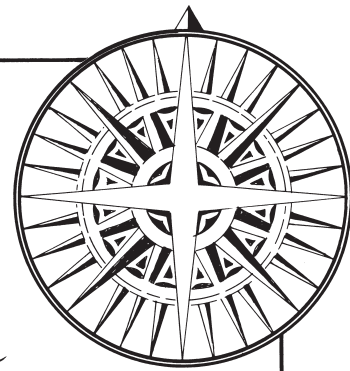




# Compass

THE BOULDER GROUP NEWSLETTER



Volume XXIV Number 9

September 2008

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**Deadline for October issue is: September 5** Website: [cmcboulder.org](http://cmcboulder.org)

To see online issues of the Compass, browse to: [cmcboulder.org](http://cmcboulder.org) → Publications → Compass → Current Issue

## Note from the Editor

Still plugging away – with demonstrable results! Your BCMC Council and BMS officers are working hard for you, and it is beginning to show in tangible ways. This month the e-Compass will begin being managed through the state website, which should help reduce circulation errors between the Compass and e-Compass. Also new this month is the Alpine Rock School, which will emphasize rock climbing in the mountain arena. While this may only be interest to a minority of our members, it signifies the deep commitment to teaching that is emblematic of the Club. It will offer the instructors and students who attend to

*Continued on page 6, Note*

## State Board Adopts 2008-2009 Budget

*[Editor’s Note: The following article, and the one in the next column, were submitted by Peter Gowen, Representative to the CMC State Board for the Boulder Group and BCMC Council Member. Peter is a Boulder attorney and a longtime volunteer for the Boulder Group.]*

At its July 19, 2008 regular meeting, the State Board adopted the budget for the fiscal year covering October 2008 through September 2009. While the budget is similar to the 2007-2008 budget in most areas, a few differences include: 1) the budget includes \$124,000 in depreciation expense even though this is a non-cash outlay; 2) the Denver Group fee for services is approximately \$5,000 greater than last year; and 3) Scientific and Cultural Facilities District (SCFD) funding is increased from \$156,034 in 2008 to \$170,209 in 2009..

The budget is balanced at \$1,897,487, with revenues matching expenditures. The Denver Group pays \$40,335 for operating expenses for the AMC building and \$89,898 for staff support of its operation. The Education Department covers its entire revenue of \$235,475 from non-membership sources. The Conservation Department receives its \$202,000 total revenue, also from sources other than membership dues. Adventure Travel is funded through trip registration fees and generates a surplus of \$25,700 to the general fund. The CMC Press has total revenues (all outside membership dues) of \$172,220 with an operational deficit

*Continued on page 5, Budget*

## New ED Gets Full CEO Powers

*[Editor’s Note: This is a very significant development for the CMC as an organization.]*

At its July 19, 2008 meeting, the state board of directors adopted a resolution amending the state CMC Bylaws to transfer the chief executive officer (CEO) functions from the state board President to the Executive Director.

The CMC was founded in 1912, and for years operated totally on the good graces of dedicated volunteers. Without paid staffers in the early years and as it matured, there was no other option to having the President serve as the CEO. In 2008, with an annual budget approaching \$1.9 million, sixteen full-time employee equivalents managed by the Golden office, fifteen affiliated groups scattered across the state, and a newly hired Executive Director fully capable of handling the job, the state board reached the conclusion that the job of CMC chief executive officer was too much for a volunteer, part-time President (usually holding a full-time job). It was also pointed out, that it has become a non-profit organization industry standard to have executive directors serve as CEO’s for organizations even considerably smaller than the CMC.

The Executive Director (ED) continues to be fully answerable to and supervised by the state board. Only now, the ED has the authority and the responsibility to make it all work. This includes being the CMC state office contact person for

*Continued on page 5, New ED*

## Chair's Report

The following are the highlights of activities in the Boulder Group over the last month:

Congratulations to John Fernandez for his recent approval as a Group III (5.8 and above) rock leader! John is the 1st Boulder Group member to be approved under the new trip leader approval process where he was approved as a Group III rock leader before first starting as a Group I (up through 5.5) and Group II (5.6 & 5.7) rock leader. We look forward to other strong rock leaders to follow the same path as John.

