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Deadline for September issue is:
August 8 Website: cmcboulder.org
To see online issues of the Compass, browse to: cmcboulder.org → Publications → Compass → Current Issue

Note from the Editor
Plugging away at new directions— that’s how I’d describe current efforts by the Boulder Council and Outings Committee to improve its services to you our members. The Boulder website is preparing for a move and eventual makeover. The Outings Committee is tightening up its internal records on lists of trip leaders and co-leaders. There are several key vacancies on the Council we are looking to fill. There’ll be a new energy at the state office too, with the new ED, Katie Blackwell, coming in. It all speaks to real and positive change. If you’ve thought about volunteering in some way, don’t wait! You’ll be glad you did, helping yourself and your community.

Parking Problems at Brainard Lake

[This is late-breaking news conveyed from Otto Verdoner, our beloved Cabin Meister. It seemed important enough for the front page. — the Editor]

Parking availability at Brainard Lake is almost nil. The Thousand Trails folks told me that they have been forced to turn back almost 500 cars per day on weekends. There is a hole in the south-side road. That road is closed. All traffic has to use the north-side road, which is now two-way. The result is almost no parking near the lake. — submitted by Otto Verdoner

Interested in Canyoneering?

An impressive slide show on canyoneering was shown at last month’s program by Jill Yarger. This article is a followup to the presentation for a specific reason: Jill is trying to start a canyoneering section. In this article I’ll provide a short introduction to the sport and some contact information for those interested (though I have to confess I’ve never done any canyoneering myself – yet! Maybe that will change soon...)

Canyoneering is defined as “traveling in canyons using a variety of techniques that may include walking, scrambling, climbing, jumping, abseiling, and/or swimming.” Another term is canyoning, which is “...more often associated with technical descents — those that require rappels (abseils) and ropework, technical

Jill Yarger descending Golden Cathedral route located in Neon Canyon, Escalante County, Utah [photo: Bob Lewis]

Twelve happy helpers came to a mid-summer work party at the CMC Boulder Group’s Brainard Cabin on July 12. Our main objective was to solve the mystery of water in the ceiling. A new roof was installed ten years ago. It appears that the moisture problems stem from that proud effort.

We opened up the ceiling into the 2x10 space under the new roof and proceeded to remove insulation in preparation for vents that will go out through the ridge. The sleeping loft was cleaned, and then cleaned again. The mold was sprayed with clorox. The ants, which had been happily making a home in the wet wood, were vigorously vacuumed up. The cabin has been well vented and the wood has dried. It is once again a clean and welcoming place, woefully underused in the summer months.

Continued on page 4, Cabin Capers

Continued on page 4, Canyoneering
Chair’s Report

The following are the highlights of activities in the Boulder Group over the last month:

Jill Yarger presented a thoroughly entertaining and informative presentation on canyoneering at our July Monthly Program. She had a multitude of slides and brought gear to show, as well. If you have fun tales and slides of trips to share with others, please send your ideas to Nickie Kelly and Susan Flack at monthlyprograms@cmcboulder.org.

Katie Blackett, the new CMC Executive Director, is working in the Boulder Group clubroom on scheduled days. Stop by to introduce yourself and share your thoughts about the CMC. See the clubroom calendar at www.cmcboulder.org/calendar.html for her scheduled times in the clubroom. I and others enjoyed chatting with her last week.

Thanks to the many Boulder Group trip leaders who have confirmed their trip leader status. We’re in the process of centralizing our trip leader lists for better maintenance and upkeep. And, thanks to all of our trip leaders for your volunteer efforts!

Despite the responsibilities of being the Chair of the Boulder Group, I still enjoy leading rock climbing trips for the club. I led a trip to Cob Rock last week, a crag up Boulder Canyon which has several moderate multi-pitch climbs, situated side-by-side. A group of 9 of us split into 4 rope teams and tackled different routes. Thanks to co-leaders Amy Slaymaker, Heath Dewey and John Fernandez. The participants included David Fox, Lora Woods, Meredith Michalki, Sylvia Chen and Wayne Densmore. With temperatures in the 80s, we couldn’t have asked for a better day of climbing.

