The Compass Is Going Green!
Beginning in November, the Compass will be published in its electronic version only (the e-Compass). The decision was based on the substantial cost of printing the newsletter and will align with the club’s conservation efforts to reduce paper production. The Compass will be sent to your email each month. Also, current and past Compass issues are always available on the Boulder CMC website. If you have not already done so, please sign up to receive the e-Compass by following the steps below.
1. Login to cmc.org
2. Click ‘Personal Data’ in left panel.
3. Ensure your email is correct.
4. Scroll to bottom. Click ‘Go Paperless’
Questions: chair@cmcboulder.org

Årestua Hut Gets A Face Lift
August 1st was an epic day as a team of 11 volunteers carried cedar siding and a new window up from Yankee Doodle Lake to the Årestua Hut. Steve Priem, Matt Phillips and Matt Myers did a beautiful job of installing the siding and window on the east facing, sun-baked side of the hut. For those who are not familiar with the Årestua Hut (Guinn Mountain Cabin) here is a little history given to me by the original builder of the hut, Ingvar Sodal. By 1968, ski touring in Boulder had started to take hold, and there was a growing need for ski trails and destinations for ski tours. Ski trails were already established from Red Rocks Lake to the Brainard Lake Cabin. The Pfiffner Hut by Hart Lake, completed a few years earlier, provided a nice destination point for a ski tour starting at East Portal. The idea for another ski hut in the Jenny Creek/Rollins Pass area with a starting point at Lake Eldora was explored by ski touring CMC members. In 1969 the Public Service Company built a gas pipeline between the Western Slope and the Boulder-Denver area. The line was laid from Winter Park over Rollins Pass and down through the Lake Eldora ski area. This meant that for the summer of 1969 there would be a construction road that could be used to bring materials for a ski hut into the area near Rollins Pass. CMC ski touring members made plans for constructing a new hut for ski touring during the summer of 1969. Most of the materials were donated by Kaibab Lumber Company, and the Boulder Group of the CMC put up the money for construction. A friendly Forest Service ranger in Boulder, a cross country skier himself, facilitated the approval process. Preparatory work with the foundation and assembling of building materials started in the early part of the summer. The hut was built during two large work parties over two weekends where more than 30 people participated each day, and a few people spent Labor Day weekend doing inside finishing work. By the time the first snow of 1969 flew, the Årestua hut was ready for use, although improvements continued to be made over the next couple of years. Over the next couple of decades the hut was maintained by Ingvar himself. Later Steve Priem, Otto Verdoner, Jim Bock, Dale and Christi Greenwood and Dave Robertson assumed maintenance responsibilities. The hut is open for all who wish to use it, and no reservations are required. However there is an informal reservations calendar now in place, but it will remain a first come, first served hut. Usage of the hut has been up this year from previous years and we would like to see this trend continue. If you plan on staying overnight at the Årestua Hut please send an email to arestuahut@gmail.com. Also volunteers are needed for the annual work party on September 19th.

~submitted by Mark Buchanan
Chair’s Report
I hope you all enjoying summer in the mountains after a long prolonged spring. One benefit is that the wildflowers have been out in full force. Currently, the State Board is reviewing dues. Their initial recommendation is for an increase in state-level dues, but only for cost of living since the last time they were raised in 2004. That amounts to about $6 for a regular membership (about $1 per year). There are also several other proposed changes to membership categories and rates as compared to the regular membership. I will keep you posted as the state study progresses. If you have any comments, please send them to me at chair@cmcboulder.org.

Looking forward to the next few months, our Annual Dinner is scheduled for the night of November 7. So please reserve this date on your calendar. Our fall schools start the first part of September and we are finishing up leading all the hikes described in the CMC publication “The Best Boulder Hikes” – all 20 of them.

Respectfully submitted,
Dick Munro
Boulder Group Chair

New Trip Leader
We want to extend a congratulations to Mike Anstett for becoming a new Ski Mountaineering trip leader! Mike moved to Colorado in 1986 and joined the CMC in 2004. He was attracted to the CMC for its wide range of challenging mountaineering activities. Mike took BMS and then the Ski Mountaineering School was a goal for him to complete. Mike has been on a lot of very enjoyable CMC ski trips. Quandary Peak has been one he’s really enjoyed, every time he’s done it. Those tele turns down through 10 inches of powder make for a perfect day! All the wonderful people Mike’s met on the trips made the experience even better. For members who are considering taking some of the courses offered by the Boulder Group, Mike says “Go for it! The CMC courses are top notch. The people involved with the schools have a passion for their sport and they love sharing that with their students. It is a great opportunity to tune or acquire new skills. There is a great camaraderie between the instructors and the students.” Mike is also working towards becoming a Group I rock trip leader. We look forward to Mike’s trips! We encourage our members to become trip leaders. If you’re interested, go to www.cmcboulder.org/trips.

