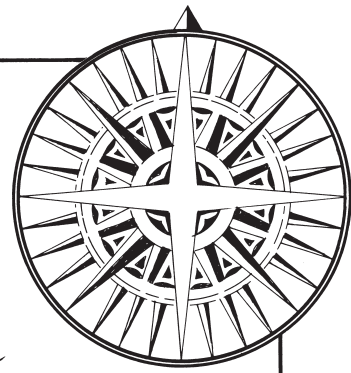




Compass

THE BOULDER GROUP NEWSLETTER



Volume XXII Number 10

October 2006

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NOT YOUR GRANNY'S ANNUAL DINNER!

WHAT'S DIFFERENT ABOUT THE ANNUAL DINNER THIS YEAR?

- * Pot luck: get creative, or stop at Wild Foods, etc.
- * On Saturday, not Sunday: you can stay up late!
- * \$8.00: you can afford a baby sitter!
- * The Avalon at 62nd & Arapaho: lots of free parking.
- * BYOB: of whatever you like.
- * Monster raffle – great prizes.
- * *A vry shrt mtng...*

Plus a great slide show by our one and only Boulder council chair:
→ TONYA, the summitter! ←
And dancing for walkers (optional), led by Ingvar Sodal.

Now there's an annual dinner to plan for!
....continued on page 3

Hiking School Director Needed

A new Boulder Hiking School (BHS) director will be needed by next spring. The Hiking School Director is in charge of the Hiking 1, Hiking 2 and Backpacking modules. It is an opportunity to help with the new school structure of the Boulder Group, working closely with other school directors. The Director is responsible for organizing the modules, contacting the lecturers and instructors, and answering questions from the students. Previous knowledge of BHS is helpful but not necessary; attitude and enthusiasm much more important! The current director will pass on all current course materials, content, and be available for mentoring. If you are interested, please contact Phil Congdon at bhs [at] cmcboulder.org or 303-926-1408. □

Årestua Cabin Restoration Report

contributed by Otto Verdoner

The Årestua cabin is now ready for the 2006 winter, thanks to nineteen volunteers, including eight students from CU, who braved thunder, lightning, and hail, to stock wood at the cabin on September 9. Photos documentin this happy event are on page 3.

Let us hope for good weather when we get to do it all again at the Brainard Lake Cabin on Sept 30 and Oct 1.

Editor's Comment:

The Årestua Cabin and the Brainard
continued on page 2, Cabin Report

October Monthly Program Trek Morocco: Across the Atlas

Climbing and Skiing Jebel Toubkal The Highest Mountain in Morocco!

Join us in the Boulder clubroom on October 11th at 7:00 as Pietro Simonetti shares his slides and video and talks about his experiences while traveling across Morocco.

In March 2005 Pietro Simonetti, Peter Henry, Mike Stadler, Arthur Bradford, Michael Brown and Massimo Savi started out on a 14 day, 1,900 mile, adventure in Morocco. They started by crossing the Gibraltar Channel to Tangier. From Tangier they traveled to Casablanca, Marrakesh and then to the small town of Imlil at the base of the Atlas Mountains. They then used mules to cross to the Jebel Toubkal Valley. The team climbed and skied down Jebel Toubkal (13,900 feet), the highest mountain in Morocco. A few days later they were at Merzouga on the edge of the Sahara Desert. Camels were used to transport them to an oasis where some of the team members were able to ski down one of the sand dunes. After visiting a few more towns they went back to Tangier. Their adventure concluded with a ferry ride back to Spain and a flight to London.

In August Pietro and 3 others went to Alaska to climb an unnamed peak in the Brooks Range and then navigate the Kongakut River from the headwaters to the Arctic Ocean. He has also climbed Mount Elbrus in July, Aconcagua in 2001, and climbed and skied Mount Kili-
continued on page 2, Trek

Cabin Report, from page 1

Cabin are unique assets of the Boulder CMC. As a CMC member, you can reserve your space at the cabin all year round for a minimal fee. All information about reservations, cabin location, operation guidelines and history are available on the website under menu item Groups/Cabins. This is a picture of the volunteers (and dog) who helped out at the Årestua cabin last month:



Action Photo of the Month:



Brian Senjam down-climbing an exposed section after summiting Gannett Peak, highest point in Wyoming, August 22, 2006. Rick Casey and Brendan Oldham, BCMC'ers all, were partners. Photographer: Rick Casey

TO SUBMIT YOUR ACTION PHOTO OF THE MONTH: Go to cmcboulder.org and click on Groups/Share Your Photo. There you can upload your shot and send email about it directly to the Compass editor.