Did you know that Backpacker Magazine moved their offices to Boulder last year? Their employees helped the Denver Group with a trail work project on 8/16 at the new James Peak Wilderness area south of the Moffat Tunnel. To thank them for their efforts, the Boulder Group Council voted to present one of the Backpacker Magazine employees with a complementary 1-year membership to the Boulder Group.

We had a great Monthly Program in the clubroom in August thanks to the creativity of our new Monthly Program Directors, Nickie Kelly and Susan Flack. Rick Hatfield of Boulder's Open Space and Mountain Parks department gave an entertaining presentation on this summer's fledglings, which had been protected by the recently lifted summer closures.

Thanks for Donna Marino for continuing to plug away at developing an online leadership training program. There are also efforts taking place at the state level on developing a leadership training plan.

Respectfully submitted,  
Brenda Leach  
Boulder Group Chair

## Clubroom Party! Thurs, Sept 11

Stop by the clubroom to meet and socialize with other members! Time: 6-8pm. This is a great time to share your adventure stories from this summer. We'll supply soft drinks, but please feel free to bring other food and drink to share. Then, at just before 8pm, we'll head over to Neptune's to watch Gerry Roach give his "Timeless Flatirons Classics" presentation (optional, of course). So, come one, come all, but please come, and enjoy getting to know some of your other CMC'ers. You just never know who you might meet....

## CMC Orientation, Sept 17

Join us Wednesday, September 17, for this bi-monthly meeting where new or prospective members are introduced to the CMC. Share your enthusiasm for hiking, camping, peak bagging, rock climbing, snowshoeing, cross country skiing and more; and all for free! 7 to 8:15 p.m. Wednesday; BCMC Clubroom, 633 S. Broadway (around from Neptunes). Details: (303) 554-7688; cmcboulder.org And as always if you come, try to BRING A FRIEND!

### Volunteers Needed

#### Marketing Committee Chair Open

How would you like to help grow and maintain the Boulder Group membership by managing and directing the marketing activities in the group? This is an important volunteer position and is a great way to meet some really exceptional folks! You'll work with other volunteers in the Marketing Committee such as the Assistant Marketing Chair, Monthly Program Director and Membership Orientation Director. You'll be a member of the Boulder Group Council. And, you'll make contacts outside of the CMC. Many thanks to Kirsten Kindt for her contributions as the past Marketing Committee Chair. If you're interested, please contact Brenda Leach at chair@cmcboulder.org or Rick Casey at compass@cmcboulder.org. □

#### Cabins Committee Chair Needed

The search is on for a volunteer to head up the Cabins Committee, which maintains the crown jewel of the Club's assets, the Brainard Lake Cabin. After many years of vaunted service, Otto Verdoner has decided it is time for him to relinquish this cherished role. While there are several volunteers on the Cabins Committee filling necessary duties in the interim, a new chair of the committee is still needed. Available time, ability to delegate responsibility and leadership ability are the qualities needed in the potential candidate more than experience with the cabin per se. If you, or someone you know, may be interested, please send

email to cabins@cmcboulder.org □

## Cabin Work Parties

Time for the Annual Wood Gathering and Cleaning Parties! Årestua Cabin Work Party on Sept 13 and Brainard Cabin Work Party on Sept 27. For detailed instructions, see the Trips Section on pages 4 & 5 on those dates. No need to sign up — just show up! For other questions, contact Otto Verdoner at cabins@cmcboulder.org or 303-443-9883 ottov@csd.net

## New Compass Editor Needed

The search is *still* on for a new editor for the Compass. This could be your chance at an exciting, challenging and stimulating opportunity to learn valuable journalistic skills "on the job" in a position that is central to the information

*Continued on page 5, Editor*

## Mailing Party: September 18

Come to the Clubroom and help mail out the October Compass. This is a relaxed way to meet people and give something back to your favorite club. The next issue will be ready to mail on Thursday, September 18, at 5:30pm, so please just drop in. Phone Sheila at 303-554-7688 for more information. □

