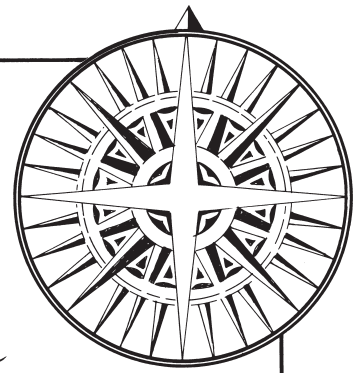




Compass

THE BOULDER GROUP NEWSLETTER



Volume XXV Number 7

July 2009

In This Issue

Member Profile: Irina Overeem

Board of Director Positions

Profile: Bruce Immele

Program: Baruntse Expedition

WeekDAY Activities

Club Member Profile: Irina Overeem

Irina Overeem, originally from the Netherlands, brings her talent and expertise to the Boulder CMC as a rock leader, ice instructor, and co-director of Boulder's Alpine Rock School. She began climbing and skiing in 1988 with the Dutch Alpine Club because of her love for the mountains, for things that are wild and being close to the rock. Since there are no crags in the Netherlands, she learned sport climbing in France and acquired her alpine skills in the French and Swiss Alps. She remembers how 'French and Italians get really friendly if a girls' rope team shows up!'



Irina moved to Colorado and to the Rocky Mountains when she had the opportunity to work for the Institute of Arctic and Alpine Research at the University of Colorado. She began climbing with the CMC in 1999 and has been with us ever since! Below, in her own words, Irina describes her recent climbing trip to Alaska's Ruth Gorge with her climbing partner, Sarah.

Flying into the Ruth Gorge, the largest glacier draining down from the Denali Massif, it could not be more evident that this is one of the reasons why I climb! We fly incredibly close to the beautiful, steep granite headwalls of the Gorge. We have close views of immense crevasses, piled-up cornices and the north faces of Mount Dickey and Mount Barill plastered in fresh snow. It is the most incredible alpine scenery I have ever seen.

It's early May, 2009, and everything looks to be in full winter conditions, at least to the eyes of an alpinist from Colorado. Sarah and I are being dropped off in the Rooth Canal glacier. We have trained all winter in Rocky Mountain National Park, on Mount Lincoln, in Cody and around Vail to be prepared for long snow and ice climbs in the Alaskan Range. We have picked 'Ham and Eggs' as our main objective. It has 17 pitches of technical mixed ice climbing in a couloir that splits the granite face of the Moose's Tooth. The route really challenges us. During our first attempt, we encounter a fire hose of spindrift. I climb through one of the short steep ice pitches lower down with snow continuously pummeling on my hood and helmet. Looking up to find the tool placements is cold and painful, and it is scary to blindly swing the tools. Luckily I do have some rock protection and two screws

placed before I pull over the final bulge. Two more pitches of easier terrain and we have a good view of the crux pitch. It is a continuous waterfall of spindrift. We both agree that today is not the day for this climb. Instead we end up rescuing an injured climber who fell on the same pitch that I thought so scary. He had not placed any protection, and fell maybe 100 feet. Luckily, he only had a broken ankle. We simul-rappel down with him. It feels really good to be able to help when it is really needed! The next day we climb 'Ham and Eggs' in a little less than 20 hours. There is a lot of technical ice and some mixed climbing on it. The ice is maybe rated WI4, but it is thin and rotten in many places, which really made for dangerous and heady leads. The climb is long, almost 3000 feet. All exhaustion is easily forgotten when you can gaze through the entire Ruth Gorge and its jagged peaks and ominous north faces, and see Denali towering in the far distance. We are thrilled with our accomplishment. Alaskan conditions are seriously alpine and both Sarah and I feel we had to give it our best. All this together is why I climb - the friendship, the intensity of feelings, the focus needed for the leads and the fierce landscape!



above: Irina doing a sled pull in Alaska
left: Irina at Loch Vale, RMNP

CMC Board of Director Positions

Nominations and applications are being sought for the CMC Board of Directors to fill five positions for three-year terms starting January 2010. The Club is looking for candidates whose qualifications and expertise include business experience, development, strategic planning, group and/or state level CMC involvement, experience in membership organizations, financial experience, leadership service, outdoor activity involvement, and other nonprofit board experience.

The deadline for applications is August 15, 2009. If you are interested, please contact John Raich, Chair, Nominating Committee, 970-482-8977, jraich@lamar.colostate.edu for nominations, applications, and additional information.



