Eight Graduate from 2009 BMS Ice Clinic

Eight enthusiastic students turned out for the BMS 2009 Ice Clinic. Six Volunteer instructors spent one evening introducing equipment and ice climbing techniques to the students in the clubroom. Two field trips were conducted in RMNP on January 17th and 18th. A great time was had by all! Graduating students were: Robert Hamlet, David Roederer, Will Hocket, Mark Prince, Lora Woods, Luther Birdzell, Jon Barr, and Todd Guth. Thanks to all of the volunteer instructors: Ted Handwerk, Irina Overeem, Doug Triggs, Alan Chudnow, Tom Woods, and clinic coordinator Kent Crites.

WeekDAY Activities

~submitted by Jean Aschenbrenner

Some people like outdoor activities during the week as opposed to the weekend. It’s less crowded. So how can you find others to share your fun during the week? There are few Boulder trips listed for weekdays. A group met to brainstorm about this. We learned that there are many groups that offer weekday activities. They vary in formality, group size, leadership styles and safety-consciousness. What role should Boulder CMC play? People felt that they trust CMC trips to be organized and have participants who are prepared and safety-conscious. We would like to see more weekday trips in the schedule, but maybe we need to create a community and proof-of-interest first. We decided on a slower start which will allow CMC members to hook up with each other. The quickest route was to create a Yahoo! Group. This private group will allow people to suggest activities to other members. For quick response trips (like a weather forecast for a beautiful day), a trip can be coordinated as a ‘wildcat’ trip without formal CMC blessing (not CMC sanctioned). Or a certified CMC leader can put a trip into the CMC online schedule and use the website to notify other group members. We do not know what the final form of this endeavor will look like, so we are currently open to trying any and all suggestions.

We hope that this initial communication tool will help create a trusting COMMUNITY of people who want to do activities during the week. We already have a fair number of trip leaders who plan to join, so it would be possible to request that a particular trip be offered in the CMC schedule. We have people who are interested in all sorts of outdoor activities.

WeekDAY_CMC is a private Yahoo! Group. You must be invited to join. If you would like to join, send an email to WeekDAY@cmcbooulder.org. Jean Aschenbrenner is the current moderator and can be contacted by using that address. A member can send an email to the whole group. If someone replies, the reply goes only to the person who originated the email. A member can also go to the website http://groups.yahoo.com/group/WeekDAY_CMC and view postings. You need a yahoo ID for this.

We will have a second meeting on Wed., March 11 (7-9pm) in the clubroom. Anybody interested is invited to join us. Participants should bring wine, beer, and/or snacks to share.

Attention Trip Leaders

Upcoming Trip Submission deadlines; March 15th for Spring/Summer activities August 15th for Fall/Winter activities

Attention All Members

There is a new online feature allowing you to add an emergency contact number to your profile. Please take a few moments to log onto your profile at www.cmc.org and add an emergency contact. You can also make any necessary changes to your profile and verify your email address to ensure that trip leaders have proper contact info for you as you sign up for trips.
Chair’s Report

The State Board passed a rule allowing 2 or 3 person participation in rock climbing groups to be counted as CMC trips. The Boulder Group will keep its 4 person minimum to qualify for a CMC trip.

The State Board agreed to withdraw from the library agreement between the CMC and the American Alpine Club. The library will still be open for free to all CMC members and for a small annual fee our members can continue to check books out of the library.

An Emergency Action Plan (EAP) has been created at the state level. You will find this plan at http://www.cmc.org/members/members_leader.aspx. You must sign in as a member first. This is our statewide plan to follow but can be modified by certain groups depending on size, capability, etc.

Respectfully submitted,
Dick Munro
Boulder Group Chair

Congratulations to New Trip Leaders!

