peak: no known changes. Owners have expressed interest in limiting access to about 200 climbers per season, which is about the annual, pre-1999, average, based on review of CMC peak registers. For information on climbing dates, contact the owners’ Texas office at 254-897-7872.

South Colony Lakes: the Forest Service is beginning a NEPA review of the upper basin. Access should not be affected during 2006. Among issues being considered are limiting camping in the upper basin only to designated camp sites, closing the upper 2.5 miles of the road to motor vehicle traffic except in emergencies, creation of a new camping area with pit toilets at the first stream crossing. CMC Conservation has submitted preliminary comments and reminded the agency of the importance of the area to climbers, including technical climbing on Crestone Needle and the Ellingwood Arete.

Profile: Cindy Gangon continued from page 2

a very successful spring session this year with the new curriculum; many of our classes were full or had waiting lists. This restructuring is now leading to a restructuring of the BMS committee. There has been a lot of discussion on how to manage this more efficiently, as well as how to encourage more leaders and instructors. This spring is the first implementation of the new courses and we are learning so much on what to change. I don’t have anything further to share yet, but we are moving in the right direction. I also believe we’ll see a closer tie between the Council and the BMS committee and I welcome this.

The Council is trying to improve the club’s membership. What are your thoughts on what makes us stand out as a club, and why people should want to join?

I personally think that the CMC is a wonderful community. It’s a great way to meet people to share similar interests, as well as a great way to learn new skills, or improve existing ones. Most of my closest friends are people I met through the CMC. I believe we offer great classes, in a fun, friendly environment. We also offer an incredible number of trips at all levels for anyone who wants to venture into the mountains, but may not have partners to go with.

The quality of people in the CMC members is what makes the Club stand out, and word of mouth is one of the best ways to market ourselves. As students take our courses, if they have a wonderful experience, they will talk about it with others. If you remember, that’s how Tonya joined. I was so excited about BMS, I would run with her every Sunday and talk about everything I learned to my group of runners. And now that we are going to have this awesome website, thanks to Tom Crossman and others, we will have some place to send folks to.

Finally, what do you enjoy most about your participation in the club?

I’ll confess, my involvement with the club is strictly with BMS, not trips, because of my passion for the mountains and enjoyment of teaching. I have so many great memories: the smile on one someone’s face the first time they make a telemark turn, or reach the top of a rock or ice climb, or rappel down against all odds because of their fear of heights, or the excitement of backcountry skiers skiing down the Christo couloir on Quandary Peak in spring. I’ve touched their lives, but in so many ways they’ve also touched mine.