Recent Activity Photo:

Recent 'Social Sweat' hikers in Eldo. Next hike: Sat, Oct 7 (see Oct Trips) Thanks Marilyn!



by Dylan Taylor

Trek Morocco, from page 1

manjaro in 2003. All of these adventures have been fundraisers for various charities. In 2002 Pietro set the Guinness World record by skiing all 28 Colorado Ski areas in 80 hours. □

Website Updates at cmcboulder.org

- ▶ A reminder that you can upload your pictures to the website under menu item Groups/Share Your Photo. You could see your picture in the Action Photo of the Month!
- ▶ Get informed on all BCMC events with the online Calendar (under menu item Group/Calendar).
- ▶ A committee is exploring an online reservation system for the Brainard cabin. □

Volunteers Needed

Mailing party October 19

Come to the Clubroom and help mail out the November Compass! This is a relaxed way to meet people and give something back to your favorite club. The next issue will be ready to mail on Thursday, October 19, at 5:30pm, so please just drop in. Phone Sheila at 303-554-7688 for more information. □

compass

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email: compass@cmcboulder.org
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email: chair@cmcboulder.org
To subscribe to GPS, the weekly newsletter: brenda_leach@yahoo.com
Clubroom hours: Open Monday through Thursday, 5 to 7 pm
Clubroom Telephone: 303-554-7688
email for general CMC information: bcmc@cmcboulder.org
website: cmcboulder.org
 We welcome announcements, articles, letters, artwork, and photos, especially from recent CMC trips and events.
Next Compass deadline: Oct 9

Tour du Mont Blanc

July 25 - August 6, 2007
\$3,575 (including air fare)

We return again to trek around the Mont Blanc massif in the beautiful French, Swiss, and Italian Alps. Mont Blanc is the highest peak in the Alps and the views from down below are spectacular and never ending. We begin and end our trek in Chamonix, the birthplace of both mountaineering and downhill skiing. We'll do an exploratory hike on our first day in town, and have an opportunity to tour Chamonix at the end of the trek. Transit point is Geneva, Switzerland. Lodging is in comfortable small town hotels and hostels, and one mountain hut. Luggage will be transferred from point to point, except to the hut, and trekkers carry only a day pack. Trip cost includes ground transportation, lodging, most meals, guide fees, luggage expenses, leader expenses and CMC outings fee. Final cost may vary slightly depending on air fares and currency exchange rates. Participants should be in good physical condition and capable of hiking at least 8 consecutive days at a CMC C/D level. A planning meeting occurs in early January and several training hikes will be scheduled beginning in early 2007. For a trip application and itinerary, contact the leader, Steve Bonowski, at either [nztrekker\[at\]earthlink.net](mailto:nztrekker[at]earthlink.net) or P.O. Box 280286, Lakewood CO 80228. Trip information is available only by regular mail. No phone calls please. □

Mt. Elbrus Climbing Trip

June 27 - July 10, 2007
\$3,415 (including air fare)

We're back with the sixth CMC and High Altitude Mountaineering Section trip to the highest peak in Europe. Elbrus is located in the Caucasus Mountains of southern Russia about 80 miles from the Black Sea. The trip will be led by Elbrus veterans Steve Bonowski and Mike Shifman.

Mt. Elbrus (18,510') offers strenuous, but not overly difficult, climbing requiring basic knowledge of ice axe, crampons, and roped team travel. We'll use the standard southern approach from the Baksan Valley and pass the ruin of the

famous Priut (Hut) of 11 that burned in 1998. Extra days are allotted for acclimatization and summit attempts. Transit is through Moscow and will include a day to tour the city at the end of the trip. Cost includes air fare, lodging and some meals, ground transport, leader expenses, guide fee in the Valley, and CMC outings fee. Final cost may vary slightly depending on air fares and currency exchange rate.

Participants must be in excellent physical condition and should be recent graduates of a CMC basic mountaineering school or possess equivalent experience. Instructors in BMSs, HAMS, AMS are welcome. Participants need a Denver Group "D" rating or equivalent experience. Previous glacier travel experience is useful. Participants should be tolerant and patient regarding backcountry travel, and be able to attend all planning meetings and training climbs.