## compass

**Editor:** Rick Casey

**email:** compass@cmcboulder.org

**Published:** Monthly by Boulder Group, Colorado Mountain Club, 633 South Broadway, Unit N, Boulder 80305, mailed the third week of previous month

**Boulder Group Chair:** Brenda Leach

**email:** chair@cmcboulder.org

**To subscribe to GPS, the weekly**

**e-newsletter:** cmcboulder.org → Publications → GPS → E-GPS

**Clubroom hours:** Open Monday through Thursday, 5 to 7 pm

**Clubroom Telephone:** 303-554-7688

**email for general CMC information:** bmc@cmcboulder.org

**website:** cmcboulder.org

**e-Compass subscription:** cmcboulder.org → Publications → Compass → E-Compass

We welcome announcements, articles, letters, artwork, and photos, especially from recent CMC trips and events.

## Fifth Anniversary Poem

You wanted a scooter or mountain bike.  
This was much easier to hide on our hike  
deep in the mountains and up to the pinnacle,  
rappelling the gully, where things got real cynical,  
and back to the trailhead, and down to the cabin,  
turning off lights just to see what would happen.

Perhaps it is possibly finally time  
to pin the old calendars up in a line,  
reflect on the course that we're presently on:  
two little angels buzz-bombing our lawn,  
riddles laid bare, and messages found  
in bottles, and stars, and just lying around.

Some mountaineers and desperate pirates  
on lonely, lost nights, it's said, they would pilot  
by holding a jewel to the face of the moon,  
be guided by diamonds to ports and doubloons.  
Good enough for them, then it's good enough for me -

to make time a circle, quantify history,  
turn it around like a world on your hand,  
and you'll see we are covered in sandbox sand  
a sheen of thin glory just like nothing else,  
and a skin of eternal everything-ness.

It's probably possibly quite finally time  
for 53 facets dressed up in a line,  
centered by sapphire, a shimmering blue  
shot through with silver, like me and like you.

So - one hundred dollars, and a few dollars more  
for every year - crust, mantle and core -  
of putting up with you and you putting up with me.  
This thing is a handful; this thing isn't free.  
(I'm talking 'bout marriage and also this ring.  
I'm talking 'bout priceless, impossible things  
that slip into our every everyday,  
impossible, but happen to us anyway).

— contributed by Clint Locks

*Editor, continued from page 2*

clearinghouse for the Boulder CMC. Applicants should have some experience with the Club, the responsibility to deliver a monthly newsletter, and a desire to help the Club grow; some computer acumen helpful, but not absolutely necessary. Also chance to learn Adobe InDesign, a state of the art document design software. You will be carefully mentored and guided into the role with great support from the current editor (Think

*Budget, continued from page 1*

of \$3,656. The new museum (which opened in February 2008) has a balanced budget, expecting revenues of \$40,600 from admissions, \$75,000 in contributions, \$33,000 in merchandise sales, and \$36,000 from other sources. The SCFD revenues of \$170,209 support general overhead, education, and museum programs.

State dues will remain the same. State membership dues are used to pay for the T&T Activity Schedule, general overhead, library and liability insurance. The budget assumes a stable membership. Contributions above membership dues are welcome at anytime.

The Club is a 501(c)(3) tax-exempt organization, and contributions beyond membership dues may be deductible for federal and state tax purposes. (Contact state office for details.) Contributions are a vital part of Club income, and are used to support education and conservation programs, the CMC Press, library, museum and the general fund. The state budget should soon be available on the state web site. □

*New ED, continued from page 1*

each of the fifteen groups, coordinating the groups programs and efforts with the state office as appropriate. □

— submitted by Peter Gowen

*Trips, continued from page 4*

will also be highlighted in the Compass and GPS if possible. Trips Schedulers are (please replace @... with @cmcboulder.org):

AB Hikes	Danielle Lewis abhikescheduler@... 719-332-8618
CD Hikes	Chris Glascock cdhikescheduler@... 720-887-5964
Rock Trips	Gary Schmidt outings@... 970-481-1048
Ice Climbs	Kent Crites ice@cmcboulder.org
Ski Trips	Pat Butler skischeduler@... 303-440-0586

If you have questions or need help with the online system please contact the appropriate leader or email Gary Schmidt at [outings@cmcboulder.org](mailto:outings@cmcboulder.org).