Flowers of the Alpine Tundra

Instructor: Joyce Gellhorn

Dates: Lecture Thursday Evening July 16, 2009 from 6:30 pm to 9:30 pm
Field Trip Friday July 17, 2009 from 8:00 am - 3:00 pm

Cost: \$ 60 for the two sessions; BCNA members \$ 10 discount

Register: Contact Joyce Gellhorn, (303) 442-8123 or jggellhorn@mac.com

Monthly Program: Baruntse Expedition presented by Claudia Lopez Tuesday, July 14, 7pm

Join CMC member Claudia Lopez as she shares photos of recent climbing adventures around the world. Social hour begins at 6 pm. Bring a drink or snack to share.

Trip Leader Profile: Bruce Immele

This month, we'd like to highlight one of the Boulder Group's most dedicated trip leaders – Bruce Immele. Bruce leads A/B and C/D hikes, Group I rock climbs and ski touring trips. He joined the CMC in the late 1980s and started leading trips shortly after that. Bruce has always liked organizing trips for outdoor activities. He likes the social aspect along with meeting new people since most people he meets through the CMC are friendly and like-minded when it comes to the outdoors. Bruce believes it's rewarding to take people out into the woods who may not venture there on their own. One of his most memorable trips was a hike/scramble up the Tangen Tunnels route in the Flatirons. Bruce led it one spring with Jim Groh and it had snowed a few days before. They thought they'd still be able to do it. As Jim was chopping some steps in the ice ramp, he mentioned that maybe this wasn't a B hike anymore. Bruce agreed... We encourage our members to become trip leaders. If you're interested, go to www.cmcboulder.org/trips.

~submitted by Brenda Leach



Bruce Immele leading one of his ski touring trips.

Future Monthly Programs

- Aug. 11** Film: Climbing Annapurna IV, Ted Handwerk
- Sept. 8** Kilimanjaro, Thomas Rockwood
- Oct. 13** Members Claim 15 minutes of fame! - Open 'mic' night.
- Nov. 7** Annual Dinner
- Dec. 13** Christmas Potluck

Volunteer Opportunities!

To volunteer call the clubroom or email clubroom@cmcboulder.org

Monthly Program Director is needed for the Boulder Group, Contact Nickie Kelly 303-579-9629

Clubroom Hosts Needed

Clubroom Hosts are needed Monday through Thursday from 5-7 pm

Clubroom Open House

July 15, 7- 8 pm New and prospective CMC members, join us. Experienced CMC members, share your enthusiasm and knowledge about hiking, camping, peak bagging, rock climbing, showshoeing or cross country skiing and more. You're always encouraged to BRING A FRIEND! Contact Bernel Sawyer at bsawyer@aol.com.

July 23 Mailing Party Come to the clubroom and help mail out the March Compass. Drop in at 5:30 pm.

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Subscribe to GPS e-newsletter:
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Clubroom hours: Mon. -Thurs., 5 to 7 pm

Clubroom Telephone: 303-554-7688

CMC information: bcmc@cmcboulder.org

Website: cmcboulder.org

e-Compass subscription: cmc.org → login → Personal Data → e-newsletters

We welcome announcements, articles, letters, artwork, and photos, especially from recent CMC trips and events.

July 2009 Trips & Activities

Editor's note: The following is a list of BCMC trips and events for the month. It is possible for trips to be changed or posted after this issue goes to press. Please check online for current trip status, to see club trip policies, or to learn about becoming a trip leader: cmcboulder.org/Trips.

To view trips online and register:

- ▶ Browse to www.cmc.org
- ▶ Login with your CMC member number and password. For first time users, the default password is your ZIP code.
- ▶ Click on 'Trip Signup' in left margin
- ▶ Enter trip selection parameters (CMC group, date range, etc) & click Search
- ▶ To register, click Register
- ▶ For Boulder trips, you must contact the leader by phone (preferred) or email; for Denver trips, you may register online.
- ▶ Schools require previous signup. Info at www.cmcboulder.org

Wednesday, July 1

After Work Social Hike, Casual pace
Don't call, just show up before 6pm at clubroom.
Steven Haymes 303-444-4765

Wednesday, July 8

After Work Social Hike, Casual pace
Don't call, just show up before 6pm at clubroom.
Marilyn Fellows 303-499-6099
Marilyn@Gracie-Realty.com