To obtain the itinerary and trip application, contact Steve Bonowski at [nztrekker\[at\]earthlink.net](mailto:nztrekker[at]earthlink.net) or P.O. Box 280286, Lakewood CO 80228. Trip packet is available only by regular mail. No phone calls please. □

Backcountry Ski Touring Clinic in December

If you have not tried backcountry ski touring, or want to improve your technique, this clinic is for you. These lessons are for beginners (never skied), or advanced beginners (maybe downhill, or cross country a few times), and intermediate (downhilled or cross country some, but need to improve) skiers. A 3-hour lecture will be held Tuesday evening, Dec. 5, at 7 PM at Neptune Mountaineering (right next to Boulder clubroom). The lecture covers clothing, equipment, and some technique. In addition, it will inform you about helpful ski trips throughout the winter. This is followed by 2 days (Dec. 9 and 16) in the backcountry emphasizing diagonal stride, uphill and downhill techniques, and turns. We anticipate 4-5 students per instructor. Beginners should plan on coming out for both ski days, and the more advanced skiers are encouraged to do so. Participants should be fit enough to handle a full day of moderate exercise at altitude. Anyone can come to

the lecture free, but space is limited for the on-snow days, so call the clubroom, 303-554-7688, early to sign up and pay the \$20 fee (\$40 for non-members) in advance. For those not owning proper equipment, we will have rentals available at a discount. Pat Butler and Pete Birkeland are the co-leaders. Call Pete Birkeland, 303-442,0304, about the rentals or if you have other questions. □

Shishapangma HAMS Show

Join Colorado climbers Mike Teger and Greg Long on a photographic journey climbing the fourteenth highest mountain in the world, Shishapangma (8,016 meters; 26,300 feet). Mike and Greg summited in October 2005 without the aid of bottled oxygen. Free show.

Wednesday, October 11, 2006, 7 pm
American Mountaineering Center
710 10th Street, Golden
10th & Washington, Golden
More information at
<http://www.cmc.org/events/eventdetails.aspx?EventID=683> □



Recent Activity Photo:

Pawnee Pass, August 20, 2006.
left to right: back, Mindy Pantiel, Linda, Toukan, Louie Genduso, David Carpenter. middle, Dawn Engel, Amy Hirter. front: Eric Jensen, Bernadette Noon, Nancy Bell. Trip Leader: Louie Genduso
Photographer: Jim Groh.
Thanks Louie!

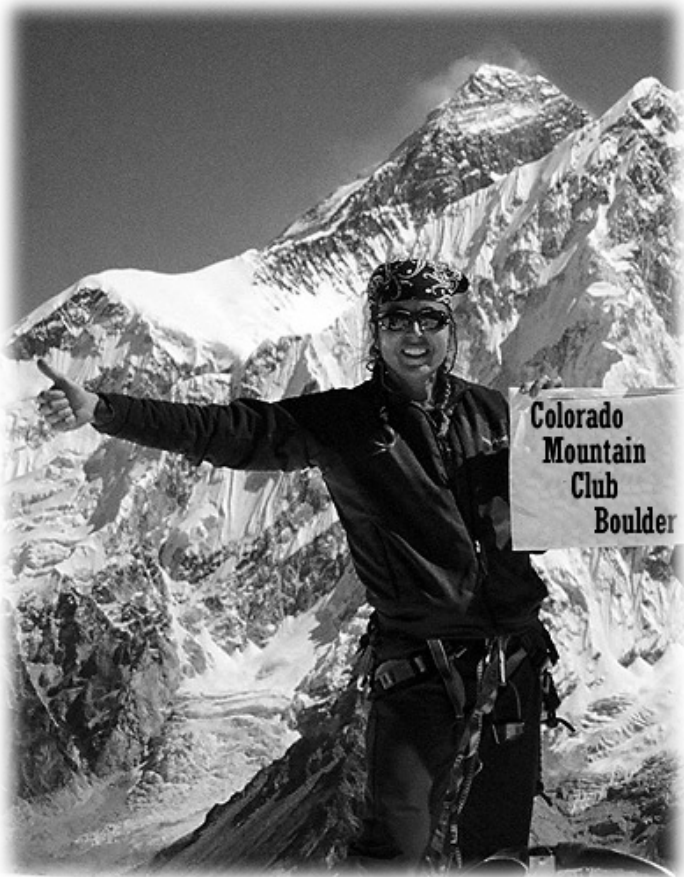


Colorado Mountain Club - Boulder Group Annual Dinner, Meeting & Party!

featuring

Everest – Zero to 60 through the CMC

Presented by Boulder Chair Tonya Riggs



**Saturday
November 4, 2006**

at the

Avalon Ballroom

6185 Arapahoe Road, Boulder

Admission - \$8

Food - Potluck, BYOB

Guests Welcome!