GoLite Founder To Speak

Join Go-Lite co-founder Coup as he demystifies lightweight backpacking through an interactive, fun and inspiring slideshow and clinic complete with gear giveaways, trail-tested backcountry tips, and photos from some of his “Alpine Style” fast-packs. Don’t miss it! Wednesday evening June 14th at 7:00 pm at the Clubroom.
<table>
<thead>
<tr>
<th>Date</th>
<th>Event Description</th>
<th>Contact Information</th>
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<tbody>
<tr>
<td>Saturday, June 3</td>
<td>Saturday Social for Spirit &amp; Sweat Moderate A</td>
<td>BCMC clubroom at 9:00 a.m. Be prepared to hike in any weather. Marilyn Fellows, (303)499-6099. (Trip#33330)</td>
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<tr>
<td>Ptarmigan Pt. 12,363’ Class C-E Snow Practice</td>
<td>Bear Lake to Ptarmigan Point. Boulder Basic Snow students get priority. Ice ax and helmet required. Dick Munro, (303)499-1489. (Trip#33426)</td>
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<tr>
<td>Sunday, June 4</td>
<td>Chasm Lake 11,760’ Difficult B Hike to spectacular views of the Diamond. Ice axe and helmet required. Bring wind gear. Phil Congdon, (303)926-1408. (Trip#33416)</td>
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<tr>
<td>Tuesday, June 6</td>
<td>Intermediate Snow School Lecture for Intermediate Snow School. Hard snow travel techniques on steep snow/ice. Field trips on 6/11 and 7/16. Contact Dick Munro, 303-499-1489 or <a href="mailto:snow@cmcboulder.org">snow@cmcboulder.org</a>. (Trip#33437)</td>
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<tr>
<td>Wednesday, June 7</td>
<td>Afterwork Social Hike Easy A 6:00 pm BCMC Clubroom Steven Haymes, (303)444-4765.</td>
<td>Rock Leading School Lecture For those registered for the 2006 Rock Leading School. Field trips on 6/10, 6/17 and 6/24. Clint Locks, (720)201-5381. (Trip#33442)</td>
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<tr>
<td>Thursday, June 8</td>
<td>Star Wars III Climb Peanuts Wall 5.8 After work climb. Brenda Leach, (303)525-3660. (Trip#33376)</td>
<td>Rock Leading School Field Trip 1st of 3 field trips. See listing on 6/7 for details. Clint A Locks, (720)201-5381. (Trip#33440)</td>
</tr>
<tr>
<td>Friday, June 9</td>
<td>Fandango Rock Climb First Flatiron 5.5 970-481-1048. <a href="mailto:gsch@frii.net">gsch@frii.net</a>. Gary Schmidt, (970)613-0396. (Trip#33409)</td>
<td>Flagstaff Mtn Top Roping Short topropes in 5.6-9 range in the Crown Rock area. Gail Blandford, (303)604-0024. (Trip#33383)</td>
</tr>
<tr>
<td>Saturday, June 10</td>
<td>Leader’s Choice Easy A South Mesa Trail Leader’s choice loop hike. Don Kava, (303)494-2632. (Trip#33343)</td>
<td>East Ridge III Climb The Spy, 5.4, Flatterons BMS or BRS required. Jill Yarger, (303)541-9481. (Trip#33400)</td>
</tr>
<tr>
<td>Sunday, June 11</td>
<td>Quandary Pk. 14,265’ Class C via South Couloir BMS, ice ax, helmet required. Seth Allen, (303)554-5546. (Trip#33427)</td>
<td>Rock Leading School Field Trip 2 See listing on 6/7 for details. Clint Locks, (720)201-5381. (Trip#33442)</td>
</tr>
<tr>
<td>Tuesday, June 13</td>
<td>Backpacking School Lecture Learn about proper equipment, trip planning, site selection, meals, finding water, bear-bagging, leave-no-trace principles, and more. Field trips 6/17 or 7/14-7/16. <a href="mailto:bhs@cmcboulder.org">bhs@cmcboulder.org</a> Phil Congdon, (303)926-1408. (Trip#33448)</td>
<td>Rock Leading School Field Trip 2 See listing on 6/7 for details. Clint Locks, (720)201-5381. (Trip#33442)</td>
</tr>
<tr>
<td>Wednesday, June 14</td>
<td>Afterwork Social Hike Easy A Don’t call; just show up at at the BCMC Clubroom at 6:00 pm. Marilyn Fellows.</td>
<td>Book End III Climb Lumpy Ridge 5.9 Orange Julius. 6 pitches. Carol Kotchek, <a href="mailto:echinker1@comcast.net">echinker1@comcast.net</a>. 720-304-6343 (Trip#33393)</td>
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<tr>
<td>Friday, June 16</td>
<td>Fumbledeedum Difficult B 4th class scramble with one exposed crux. Limit two plus co-leader. Bruce Immele, (303)903-4517. (Trip#33391)</td>
<td>Rock Leading School Field Trip 2 See listing on 6/7 for details. Clint Locks, (720)201-5381. (Trip#33442)</td>
</tr>
<tr>
<td>Saturday, June 17</td>
<td>Rock Leading School Field Trip Easy Backpack One night, overnight field trip for Backpacking School. See Listing 6/13 for details. Phil Congdon, (303)926-1408. (Trip#33449)</td>
<td>Ouzel Lake Moderate B Wild Basin Ranger Station (RMNP) to Ouzel Lake. Louie Genduso, (303)518-8948. (Trip#33335)</td>
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June 2006 Trips

Field Trip 3
This is the last of 3 field trips for Rock Leading School. See listing on 6/7 for details. Clint Locks, (720)201-5381. (Trip#33443)