Alpine Rock School Lecture #2

Walk in the Park, I Climb, 5.5
Bruce Immele 303-903-4517
bimmele@msn.com

Saturday, July 11

Best Boulder Hikes, Heart Lake
Terry Hardie 303-499-0210
tnjhardie@msn.com

Mt Evans & Mt Spaulding
Eric Brehm 303-664-5912
eric_brehm@comcast.net

Indian Peak Classic Series: Paiute Peak
Gary Schmidt 970-481-1048
gsch@frii.net

Alpine Rock School Field Trip #3

Cob Rock, Boulder Canyon, 5.7
Brenda Leach 303-525-3660
brenda_leach@yahoo.com

Sunday, July 12

Butler Gulch, Wildflower hike
Patricia Butler 303-440-0586
butler@csd.net

Bob, Betty and Woodland Lakes Loop
Steven Haymes 303-444-4765

Kors Flake, II Climb, Sundance Trilogy Part 1, 5.7, Lumpy Ridge
Larry Pedigo 303-960-8627
larry_pedigo@yahoo.com

Wednesday, July 15

After Work Social Hike, Casual pace
Don't call, just show up before 6pm at clubroom.
Deb Tewell 720-304-9572
dtewell@worldnet.att.net

Friday, July 17 – July 19

Backpacking School (2-night option),

Saturday, July 18

Best Boulder Hikes: Walker Ranch Loop
Brenda Leach 303-525-3660
brenda_leach@yahoo.com

Mt Tieson & Bighorn Mtn., Easy Ski
Phil Congdon 303-926-1408
pcfiredly@gmail.com

Sunday, July 19

Twin Sisters Peak
David Longenecker 303-440-7023
David.U.Longenecker@gmail.com

Monday, July 20

Jurassic Park Top Roping, 5.7
Gary Schmidt 970-481-1048 gsch@frii.net

Wednesday, July 22

Climb in Eldo, 5.7
Amy Slaymaker 720-530-6703
amyslaymaker@yahoo.com

Saturday, July 25

Best Boulder Hikes: Arapahoe Pass & Caribou Pass
Marilyn Fellows 303-499-6099
Marilyn@Gracie-Realty.com

Indian Peak Classic Series: Meadow Mtn. & St. Vrain Mtn.
Gary Schmidt 970-481-1048
gsch@frii.net

Sunday, July 26

Best Boulder Hike Series: Diamond Lake

Anya Byers 703-350-1645
anyabyers@cmc.org

Wednesday, July 29

After Work Social Hike, Casual pace
Don't call, just show up before 6pm at clubroom.
Karen Baldwin 303-420-8162
karenbaldwin@hotmail.com

Best Boulder Hikes: Pawnee Pass
Caryl Shields 303-665-6312
buchloe111@aol.com



Rick Casey belays Claudia Lopez on Shimmer at Blob Rock
photo by Brenda Leach

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WeekDAY Activities

Are you looking weekDAY activities? WeekDAY Warriors, a focus group of Boulder CMC, can help you find them. The WeekDAY Warriors meet once a month, usually a Thursday, to socialize and connect with others who want to hike, climb, ski, snowshoe or whatever on weekdays. We welcome new members. We hope to increase the opportunities for weekDAY activities in three ways. We have a yahoo group,

WeekDAY_CMC, that we use to communicate. Members of this group can initiate an activity by sending an email to weekday_cmc@yahoo.com and it goes to all the group members. (These are not official CMC activities and thus do not require that you be an official CMC leader.) Anyone interested in participating responds to the initiator and plans are finalized. Next, a CMC trip leader might put a weekDAY trip into the CMC schedule and send a note to the yahoo group members, encouraging them to sign up. Finally, some people meet others at the monthly gathering and they just plan to go out together. Our next meeting is Thursday, July 16 7-9 pm in the Boulder CMC Clubroom. Please bring a drink or snack to share. If you have questions or would like to join the yahoo group, send an email to: weekday@cmcboulder.org. You must be a CMC member to join.

~submitted by Jean Aschenbrenner



BRS student Adam Maerz carefully maneuvers into position on Rappel Day, Spring 2009 BRS photo by Alan Chudnow

Reserve or Rent the Clubroom!

If you have a CMC EVENT where you need to use the clubroom, remember to *reserve* it first. Go to www.cmcboulder.org/calendar.html to check the schedule.

If you have a NON-CMC EVENT, you will need to *rent* the clubroom. See our rental policy at www.cmcboulder.org/clubroomPolicy.html. We have audio-visual projection, seating for about 60, kitchen, wireless internet connectivity and the best room rates in town!

For info or to request your reservation: clubroomreservations@cmcboulder.org

Compass Ad Rates

\$245	full page
\$150	half page
\$90	quarter page
\$55	eighth page
\$45	business card 2x3"
- all ads need black and white version, (color can be used in e-Compass)	
- ads must be prepaid and in PDF or JPG format.	
- contact: compass@cmcboulder.org	