Upcoming Classes

Fall Alpine Rock School
Lectures on 8/26 and 9/2; Field Trips on 8/29, 8/30 and 9/12 (or 9/13). Contact Ted at ars@cmcboulder.org.

CPR - Wednesday, Sept. 9
The course will be held from 6-10pm. The cost is $15. Email Cindy at safety@cmcboulder.org for more information.

Wilderness First Aid
Sunday, Sept. 13
The course will be held from 8am-6pm. The certification is through the American Safety and Health Institute which is valid for 3 years and recognized internationally. $75 includes books, handouts and references cards. Email Cindy at safety@cmcboulder.org for more information.

Trip Leadership Seminar
Thursday, Sept. 17
A free seminar, offered from 6:00-10:00pm at the Boulder Group Clubroom. In addition to attending this lecture, there will be some on-line training you must complete prior to Sept 17. Please send an email to Cindy at safety@cmcboulder.org to sign up.

Volunteer Opportunities!
To volunteer call the clubroom or email clubroom@cmcboulder.org

Boulder Vice Chair
A nominations committee is looking for an experienced club member for the position of Boulder Council vice-chair. The recommended candidate would be presented to the membership for a vote at the annual dinner in November. If you are interested in this position or know of someone you think would like to serve the club in this capacity, please contact John Fernandez at vicechair@cmcboulder.org or 303-726-5189.

Clubroom Hosts Needed
Clubroom Hosts are needed Monday through Thursday from 5-7 pm

Clubroom Open House
September 16, 7-8 pm New and prospective CMC members, join us. Experienced CMC members, share you enthusiasm and knowledge about hiking, camping, peak bagging, rock climbing, showshoeing or cross country skiing and more. You’re always encouraged to BRING A FRIEND! Contact Bernet Sawyer at ebsawyer@aol.com.

September 24, Mailing Party
Come to the clubroom and help mail out the October Compass. Drop in at 5:30 pm.

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Editor’s note: The following is a list of BCMC trips and events for the month. It is possible for trips to be changed or posted after this issue goes to press. Please check online for current trip status, to see club trip policies, or to learn about becoming a trip leader: cmcboulder.org/Trips.

To view trips online and register:

► Browse to www.cmc.org
► Login with your CMC member number and password. For first time users, the default password is your ZIP code.
► Click on ‘Trip Signup’ in left margin
► Enter trip selection parameters (CMC group, date range, etc) & click Search
► To register, click Register
► For Boulder trips, you must contact the leader by phone (preferred) or email; for Denver trips, you may register online.
► Schools require previous signup. Info at www.cmcboulder.org

Tuesday, September 1

Hiking 1 Lecture, Wilderness Survival
Janine Fugere 303-564-9702
janine_fugere@yahoo.com

Wednesday, September 2

Alpine Rock School Lecture
Ted Handwerk ars@cmcboulder.org

After Work Social Hike, Mod. A, Casual
Steven Haymes 303-444-4765

Thursday, September 3

Hiking 1 Lecture, Wilderness Survival

Tuesday, September 8

Basic Rock School Lecture
Steve Poulser 303-258-7552

Wednesday, September 9

After Work Social Hike, Mod. A, Casual
Marilyn Fellows 303-499-6099
Marilyn@Gracie-Realty.com

Thursday, September 10

WeekDAY Warrior Gathering Special
Jean Aschenbrenner 303-786-9411
jeanasch@hotmail.com

Saturday, September 12

Alpine Rock School Field Trip

Brainard Cabin Work Party
6-8 people are needed to stain the outside of the Brainard Cabin.
jasonkintzel@gmail.com

Indian Peaks Classic Series
Moderate D, Sawtooth Mtn
Phil Congdon 303-926-1408
pcfirefly@gmail.com

Hiking 1 Wilderness Survival Field Trip

Rewritten 5.7, II Climb
John Fernandez 303-726-5189
jfasterix@gmail.com

Sunday, September 13

Alpine Rock School Field Trip

Mainliner 5.9, III Climb
Sundance Trilogy Part Three
Larry Pedigo 303-960-8627
larry_pedigo@yahoo.com