We want to extend a congratulations to 2 new trip leaders – Jim and Beth Davis. They have both been approved as Ski Touring and Ski Mountaineering trip leaders. Jim owns his own company, which sells high protein snacks. Beth is the Executive Director of The Women’s Wilderness Institute. We’ve been told that the meals they bring on hut trips are amazing. Beth and Jim will carry food on a sled -- real dedication and a treat for others on the trip! We look forward to Jim’s and Beth’s trips! We encourage our members to become trip leaders. If you’re interested, go to www.cmcbooulder.org/trips.

March program:
Rock climbing at El Potrero Chico in Mexico March 10, 7pm

El Potrero Chico, “the little corral”, is a sport climbing area that’s an hour northwest of Monterrey, Mexico. There’s a multitude of single- and multi-pitch routes on limestone cliffs that rise up to 2000 feet above the valley floor. Join Brenda Leach, past Chair of the Boulder Group, as she shares photos and tips from her recent trip to El Potrero Chico. A Social Hour in the clubroom starts at 6pm so bring your favorite beverage and snack to eat or share.

Looking towards El Potrero Chico

Future Monthly Programs

April 14  The Best Boulder Hikes book release party, Jim Groh
May 12  Kurt Kunkle, Colorado Environmental Coalition, Colorado's Canyon Country Wilderness
June 9  Dave Sutherland, City of Boulder OSMP: The location of world class biodiverse hotspots in our OSMP.
July 14  Baruntse Expedition, Claudia Lopez
Aug. 11  Film: Climbing Annapurna IV, Ted Handwerk
Sept. 8  Kilimanjaro, Thomas Rockwood
Oct. 13  Members Claim 15 minutes of fame! - Open ‘mic’ night.
Nov. 7  Annual Dinner
Dec. 13  Christmas Potluck

Volunteer Opportunities!
To volunteer call the clubroom or email clubroom@cmcbooulder.org

Clubroom Hosts Needed
Clubroom Hosts are needed Monday through Thursday from 5-7 pm

Clubroom Open House
March 18, 7-8 pm New and prospective CMC members, join us. Experienced CMC members, share you enthusiasm and knowledge about hiking, camping, peak bagging, rock climbing, showshoeing or cross country skiing and more. You’re always encouraged to BRING A FRIEND! Contact Bernel Sawyer at ebsawyer@aol.com.

March 19 Mailing Party
Come to the clubroom and help mail out the March Compass. Drop in at 5:30 pm.

If you cannot understand that there is something in man which responds to the challenge of this mountain and goes out to meet it, that the struggle is the struggle of life itself upward and forever upward, then you won’t see why we go. What we get from this adventure is just sheer joy. And joy is, after all, the end of life. We do not live to eat and make money. We eat and make money in order to live. That is what life means and what life is for.

~George Leigh Mallory

Jim and Beth Davis
March 2009 Trips & Activities

Editor’s note: The following is a list of BCMC trips and events for the month. It is possible for trips to be changed or posted after this issue goes to press. Please check online for current trip status, to see club trip policies, or to learn about becoming a trip leader: cmcboulder.org/Trips.

To view trips online and register:

► Browse to www.cmc.org
► Login with your CMC member number and password. For first time users, the default password is your ZIP code.
► Click on “Trip Signup” in left margin
► Enter trip selection parameters (CMC group, date range, etc) & click Search
► To register, click Register
► For Boulder trips, you must contact the leader by phone (preferred) or email; for Denver trips, you may register online.
► Schools require previous signup. Info at www.cmcboulder.org

Tuesday, March 3
AT/Ski Mountaineering School
Lecture #1

Spring Schools Signups
Come find out about the Spring 2009 Boulder Mountain Schools. 6:30pm CMC Boulder Clubroom. This is your first opportunity to sign up for all schools. Info at www.cmcboulder.org Roger Linfield 303-530-1815 rlinfiel@ball.com

Friday, March 6
Ice Climb
Ice climbing location TBD. Ice climbing lecture, field trip, and BMS are prereqs for this trip. Thomas Walker 303-666-7199 tmwalkerco@comcast.net Warren Bradshaw 303-859-6083 brad@bajabb.com