Respectfully submitted,
Brenda Leach
Boulder Group Chair

Volunteers Needed

Looking for a New Conservation Chair

Are you passionate about preserving the environment, but can only do it part-time? Would you enjoy networking with other leading conservation groups in the Boulder-Denver area, such as Boulder Open Space, the Sierra Club, and Wilderness Restoration Volunteers? Would you like experience in deciding how to award grants among competing applications? All these experiences and more can be yours by volunteering to be our new Conservation Chair. Responsibilities include the above mentioned activities plus attending monthly Council meetings in Boulder. If interested, please send email to Brenda Leach, chair@cmcboulder.org.

Looking for a New Marketing Committee Chair

How would you like to help grow and maintain the Boulder Group membership by managing and directing the marketing activities in the group? This is an important volunteer position and is a great way to meet some really exceptional folks! You’ll work with other volunteers in the Marketing Committee such as the Assistant Marketing Chair, Monthly Program Director and Membership Orientation Director. You’ll be a member of the Boulder Group Council. And, you’ll make contacts outside of the CMC. Many thanks to Kirsten Kindt for her contributions as the past Marketing Committee Chair. If you’re interested, please contact Brenda Leach at chair@cmcboulder.org or Rick Casey at compass@cmcboulder.org.

New Compass Editor Needed

Continued on page 5, Volunteers

Mailing Party: August 21

Come to the Clubroom and help mail out the September Compass! This is a relaxed way to meet people and give something back to your favorite club. The next issue will be ready to mail on Thursday, August 21, at 5:30pm, so please just drop in. Phone Sheila at 303-554-7688 for more information.

Cabins Committee Chair Needed

The search is on for a volunteer to head up the Cabins Committee, which maintains the crown jewel of the Club’s assets, the Brainard Lake Cabin. After many years of vaunted service, Otto Verdoner has decided it is time for him to relinquish this cherished role. While there are several volunteers on the Cabins Committee filling necessary duties in the interim, a new chair of the committee is still needed. Available time, ability to delegate responsibility and leadership ability are the qualities needed in the potential candidate more than experience with the cabin per se. If you, or someone you know, may be interested, please send email to cabins@cmcboulder.org.

Contact Brenda at chair@cmcboulder.org or 303-525-3660 for more information.

Looking for a New Treasurer

The Boulder Group Council is in search of a new Treasurer. The responsibilities include collecting revenue, paying bills, record keeping with Quickbooks and making periodic financial reports. Many thanks for Gail Blandford for her many contributions and truly expert assistance as Treasurer of the Boulder Group over the past year. (In her real job, Gail handles the taxes for CU – no small job! We were indeed lucky to have her services this past year.) Gail assures us that you do not need to be a CPA to take on this position! (This could also be an opportunity for someone looking to become more familiar with Quickbooks, used by 85% of small businesses in America.) Contact Brenda at chair@cmcboulder.org or 303-525-3660 for more information.

Continued on page 5, Volunteers

Compass

Editor: Rick Casey
e-mail: compass@cmcboulder.org
Published: Monthly by Boulder Group, Colorado Mountain Club, 633 South Broadway, Unit N, Boulder 80305, mailed the third week of previous month
Boulder Group Chair: Brenda Leach
e-mail: chair@cmcboulder.org
To subscribe to GPS, the weekly e-newsletter: cmcboulder.org → Publications → GPS → E-GPS
Clubroom hours: Open Monday through Thursday, 5 to 7 pm
Clubroom Telephone: 303-554-7688
email for general CMC information: bcmc@cmcboulder.org
website: cmcboulder.org
e-Compass subscription: cmcboulder.org → Publications → Compass → E-Compass
We welcome announcements, articles, letters, artwork, and photos, especially from recent CMC trips and events.
Backpacker Magazine To Help CMC On Trail Project

Volunteers are needed for trail work with Backpacker Magazine employees and the Denver Group on Saturday, August 16. Backpacker Magazine moved their offices to Boulder last year. They’ve agreed to help the Denver Group with trail work in the new James Peak Wilderness area south of the Moffet Tunnel. They are looking for ten volunteers from the Boulder Group to help since it’s right in our back yard! If you ski the East Portal trails in winter, this is a great way to give back. To sign up, contact the trip leader, Randy Eisen, at randy_eisen@baxter.com or 303-688-2758.