El Camino Royale I Climb
The Regency 5.2 Flatrions
Enjoy a mixed, mostly 5th class flatiron-like rock with some 3rd/4th class and a narrow slot. The climb tops out at the overlook on the Royal Arch to the awe of the trail hikers. finish with a nice meander down the Royal Arch trail. BMS or BRS required. Jill Yarger, (303)541-9481. (Trip#33399)

Sunday, June 25
Mt. Edwards 13,850’ Moderate C Scrambling
Cimb this centennial peak via the West Ridge from Steven’s Gulch. Ice axe/ helmet required. Depending on conditions we might take a snow route. Grays Peak. 8/3,380’. 100 mi. Christopher B Glascock, (303)664-1464. (Trip#33433)

S. ArapahoePk. 13,397’ Difficult C-E N. ArapahoePk. 13,502’
From 4th-of-July TH hike to saddle E of S ArapahoePk. Rock hop to summit. Scramble ridge N to N ArapahoePk. Ice axe and helmet required. Monarch Lake/Ward. 9/3,500’. David Longenecker, (303)440-7023. (Trip#33431)

Wednesday, June 28
Afterwork Social Hike Easy A
Show up at at the BCMC Clubroom at 6:00 pm. Debbie Tewell, (720)304-9572.

Attention Trip Leaders and Potential Trip Leaders!
The mid-summer call for trips is still open. Please submit new trips on 8/1/2006 through 10/31/2006 to the Trip Schedulers no later than Saturday, July 15, and if you can get them in earlier, it’s always helpful. Trip Schedulers are: AB Trips: Ruth Eastman, rthanneastman@msn.com, 303-652-3097; CD Trips: Ann Keane, a_keane@indra.com, 303-258-9390; Rock Climbs: Chris Glascock, the14erclimber@comcast.net, 720-887-5964; If you want to become a leader to submit trips in August, September, or October, please turn in a completed leadership application on or before June 15th. If you have other questions about leading or scheduling trips, please email outings@cmcboulder.org or call 303-554-5546.

— contributed by Seth Allen, with modifications by the Editor

Rock Climbing for Youth

Join the Colorado Mountain Club’s Youth Education Program this summer for fun, instructional rock climbing adventures. Five-day Introductory and three-day Intermediate courses are scheduled for June 19-23, June 28-30, July 10-14 and July 19-21, 2006. Courses will introduce open to youth ages 10-16 to the fundamentals of rock climbing through indoor and outdoor experiences. Sessions are based at the American Mountaineering Center in Golden with field trips to local state parks from 8:30a.m.-3:30 p.m. Financial assistance may be available. For more information contact Krista Javoronok at 303-996-2751 or javork@cmc.org

Conservation, continued from page 1

Her knowledge of Boulder County’s trails and most of the 14’ers made her aware of the effects of increased use on trails and the need for stewardship of these areas. Her conservation experience with Forest Watch, VOC, ORA, CSU Extension, noxious weed pulls, as well as being a Master Gardener, has well prepared her for working with those of you already involved in the CMC conservation efforts. She adds “the learning curve will be like a great adventurous hike.”

I want to personally thank everyone who has worked on conservation and trails issues and field projects the past six years and encourage you to support Sandy in her new role. She will do a terrific job. I look forward to continuing working with you as a member of the Conservation and Trails Committee.

Contributed by Beverly Gholson,
Past Chair, Conservation and Trails
SoBo Volunteers Needed!
Southern Sun brewpub is sponsoring the SoBo (‘Southern Boulder’) Festival, Saturday June 3. The purpose of the event is simply to foster community in south Boulder, and what a great way to do it! The event, which apparently will occupy most if not all of the parking lot in front of Neptune/SS, complete with a beer garden, family activities and performances, as their poster shows. The club will have a booth at the event, and if you can volunteer to help, even for a short time, please contact publicity@cmcboulder.org or leave a message at the Clubroom (303-554-7688). Thanks and so you there!

Coming Next Issue
• CMC member rediscovers Alive! epic
• Meet New Conservation Department member: Doug Skiba
• Canyon de Chelly trip in October

Compass ad rates
$245 full page
$150 half page
$90 quarter page
$55 eighth page
$45 business card (2”x3”)
- all ads are black and white
- ads must be prepaid and ready for printing; pdf format preferred.
- contact Editor with ad before deadline.