Evening Schedule

Social hour - 5pm-6pm

Dinner - 6pm

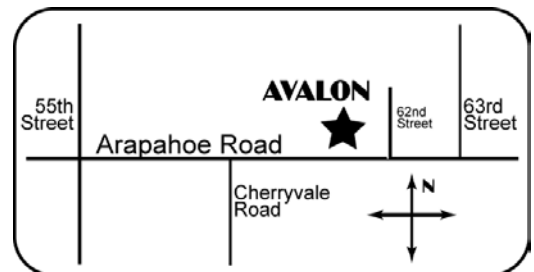
Annual Meeting - 7:15pm

BMS graduation - 7:30pm

Tonya's Presentation - 7:45pm

Dancing & Socializing - 8:30pm

CMC Boulder Club Chair Tonya Riggs discovered her passion for climbing and international mountaineering seven years ago. Since then, she has made up for lost time with climbing pilgrimages to Mt. Kenya in Africa, Ama Dablam in Nepal and high peaks in the Peruvian Andes, Italian Dolomites and Central Alps of Europe. Tonya will describe her activities leading up to her exciting climb of Mt. Everest in 2006. When Tonya is not climbing the high peaks, she is working as director of sales and marketing for Trango USA, a premier brand of technical climbing hardware.



CMC Boulder Group Annual Dinner Response **(Includes FREE raffle ticket!!)**

Please list names of people attending for name tags:

Number of people _____ @ \$8 each

Total Amount Enclosed \$ _____

Check box for your potluck (serves 4 to 8 people)

Entrée Salad Side Dessert

Please mail coupon with check to:

CMC Boulder Group

633 S. Broadway, Unit N, Boulder, CO 80305

October 2006 Trips

Sunday, October 1

Basic Rock School Field Trip
Field Trip

Field trip for Basic Rock School on either Sat. or Sun. See Listing on 9/12/2006 for details . Steve Poulsen, (303)258-7552. (Trip#33466)

Tuesday, October 3

Hiking II - Lecture Lecture
Navigation and Routefinding

Learn to find your way with a topographical map and compass is a fundamental skill to safely enjoying the outdoors. This course covers navigation, route finding problems, navigating in adverse conditions, weather, clothing, and trip planning. Lectures 5/9 and 5/16. Field trip 5/20 or 5/21. Phillip Congdon, (303)926-1408. (Trip#33460)
Saturday, October 7

Saturday, October 7

Social Hike for Spirit & Sweat
Moderate A

The Saturday Social is a half-day hike with a social spirit and a sweaty end. We then meet for some coffee or lunch. Meet at the Boulder CMC clubroom. Please arrive at 9:00 a.m. and help decide our destination. Come prepared to hike in any weather. Register with leader. Boulder. Marilyn Fellows, (303)499-6099. (Trip#33331)

Basic Rock School Field Trip
Field Trip

Field trip for Basic Rock School on either Sat. or Sun. See Listing on 9/12/2006 for details . Steve Poulsen, (303)258-7552. (Trip#33459)

Sunday, October 8

Basic Rock School Field Trip
Field Trip

Field trip for Basic Rock School on either Sat. or Sun. See Listing on 9/12/2006 for details . Steve Poulsen, (303)258-7552. (Trip#33467)

Tuesday, October 10

Hiking - II Lecture Lecture
Navigation and Routefinding

Lecture for Hiking II School, Navigation and Routefinding. See Listing on 10/3 for details. Phillip Congdon, (303)926-1408. (Trip#33461)

Saturday, October 14

Hiking II Field Trip
Field Trip

Field trip for Hiking II School, Navigation and Routefinding. See Listing on 10/3 for details. Phillip Congdon, (303)926-1408. (Trip#33462)

Bitty Buttress Route III Climb
Bitty Buttress 5.8

boulder canyon
Culminate face and dihedral climbing (5.7 - 5.6) with a tricky lieback over the crux overhang on this steep, elegant, three-pitch route 7 miles up Boulder Canyon. Short, steep approach; walkoff. Brenda Leach, (303)525-3660. (Trip#33381)

Sunday, October 15

Andrews Tarn 11,390' Difficult B
From Glacier Gorge trailhead, ascend trail through forest to the Loch. Follow Andrews Creek drainage to the base of Andrews Glacier. McHenry's Pk. 9/2,150'. Louie Genduso, (303)518-8948. (Trip#33339)