Notes from the Editor

New Subscription Notices

As part of a membership retention effort, a new policy was recently adopted by the Club. Sixty days before someone’s membership expires, the state will send you an email reminding you to renew. If by 30 days prior to your membership renewal date, and you still haven’t renewed, they will send you a second email. After that, the state will mail you a single letter with renewal information. There has been anecdotal evidence of improved membership renewal already, saving postage costs.

e-Compass Subscription Change (still) In Process

[This is an update on a similar article published last month. Due to the importance for all members, the message is being repeated, with updates. – the Editor]

Changes are in store for how members subscribe to the e-Compass, the emailed version of the Compass. As currently implemented, members subscribe or unsubscribe via the Boulder Group website (cmcboulder.org), and the mailing of the Compass was supposed to stop or start accordingly. Once implemented, this will be done via the Personal Data page on the state website. Look for an announcement in the Compass and GPS when this has been implemented. The implementation has been slowed by the technical details involved. It may interest members to know that you can subscribe to 13 various electronic newsletters, three of which are from CMC state groups, namely Denver, Boulder, and Pikes Peak.

Update on CMC Partner Finder email list

[Last month the Partner Finder email list was announced. This will serve as a further announcement and update. – the Editor]

An email list has been added to the Boulder Group website (cmcboulder.org), under Group/Partner Finder. There you can subscribe to the list, and once approved by the moderator, begin receiving any email posted by other registered users. The purpose of the list is to find other CMC members for unsponsored trips on short notice (unsponsored means there’s no CMC trip leader). You can also view the entire list of registered users. Since your access is protected by a password you create, and all registered users are current CMC members, there should be no spam and you can unsubscribe yourself at any time. There are currently 21 members on this list, from the Boulder and Denver groups. Please enjoy and use appropriately! For any comments or feedback, please email compass@cmcboulder.org.

Volunteers, from page 2

The search is still on for a new editor for the Compass. This could be your chance at an exciting, challenging and stimulating opportunity to learn valuable journalistic skills “on the job” in a position that is central to the information clearinghouse for the Boulder CMC. Applicants should have some experience with the Club, the responsibility to deliver a monthly newsletter, and a desire to help the Club grow; some computer acumen helpful. If interested, please send an email to compass@cmcboulder.org.

Rock Lead School, 2008: “Off Belay”

With a hearty “On Belay!” the CMC Boulder Group Traditional Rock Leading School 2008 kicked off a great season during the month of June. The goal of RLS, offered annually to CMC members, is to prepare students through a lecture and three field trips to lead rock climbs using traditional protection and tactics. To graduate, the student must have completed at least 1 true lead climbing pitch, turned in their written exam, and have a positive recommendation from their instructors. Upon graduation, the student will be given group 1 rock trip co-leader status with the CMC. This year’s school ran a full class, serving 12 students and called on the remarkable climbing and instructing talents of:

John Brooks
Rick Casey
Michael Delorenzo
Heath Dewey
John Fernandez
Chris Grosshans
Dave Holliday
Joel Hollis
Brenda Leach
Ron Olsen

The school advanced the following students to group 1 rock co-leader status. Please call on these people if you’re a trip leader and happen to need a co-leader:

Steve Blazo
Raina Gough
Austin Hardy
Mike McGurkin
Eric Moore
Amanda Papich
Tom Woods

Congratulations to the students of this year’s schools, and many thanks to the instructors who make the school possible. Without you, we’d all be prussiking on a shoestring and a prayer!

— submitted by Clint Locks
Director, RLS
**August 2008 Trips & Activities**

*Editor’s Note: The following is the list of BCMC trips for the coming month, and other selected events, as of press time; however, it is possible that trips could be posted online since then. To see club policies regarding trips and how to become a trip leader, see cmcboulder.org/Trips. To view trips online and register:*

- Browse to cmc.org
- Login with your CMC member number and password. (If you forget your password, click the ‘Forgot Your Password?’ link to have it emailed to you. For first time users, the default password is your ZIP code. See page 34 of the Activity Schedule; or call the office at (303) 279-3080x2)
- Click on ‘Trip Signup’ in left margin
- Enter trip selection parameters (CMC group, date range, etc) & click Search
- Examine the list for trips of interest.
- To register, click Register
- For Boulder trips, you must contact the leader by phone (preferred) or email; for Denver trips, you may register online.