Saturday, March 7
Peaceful Valley Easy II Ski Tour
Casual pace, Green downhill
Oriented towards recent cross country ski school graduates, we will ski the gentle Peaceful Valley Road to a scenic little meadow with views of Saint Vrain Mountain and then enjoy the return run out. Register with leader (9AM to 9PM only). Miles:6 Gain:600 Leader:Steven Haymes 303-444-4765

Monday, March 8
Vail Pass to Shrine Mountain to Red Cliff Mod. II Ski Tour, Black Downhill
Don’t let the Moderate rating fool you. The 1900 foot tree and powder run off of Shrine Mountain includes some steep, tight and technical sections of Black Downhill some of which may be re-climbed. Continue out to Redcliff for a car shuttle pick-up. Strong telemark/downhill skills, climbing skins and avalanche gear required. After-ski dinner to avoid the traffic. Limit 7. Register with leader (9AM to 9PM only). Miles:10 Gain:1200 Topos:Vail Pass, Redcliff Leader:Steven Haymes 303-444-4765

Sourdough Trail Mod. II Ski Tour
Take Sourdough trail S to Wapati and Baptiste trails and return on Sourdough. Miles:6 Gain:1500. Steve Priem 303-499-0577 s.priem@yahoo.com

Tuesday, March 10
AT/Ski Mountaineering School:
Lecture #2

Friday, March 13
CMC/South Trail Easy II Ski Tour
We’ll ski both in and out the easy South Trail. Miles:6 Gain:400’ Leader: Thomas Walker 303-666-7199 tmwalkerco@comcast.net Warren Bradshaw 303-859-6083 brad@bajabb.com

Dome Rock Climb I Climb 5.5
Climb the Disappearing Crack. One pitch with a 5.6 start. Bruce Immele 303-903-4517 bimmele@msn.com

Saturday, March 14
AT/Ski Mountaineering School
Field Trip #1

Sunday, March 15
Atlantic peak (13,841) Moderate C-E
From Breckenridge, snowshoe up Mayflower Gulch past treeline. Then gain the narrow ridge to the summit. Snowshoes, ice axe, and cold weather gear required. Miles:8 Gain:2800 Topos:Breckenridge, Copper Mountain Leader:Jack Zuzack 303-447-8898 jackzuzack@yahoo.com

Tuesday, March 17
CMC/South Trail Easy II Ski Tour

We’ll ski both in and out the easy South Trail. Since it is St. Patrick’s day, you will need to wear green to ski with us. Miles:6 Gain:400. Tom Walker 303-666-7199 tmwalkerco@comcast.net Mary Walker mawalkerco@comcast.net

AT/Ski Mountaineering School
Lecture #3

Saturday, March 21
Spearhead Mtn (11244) Diff. Snowshoe Off Trail
Start at the Threemile Creek trailhead and hike/snowshoe up Threemile Creek for about 3 miles. Then bushwack up the north ridge to the summit. Miles:7 Gain:2367 Topos: Mt Evans, Mt Logan Phillip Congdon 303-926-1408 pcfirefly@gmail.com

Big Thompson Canyon Top Roping
It’s spring! Experience some great but lesser known topropes in the Big Thompson Canyon west of Loveland. Will start at Cyclops and move on to Practice Rock if time permits. 5.6-10 range. Gary Schmidt 970-481-1048 gsch@frii.net

Sunday, March 22
Brainard Lake Moderate Snowshoe
Check out the snow shoe trail to the cabin at Brainard Lake and beyond if time and group allow. Miles:6 Gain:600 Bruce Immele 303-903-4517 bimmele@msn.com