— submitted by Gary Schmidt,  
Outings Chair.

## New e-Compass Subscription Site

Subscription to the e-Compass has been moved from the Boulder CMC website to the state CMC website ([cmc.org](http://cmc.org)). Log in and see the Personal Data page for subscribing to all e-newsletters. □

of the opportunity! The fame! The fortune! The notoriety! The abuse!) Interested parties should send an email to [compass@cmcboulder.org](mailto:compass@cmcboulder.org). □

## New "Easy Ski Tour Series" To Begin

To help students taking the December cross country ski school hone their skills (so that they'll become life-long skiers), we'd like to start an "easy ski tour series" that would offer two to four easy ski tours each winter month, patterned after the successful A/B after-work social hike series. To that end, we're encouraging all current ski leaders to consider leading at least one beginner tour during January through March. And we would love to have Boulder leaders with cross-country skiing experience who don't currently lead ski tours get on our ski leader list! September 15 is the deadline to get a ski tour into the Nov-Jan schedule (December 15 for the Feb-April schedule). Current Boulder leaders seeking to get on the ski leader list should contact Pat Butler, ski tour scheduler, at 303-440-0586, [skischeduler@cmcboulder.org](mailto:skischeduler@cmcboulder.org). Anyone interested in becoming a leader can find the process and application forms on the Boulder group's website ([www.cmcboulder.org](http://www.cmcboulder.org)) under menu selections Trips → Becoming A Trip Leader. □

— submitted by Pat Butler,  
Ski Scheduler

# September 2008 Trips & Activities

*Editor's Note: The following is the list of BCMC trips for the coming month, and other selected events, as of press time; however, it is possible that trips could be posted online since then. To see club policies regarding trips and how to become a trip leader, see [cmcboulder.org/Trips](http://cmcboulder.org/Trips). To view trips online and register:*

- ▶ Browse to [cmc.org](http://cmc.org)
- ▶ Login with your CMC member number and password. (If you forget your password, click the 'Forgot Your Password?' link to have it emailed to you. For first time users, the default password is your ZIP code. See page 34 of the Activity Schedule; or call the office at (303) 279-3080x2)
- ▶ Click on 'Trip Signup' in left margin
- ▶ Enter trip selection parameters (CMC group, date range, etc) & click Search
- ▶ Examine the list for trips of interest.
- ▶ To register, click Register
- ▶ For Boulder trips, you must contact the leader by phone (preferred) or email; for Denver trips, you may register online.

## Tuesday, September 2

Hiking 1 Lecture 1

Wilderness Survival

Concerned about what to do if you have to spend the night outdoors? What are the ten essentials and why we need them? This course covers trip planning, essential equipment and wilderness survival techniques, including fire and shelter. Lectures: Tues 9/2, 9/4. Field Trip: 9/7 or 9/14 (student picks one). CMC Boulder Group clubroom, 6:30 pm. Boulder Leader: Sam Levis 303-665-1310 [bhs@cmcboulder.org](mailto:bhs@cmcboulder.org) Trip#6569

## Wednesday, September 3

Afterwork Social Hike, Moderate A  
Enjoy a relaxing, slow-to-moderate paced, 2 to 3 hour hike close to Boulder. Don't call – just show up by 6 pm! Boulder Group Club Room (Behind Neptune Mountaineering at Table Mesa and Broadway). Be prepared for any weather with good footwear, water and a light snack. Optional after-hike food and drink. Leader: Steven Haymes 303-444-4765 Trip#6243

Mt. Ida 12,880' Difficult C  
Chief Cheley Mtn. 12,804 Scrambling  
Cracktop Mtn. 12,760' Moderate pace  
Begin at Milner Pass on good trail and follow broad SE ridge on tundra to Ida

summit. With some loose, steep scrambling off Ida, climb over to Chief Cheley and flat walk to Cracktop. Close inspection of rarely visited Highest Lake is worth the 700' re-ascend to Ida. Boulder Trail Mileage: 12 Elevation Gain: 3400  
Topo Maps: Fall River Pass, Grand Lake  
Leader: Ellen Flannelly 303-440-0130  
[e.flannelly@comcast.net](mailto:e.flannelly@comcast.net) Trip#5652