Tuesday, September 15

Basic Rock School Lecture

Friday, September 18

3rd Flatiron East Face, 5.4, I Climb
Bruce Immele 303-903-4517
bimmele@msn.com

Saturday, September 19

Supremacy Rock, Top Roping in Eldo
Mary Walker 303-666-7199
mawalkerco@comcast.net

Saturday, September 19–September 20

Brainard Cabin Annual Work Party
Jason Kintzel 303-776-1218
cabins@cmcboulder.org

Basic Rock School Field Trip

Tuesday, September 22

Hiking 2 Lecture, Navigation & Route Finding

Wednesday, September 23

After Work Social Hike, Mod. A, Casual
Rada Perovic 303-985-3263 rada-perovic@msn.com

Friday, September 25

3rd Flatiron East Face, 5.4, I Climb
Bruce Immele 303-903-4517
bimmele@msn.com

Saturday, September 26

Supremacy Rock, Top Roping in Eldo
Mary Walker 303-666-7199
mawalkerco@comcast.net

Saturday, September 26–September 27

Brainard Cabin Annual Work Party
Jason Kintzel 303-776-1218
cabins@cmcboulder.org

Basic Rock School Field Trip

Tuesday, September 29

Hiking 2 Lecture, Navigation & Route Finding

Wednesday, September 30

After Work Social Hike, Mod. A, Casual
Karen Baldwin 303-420-8162
karenbaldwin@hotmail.com

Future Trips and Activities

Death Valley Hiking, 2/28-3/5, 2010
Enjoy the beauties of Death Valley next spring. During the week you will visit the park Visitor Center and Museum, conduct several A or moderate B hikes as well as visit Scotty’s Castle. Costs are $998 including transportation to and from Las Vegas airport, hike transportation, lodging, meals. Non-refundable deposit due 9/15. For more information contact Terry Hardie tnjhardie@msn.com or Sharon Silva ssilva@q.com
Monthly Program: Colorado Canyon Country Wilderness Wilderness
Tuesday, September 8, 7pm
(rescheduled from April)
Enjoy a photo journey with Kurt Kunkle (head of Colorado Environmental Coalition’s Mapping Project) through the treasures of Colorado’s canyon country, hidden red rock canyons, scenic river corridors and superb wildlife habitat and learn about the efforts to protect these unique places and help save them! A social hour in the clubroom starts at 6pm so bring your favorite beverage and snack to eat or share.

November 7, Annual Dinner
This will be a potluck dinner held at the Avalon Ballroom. Val Hovland will present the documentary film she made of her successful ascent of Mt. Everest! She will share her perspectives on climbing through the icefall, up the Lhotse face, over the Hillary Step, as well as stories of dealing with the Chinese-imposed restrictions on the mountain that year. Expect a fun-filled evening and a great opportunity to mingle with your CMC friends. Save the date!

2009 High Altitude Mountaineering Seminar
The High Altitude Mountaineering Section of the Denver Group will present this seminar consisting of six sessions on consecutive Wednesday nights beginning October 7, from 7:00 p.m. to approximately 9:30 p.m. Attendance of the seminar is a prerequisite for admission to the High Altitude Mountaineering School. Experienced climbers will present lectures on topics as diverse as organizing an expedition, fitness and conditioning, nutrition and menu planning, high altitude and cold weather medical issues, and group dynamics. Mountaineering slide shows from around the world will be featured to complement and expand upon the lecture topics.

To register call the CMC office, sign up online with your credit card, or send your name, address, phone number, and check made out to “CMC” to the CMC office. Please note “HAMS Seminar” on your check. For more information, contact either Margaret Turner at paskatum@msn.com or Michele Graves at hikinggirl@me.com.

Reserve or Rent the Clubroom!
If you have a CMC EVENT where you need to use the clubroom, remember to reserve it first. Go to www.cmcboulder.org/calendar.html to check the schedule.

If you have a NON-CMC EVENT, you will need to rent the clubroom. See our rental policy at www.cmcboulder.org/clubroomPolicy.html. We have audio-visual projection, seating for about 60, kitchen, wireless internet connectivity and the best room rates in town!

For info or to request your reservation: clubroomreservations@cmcboulder.org

Compass Ad Rates

| $245 | full page |
| $150 | half page |
| $90  | quarter page |
| $55  | eighth page |
| $45  | business card 2x3” |

- all ads need black and white version, (color can be used in e-Compass)
- ads must be prepaid and in PDF or JPG format.
- contact: compass@cmcboulder.org