Tuesday, March 24
Hiking 1 School Lecture #1

Friday, March 27
CMC South/Little Raven Trail
Mod. II Ski Tour
We will ski to the cabin up the CMC south trail. After hot tea, zip back down via the Little Raven Trail. Miles:7 Gain:500 Leader: Tom Walker 303-666-7199 tmwalkerco@comcast.net Warren Bradshaw 303-859-6083 brad@bajabb.com

Saturday, March 28
AT/Ski Mountaineering School
Field Trip #2

Tuesday, March 31
Hiking 1 School: Lecture #2

Wednesday, March 25
American Alpine Institute’s
Zugspitze in Spring (Climbing, Hiking, Cross Country Skiing)
Pamela and Frank DeMayer will discuss the plans for their spring tour to the Zugspitze in Germany. 7:30pm CMC Boulder Clubroom. Pam DeMayer 970-824-5533 frank@zgspitze.com

Thursday, March 26
TBA
**Tips and Techniques: Area Closures**

Each winter certain crags and their surrounding areas are closed to protect raptor nesting. The rangers in these districts appreciate our compliance with such closures and it is important for members to be aware of them. Below is a list of closures in popular climbing areas around Boulder County. To view a complete list or for more information visit [www.bouldercolorado.gov](http://www.bouldercolorado.gov), [http://www.fs.fed.us/r2/arnf/index.shtml](http://www.fs.fed.us/r2/arnf/index.shtml) or [http://parks.state.co.us/Parks/EldoradoCanyon/ParkActivities/RockClimbing/](http://parks.state.co.us/Parks/EldoradoCanyon/ParkActivities/RockClimbing/)

The following closures are in effect from February 1st to July 31.

**Eldorado Canyon**
- The Naked Edge (last 3 pitches)
- The Diving Board, Centaur
- Redguard (last 3 pitches)
- Red Ant, Semi-Wild
- Anthill Direct (last 3 pitches)
- The Sidetrack

**Boulder Canyon**
- Blob Rock
- Bitty Buttress
- Security Risk Crag
- Eagle Rock

**Flatirons/Boulder Mountain Parks & Open Space**

- Gregory Canyon Amphitheater: *Amphitheater Express Trail and the 3rd Pinnacle*
- Skunk Canyon/Sacred Cliffs: *Skunk Canyon, Ridge 2 and all areas west of Ridge 2; Sacred Cliffs, south rib of Green Mountain*
- North side of Fern Canyon: *(Fern Canyon Trail is open): East Ridge, Nebel Horn Ridge, The Goose, Goose Eggs*
- 3rd Flatiron: *All routes, including: The Descent Trail, Queen Anne’s Head, W.C. Field’s Pinnacle, 1911 Gully, The Ghetto, The East and West Ironing Boards, The Fin, Green Thumb, and Jaws are closed.*
- Shadow Canyon: *Diamond Head: The Matron: all areas within 1/4 mile radius, the entire Devil’s Thumb Ridge, Towers of the Moon, Elephant Rock, Jamcrack Spire and Diamond Head. The Maiden is OPEN to climbing with access from the EAST side only.*
- Mickey Mouse Wall: *All routes are closed*

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**Compass Ad Rates**

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- *all ads need black and white version, (color can be used in e-Compass)*
- *ads must be prepaid and in PDF or JPG format.*
- *contact: compass@cmcboulder.org*

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**Reserve or Rent the Clubroom!**

If you have a CMC EVENT where you need to use the clubroom, remember to reserve it first. Go to [www.cmcboulder.org/calendar.html](http://www.cmcboulder.org/calendar.html) to check the schedule.

If you have a NON-CMC EVENT, you will need to rent the clubroom. See our rental policy at [www.cmcboulder.org/clubroomPolicy.html](http://www.cmcboulder.org/clubroomPolicy.html). We have audio-visual projection, seating for about 60, kitchen, wireless internet connectivity and the best room rates in town!

For info or to request your reservation: [clubroomreservations@cmcboulder.org](mailto:clubroomreservations@cmcboulder.org)