## Thursday, September 4

Hiking 1, Lecture 2

Wilderness Survival

See description Lecture 1 on Sept 2.  
CMC Boulder Group clubroom, 6:30 pm. Boulder Leader: Sam Levis  
303-665-1310 [bhs@cmcboulder.org](mailto:bhs@cmcboulder.org)  
Trip#6570

## Saturday, September 6

Bitty Buttress Route III Climb

Bitty Buttress 5.8

Face and dihedral climbing (5.7 - 5.6) with a tricky lieback over the crux overhang on this steep, elegant, 3-pitch route up Boulder Canyon. Short, steep approach with top walkoff. Leader: Brenda Leach 303-525-3660 [brenda\\_leach@yahoo.com](mailto:brenda_leach@yahoo.com) Trip#6248

## Sunday, September 7 – September 14

Hiking 1, Field Trip

Wilderness Survival

See description Lecture 1 on Sept 2.  
Trail Mileage: 2 Drive Distance: 60  
Leader: Sam Levis 303-665-1310 [bhs@cmcboulder.org](mailto:bhs@cmcboulder.org) Trip#6571

## Tuesday, September 9

Basic Rock School, Lecture 1

Basic Rock School is an introduction to rock climbing basics and safety techniques. Well suited to newcomers to rock climbing or those with some experience that want to review and update best safety practices. You will learn about equipment, knots, belaying, multi-pitch climbing, communication, rappelling, basic self-rescue and emergency situations. School consists of 2 lectures (9/9 & 9/16) and 3 field trips (9/20-21, 9/27-28, 10/4-5) weekends (either Sat or Sun). Overview and Signup: Boulder CMC

Club Room 6:30. Leader: Steve Poulsen  
303-258-7552 Trip#6227

## Wednesday, September 10

After Work Social Hike Moderate A  
See description Wed, Sept 3.

Leader: Marilyn Fellows 303-499-6099  
[Marilyn@Gracie-Realty.com](mailto:Marilyn@Gracie-Realty.com) Trip#6252

## Friday, September 12

Twin Owls - Organ Pipes

5.7 Class II Climb

Summit this classic imposing feature on Lumpy Ridge above Estes Park. We will start with the two pitch Organ Pipe route (5.7 variation) traverse the Roosting Ramp and then summit via the fun two pitch 5.5 Pin Route to the summit. But wait you're still not done: you have to make it down the Bowels of the Owls! Leader: Gary Schmidt 970-481-1048  
[gsch@frii.net](mailto:gsch@frii.net) Trip#6244

## Saturday, September 13

Pellea, East Face, 5.5

Climb Class I \*Top Ten Classic\*

This beautiful and seldom-climbed 470 foot route is hidden near the top of Fern Canyon. Leader: Bruce Immele  
303-903-4517 [bimmele@msn.com](mailto:bimmele@msn.com)  
Trip#5642

Ärestua Cabin Work Party

Annual Wood Gathering and

Cleaning Party

Get the cabin ready for the winter. No sign-up; just come. Meet at the Rollinsville Store at 8 a.m. to carpool to Yankee Doodle Lake, or meet at the cabin at any time. Please come up for any part of the day to help haul, split, and stack wood, clean the inside of the cabin, make minor repairs. Bring work boots/shoes, work gloves, lunch, chain saw if you have one. Questions to [cabins@cmcboulder.org](mailto:cabins@cmcboulder.org)  
Boulder Leader: Otto Verdoner 303-443-9883 [ottov@csd.net](mailto:ottov@csd.net) Trip#6543

## Tuesday, September 16

Basic Rock School Lecture #2

See description Tuesday, Sept 9

CMC Boulder Group Club Room 6:30.