Hiking II Field Trip
Field Trip

Field trip for Hiking II School, Navigation and Routefinding. See Listing on 10/3 for details. Phillip Congdon, (303)926-1408. (Trip#33464)

Third Flatiron II Climb
East Face 5.2

Flatirons
This classic climb is possibly the best of its 5.2 grade in the country. Moderate hike in, eight pitches up, and three rappels down. Limit Two. Bruce Immele, (303)903-4517. (Trip#33389)

Saturday, October 21

Big Thompson Canyon Top Roping
5.6

Experience some lesser known but excellent climbs in this scenic canyon. We'll start at Practice rock with some nice face

climbing in the 5.6 to 5.10 range then move up to Cyclops and practice our friction work in the 5.6 to 5.10 range. 970-481-1048. gsch@frii.net . Gary Schmidt, (970)613-0396. (Trip#33412)

Saturday, October 28

Social Hike for Spirit & Sweat
Moderate A

The Saturday Social is a half-day hike with a social spirit and a sweaty end. We then meet for some coffee or lunch. Meet at the Boulder CMC clubroom. Please arrive at 9:00 a.m. and help decide our destination. Come prepared to hike in any weather. Register with leader. Boulder. Marilyn Fellows, (303)499-6099. (Trip#33332)

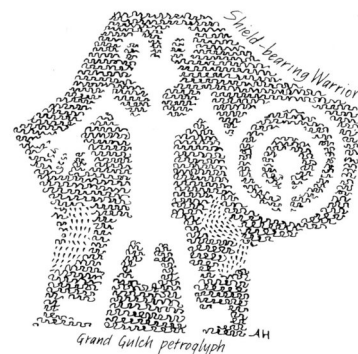
Onoclea I Climb
East Face 5.4

Flatirons
This fine 450' route ascends the second tower on the Nebel Horn Ridge to a spectacular summit overlooking the Fern Canyon Trail. Bruce Immele, (303)903-4517. (Trip#33390)

October 31, 2006

The Bastille Crack
The Bastille, Eldorado Canyon
5.7, Group II

Celebrate Halloween by laying siege to one of Colorado's most coveted moderate climbs. We'll start a new tradition by sporting costumes on the actual climb. Please don't wear anything that will inhibit your climbing! I'm wearing my Charlie Brown shirt. Larry A. Pedigo 720-938-5178 or 720-887-3882



compass

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First Aid Courses from Crested Butte Outdoors

2-Day Wilderness First Aid
Oct 8 - 9 and Oct 16 - 17, \$225

4-Day Wilderness Advanced
First Aid
Oct 12 - 15, \$440

3-Day Recertification-Challenge
for Wilderness First Responder / WEMT
Oct 28 - 30, \$350

Course will be taught at the Eldorado
Canyon State Park Headquarters building.

Contact:

Susan Purvis

Crested Butte Outdoors

970-596-2999

www.cboutdoors.com



Compass ad rates

\$245	full page
\$150	half page
\$90	quarter page
\$55	eighth page
\$45	business card (2"x3")

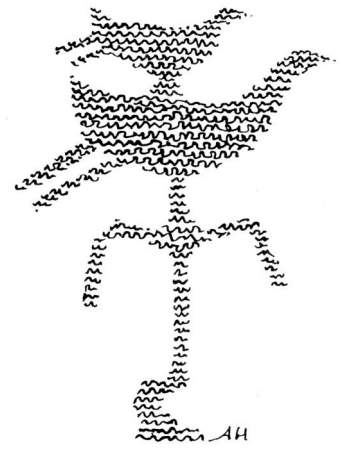
- all ads are black and white
- ads must be prepaid and ready
for printing; pdf format
preferred.

Wilderness First Responder/ First Aid from First Lead

Two courses are being offered by First
Lead at the AMC building in Golden:

- 1) Wilderness First Aid & First Responder Recertification, \$225, Oct 13-15.
- 2) Wilderness First Responder Training, Saturday, Nov 11 - Sunday, Nov 19.

This nine-day training is the medical "gold standard" for backcountry guides and instructors. Conducted by Peter Muckerman, WEMT, of First Lead Wilderness Medical Trainings. Cost is \$535 for CMC members, \$595 for non-members. For more information, or to sign up, go online to www.firstlead.com, or contact Peter, 970-729-0081.



Spirit Figure