**Saturday, August 2**

**Årestua Hut & Beyond**
Difficult B

**Wildflower On Trail**
Look for the Wildflowers in meadows and along streams. Hike in and check out the Boulder Group’s Årestua Hut on Guinn Mt. above Eldora Ski Area. Hike above it for the view. Early start. 
Boulder Trail Mileage: 9
Elevation Gain: 2000
Drive Distance: 50
Topo Map(s): Nederland
Leader: Marilyn Fellows 303-499-6099
Marilyn@Gracie-Realty.com
Trip#5625

**Third Flatiron II Climb**
East Face and Friday’s Folly, 5.7
*Top Ten Classic*

The Third Flatiron is perhaps the most popular climb in all of the Flatirons. We’ll climb the standard East Face route (5.2) and rappel to the west to topropre Friday’s Folly (5.7) to enjoy two of the Top Ten Classic climbs in a single outing. Boulder Leader: Brenda Leach 303-525-3660, brenda_leach@yahoo.com, Trip#5639

**Wednesday, August 6**

**Afterwork Social Hike**
Moderate A

On Trail
A relaxing, slow-to-moderate paced, 2 to 3 hour hike close to Boulder. Don’t call-just show up before 6:00 pm at the Boulder Group Club Room (Behind Neptune Mountaineering at Table Mesa and Broadway). Be prepared for any weather with good footwear, water and a light. Optional after-hike food and drink. Trail Mileage: 4-6
Elevation Gain: 100-1000
Drive Distance: 1-10
Boulder Trail Mileage: 5
Elevation Gain: 600
Drive Distance: 5
Topo Map(s): Boulder/Eldorado Springs
Leader: Steven Haymes 303-444-4765
Trip#6242

**Saturday, August 9**

Bastille Crack II Climb
II Climb 5.6
This is truly an Eldorado Classic! Climb 5 pitches of cracks ranging from hand jams to finger cracks up the nearly vertical Bastille Wall. Limit 2. Boulder Leader: Gary Schmidt 970-481-1048
gsch@frii.net
Trip#6246

**Wednesday, August 13**

Shelf and Solitude Lakes
11,420’
Difficult B

Moderate pace
Ascend Glacier Gorge Trail, passing Mills and Jewel Lakes. Depart trail, cross Glacier Creek, and bushwhack and rock scramble up ledges to two seldom-visited lakes between Thatchtop and Arrowhead.
Boulder Trail Mileage: 9
Elevation Gain: 2180
Drive Distance: 100
Topo Map(s): Nederland
Leader: Donald J Kava 303-494-2632
kava@bcn.boulder.co.us
Trip#6277

Green Mountain Pinnacle I Climb
West Chimney 5.5
*Top Ten Classic*

This pinnacle is located high up on the right side of the Fourth Flatiron, and the route is considered the best chimney climb in the Boulder area. Boulder Leader: Larry Allen Pedigo 303-960-8627
larry_pedigo@yahoo.com
Trip#5640

**Thursday, August 14**

Fall Schools Overview & Signups Special
Come find out about the Fall Boulder Mountain Schools.