*Continued on page 4*

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## September 2008 Trips & Activities

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Boulder Leader: Steve Poulsen 303-258-7552 Trip#6228

Conan's Gonads, Climb Class III  
Twin Owls, 5.9, Lumpy Ridge  
Experience one of the best 5.9 cracks around. We may finish on the classic Wolf's Tooth, a challenging and wide 5.8 or Cackle Crack, another quality 5.8.  
Leader: Larry Pedigo 303-960-8627  
larry\_pedigo@yahoo.com Trip#5434

### Wednesday, September 17

After Work Social Hike Moderate A  
See description Wed, Sept 3  
Leader: Connie Schwab 303-516-9797  
cjs230@juno.com Trip#6251

### Saturday, September 20

Tonnere Tower III Climb  
Boulder Canyon  
Explore a newly developed climbing area in Boulder Canyon. Great sport, mixed and trad multi-pitch climbing.  
Boulder Leader: Ron Olsen 303-928-9153 ronolsen@comcast.net Trip#6350

Basic Rock School, Field Trip 1 (Saturday session) See description Tues, Sept 9. Field trips will be announced at the lectures. Leader: Steve Poulsen 303-258-7552 Trip#6230

### Sunday, September 21

Lookout Mountain Loop, Moderate B  
Off Trail, Moderate pace  
Follow a mix of trails and cross-country on this loop around and up to the summit of Lookout Mountain in RMNP. Views of Mt. Meeker, Twin Sisters, Wild Basin and several aspen groves. Optional after hike dinner in Lyons. Register with leader between 9 am and 9 p.m. only.  
Trail Mileage: 8 Elevation Gain: 2000  
Drive Distance:40 Topo Map:Allens Park  
Leader:Steven Haymes 303-444-4765 Trip#6241

Basic Rock School, Field trip 1 (Sunday session) See description Tues, Sept 9. Field trips will be announced at the lectures. Leader: Steve Poulsen 303-258-7552 Trip#6230

### Tuesday, September 23

Hiking 2 Lecture 1  
Navigation & Route Finding  
Learning to find your way with a topo map and compass is a fundamental skill to safely enjoying the outdoors. This course covers navigation, route-finding problems, navigating in adverse conditions, weather, clothing, and trip planning. Prerequisites are Hiking 1. Lectures: 9/23, 9/30, 10.7. Field Trip: 10/11 or 10/12. Leader: Sam Levis 303-665-1310 bhs@cmcboulder.org Trip#6145

### Friday, September 26

TOP TEN Classic Flatirons Tour Special  
Picture Show and Celebration  
This event wraps up the Boulder Group's 2008 celebration of this guidebook and the Flatirons with a picture show of our climbs and a party to recognize the many bold participants. Boulder CMC Clubroom, 7pm, no signup required. Leader: Tom Wilson 303-247-1450 ams@cmcboulder.org Trip#5643

### Saturday, September 27

Brainard Lake Cabin Work Party  
Annual Wood Gathering and  
Cleaning Party  
Get the cabin ready for the winter. No sign-up, just come. Carpool at 8 a.m. from parking lot in NE corner of Iris and Broadway, Boulder, or meet at the cabin at any time. Please come up for any part of the day to help haul, split, and stack wood, clean the inside of the cabin, make minor repairs. The first load of wood is arriving at 8 am on Saturday. Early bird helpers will be very welcome. Brainard Lake entrance passes: If you have your own season pass or Golden Age Pass, then use it. If you don't have your own pass, then tell the people at the entrance gate (3 miles west of Ward) that you are there for the 'CMC Cabin Work Party'. Bring work boots/shoes, work gloves, lunch, chain saw if you have one. Questions to Cabins@cmcboulder.org. Leader:Otto Verdoner 303-443-9883 ottov@csd.net Trip#6544

Basic Rock School Field Trip 2  
(Saturday session) See description Tues,

Sept 9. Field trips will be announced at the lectures. Leader: Steve Poulsen 303-258-7552 Trip#6231

### Sunday, September 28

Dyer Mountain, 13,955 ft. Moderate C  
Off Trail Moderate pace  
Drive through Alma and park at the bottom of the Mosquito Pass road. Hike 3 miles to the top of Mosquito Pass, then south along the ridge to summit.  
Boulder Trail Mileage:12 Elevation Gain:3500 Drive Distance:160 Topo Map(s):7.5 Climax, 7.5 Mount Sherman  
Leader:Cindy Carey 303-530-3103 careyc@colorado.edu Trip#6139

Basic Rock School Field Trip 2  
(Sunday session) See description Tues, Sept 9. Field trips will be announced at the lectures. Leader: Steve Poulsen 303-258-7552 Trip#6231

### Tuesday, September 30

Hiking 2 Lecture 2  
Navigation & Route Finding  
See description Tues, Sept 23  
Leader: Samuel Levis 303-665-1310 bhs@cmcboulder.org Trip#6146

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## Call for Trips!

To All BCMC Leaders, Past and Present:

Attention Trip Leaders: the Next Trip Activity Schedule is being prepared, and the next published issue will be coming out Nov 1<sup>st</sup> and will include trips from 11/1/08 through 1/31/09. As such, in order for your trips to be published in that edition they need to be submitted by September 15<sup>th</sup>. It is always a good idea to have your trip published in this publication as it reaches the whole club. You may enter your trips online(preferred) or email trip descriptions to the appropriate leader listed. We truly appreciate and are so thankful for all trips! Remember that you can enter a trip any time online by logging on to [www.cmc.org](http://www.cmc.org) and clicking on the "Leader" link in the upper right-hand corner of the page. Trips will be reviewed for approval very quickly and

*Continued on page 5, Trips*

# compass

Colorado Mountain Club  
Table Mesa Shopping Center  
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Boulder, CO 80305

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## High Altitude Mountaineering Seminar

The High Altitude Mountaineering Section (HAMS) of the Denver group will present its twentieth annual seminar on high altitude mountaineering this fall. The seminar consists of six sessions on consecutive Monday nights starting October 6 and ending November 10, from 7:00 to approximately 9:30 p.m. Experienced climbers will present lectures on topics as diverse as organizing an expedition, fitness and conditioning, nutrition and menu planning, high altitude/cold weather medical issues and group dynamics. Mountaineering slide shows from around the world will be featured to complement and expand upon the lecture topics. Attendance of the seminar is a prerequisite for admission to the High Altitude Mountaineering School. The seminar is open to all interested CMC members and the general public. It will take place at the Foss Auditorium in the American Mountaineering Center in Golden. Dates for specific topics may change due to speaker availability. Tuition is as follows: \$40 for CMC Members who pre-register, \$45 for Non-CMC

Members and CMC Members who do not pre-register.

\$8 for individual evenings, payable at the door (CMC Members as well as Non-CMC Members). To register go to [www.cmc.org](http://www.cmc.org), sign in as a member, then go to "Programs", then "Education". If you cannot register on line, send a check payable to CMC to the CMC office in Golden and note on the check "HAMS Seminar". You can also call the office and pay with a credit card. For more information call the CMC office at 303-279-3080 ext. 2. □

*Note, continued from page 1*  
broaden and deepen their knowledge and skills of climbing at a more serious level of mountaineering. And on a lighter note, please consider coming to the Clubroom party on Thursday, Sept 11 (see description on page 2). Hope to see you there!

— the Editor

**SAVE THE DATE**  
**BACK BY POPULAR DEMAND...**  
**ANNUAL CMC POT LUCK DINNER**  
The Avalon at 62<sup>nd</sup> & Arapaho: lots of free parking  
Pot luck: get creative, or stop at the grocery store  
Recognition & Awards  
Socialize with your CMC friends  
BYOB of whatever you like  
Legendary Boulder Climber Jim Erickson as Speaker  
**PRIZES!**  
**Saturday Evening, November 1<sup>st</sup>, 5:00pm, at the Avalon**  
Sponsored by Boulder CMC Group

## Compass Ad Rates

\$245	full page
\$150	half page
\$90	quarter page
\$55	eighth page
\$45	business card 2x3"

- all ads need black and white version, (color can be used in e-Compass)  
- ads must be prepaid and in PDF or JPG format.  
- contact: [compass@cmcboulder.org](mailto:compass@cmcboulder.org)