6:30 pm CMC Boulder Clubroom
Boulder Leader: Cindy Gangnon 303-938-8564
gagnonc2@comcast.net
Trip#6233

**Saturday, August 16**

Jasper Lake
Moderate B
On Trail

Casual pace
Start at Hessie. Follow trail to Devils Thumb Bypass, and continue to Jasper Lake. Trail becomes steeper on way to Jasper Lake. Must leave Boulder early to find parking space.
Boulder Trail Mileage: 11
Elevation Gain: 1900
Drive Distance: 50
Topo Map(s): East Portal, Nederland
Leader: Donald J Kava 303-494-2632
kava@bcn.boulder.co.us
Trip#6277

**Continued on page 4**
**August 2008 Trips & Activities**

**Thursday, August 21**

Isabelle Glacier  
Easy B  
Indian Peaks Wilderness  
On Trail, Casual pace  
From Long Lake parking lot, hike the easy trail past Long Lake to Isabelle Lake. The going gets steeper as we climb out of the valley and on up to the glacier.  
Boulder Trail Mileage: 7  
Elevation Gain: 1400  
Drive Distance: 70  
Topo Map(s): Monarch Lake, Ward  
Leader: Caryl Shields  303-665-6312  
buchloe111@aol.com  
Trip#6256

**Friday, August 22**

Jurassic Park Area Top Roping  
Top Roping, 5.7  
Join us for a fun top roping tour of fun and varied sport climbs (5.6-5.10) in this scenic area near Lilly Lake. Includes the classic climb “Edge of time” (5.9+) featured on the cover of the RMNP climbing guide book!  
Boulder Leader: Gary Schmidt  970-481-1048  
gsch@frii.net  
Trip#6245

**Wednesday, August 27**

After Work Social Hike  
Moderate A  
Enjoy a relaxing 1-2 hr hike on S Boulder parks and Open Space. Don’t call, just show up at 6:00 pm at the Club Room (around the left corner from Neptune Mountaineering and above Vide Update in the Table Mesa shopping center).  
Boulder Trail Mileage: 4  
Elevation Gain: 800  
Drive Distance: 5  
Topo Map(s): Boulder, Eldorado Springs  
Leader: Karen L Baldwin  303-420-8162  
karenlbaldwin@hotmail.com  
Trip#6253

**Saturday, August 30**

The Matron II Climb  
North Face 5.6  
*Top Ten Classic*  
This spire in the Southern Flatirons provides steep climbing on good rock, spectacular views, and exciting rappels. (The Roach guide rates this at 5.5 but more recently the route is considered solid 5.6.)  
Boulder Leader: Tom Wilson  303-247-1450  
ams@cmcboulder.org

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**Canyoneering, from page 1**

climbing or down-climbing, technical jumps, and/or technical swims.” (thanks to that wonderful website, wikipedia.org). From what I can gather, Utah seems like much more of a destination than Colorado; but maybe this new section will be exploring new in-state locations! The sport itself seems to have rapidly grown and matured in the past decade or so, paralleling the evolution of climbing during the Sixties and Seventies. Specialized technology has evolved adapted to the environment, along with terminology, courses, organizations, schools, guidebooks, websites and, of course a devoted following of avid practitioners, creating yet another subculture in that wonderful world of outdoor sports in the 21st century.

So if you’ve been interested in this sport, you should contact Jill Yarger. Jill is an experienced BMS participant, both on the instructor side and the trip leading side. Jill certainly has the skills and experience to head it up. There’s already a small band of experienced members going on trips with Jill, as evidenced at the slide show, and you’re invited to join them. A new email forwarding address has been created for this purpose: canyoneering@cmcboulder.org. Please email your questions there. For more information on the sport in general, the following are the leading websites from which to obtain more information:

canyoneering.net  
canyoneeringusa.com  
americansouthwest.net/slot_canyons  
coloradocanyons.org  
outdoorstogether.coms

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Reserve the Clubroom for Your Meeting

Are you a member of an organization looking for a place to hold your meeting, or know of someone who is? If so, you might consider our Clubroom in the Table Mesa Shopping Center. Please first read our clubroom usage policy at www.cmcboulder.org/clubroomPolicy.html. Send email to clubroomreservations@cmcboulder.org with any questions.

Compass Ad Rates

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- all ads need black and white version, (color can be used in e-Compass)
- ads must be prepaid and in PDF or JPG format.
- contact: compass@cmcboulder.org

Rock Lead School 2008: CMC RLS senior instructor David Holliday teaches use of protection hardware (demonstrating a Colorado Custom Hardware Alien) to Amanda Papich, Steve Blazo and Tom Woods at the base of Happy Hour Crag, Saturday, June 14, 2008. [photo by Joel Hollis]