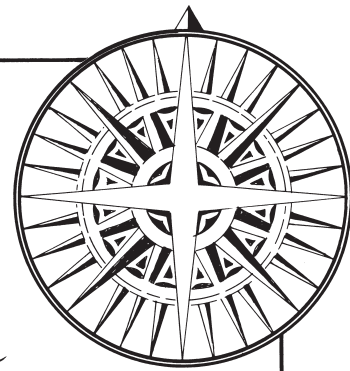




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THE BOULDER GROUP NEWSLETTER



Volume XXVI Number 4

April 2010

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Editor's Note

First, my apologies for the late delivery of this issue. It's been rather a hectic month for me, but there were other contributing factors that held up the completion of this issue. Nonetheless, I hope this gets out to you in time for it to be of service. I would also comment too, that with the strictly online publishing medium, I will be taking liberties with the formatting of content, and may not always have the content "even out," so to speak, since there is no longer the need to fit with a print format.

There were a couple of trip date changes since last month that I know of, so always check the online trip offerings to keep up to date with them. And to all Trip Leaders: there was a good response to the Outings Chair's, Gary Schmidt, call for more trips last month. As this issue is published, I count 14 trips for this month, but three of those are classes and four are social hikes, leaving just seven outings I would consider "trips." I think the Boulder Group has the potential to

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Rock Leading School - 2010

The 2010 Rock Traditional Leading School is coming up! In this school, we will cover the safe and effective use of natural and artificial protection, construction of simple and complex anchors during multi-pitch climbs, and other skills needed of a traditional rock climbing leader. Students will also practice safe and efficient construction of belay anchors and discuss route finding and lead rack management. Pre-requisites for this class are CMC Basic Rock School or its equivalent. Sign-up preference is given to current and aspiring CMC co-leaders and leaders.

You must be able to attend all meetings of the school. If you miss even one, everyone is affected. The dates of the school are:

- Introductory lecture: Wednesday, June 2nd at 7:00 PM, CMC Clubroom (next to Neptune Mountaineering)
- Field trip #1: Saturday, June 12th, all day, location to be determined by instructor
- Field trip #2: Saturday, June 19th, all day, location to be determined by instructor
- Field trip #3: Saturday, June 26th, all day, location to be determined by instructor

Contact Clint Locks for more information at rockleadschool@comcast.net

Field Trip descriptions

Traditional Rock Leading School
Introductory Lecture

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Arēstua Hut In Good Shape

We have it on good report from the the Arēstua Hut hutmeister, Mark Buchanan, that it is in great shape and awaiting visitors!

For those not aware, the Arēstua Hut lies at about 11,000', located about 3 miles west, and 2,000' higher, of the Eldora ski area via USFS trails. The trail starts at the ski area, near the Nordic Center. (The Eldora ski area is not to be confused with the town of Eldora, about two mile north down the main road.) In winter, the trail up to the hut is a challenging, hilly intermediate cross-country ski, or an invigorating snowshoe hike, through dense forest on a well marked trail.



The new sleeping pads guarantee a good night's rest (Mark Buchanan)

The hut is open on a first-come, first-serve basis, and is always unlocked. Smaller than the Brainard Lake CMC Cabin, the Arēstua hut sleeps about six comfortably, and a few more in a pinch if you bring your own sleeping pads. This winter, there were three new sleeping pads delivered to the cabin, as shown here. The cabin is maintained by volunteers on the Cabins Committee, and

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Chair's Report

I just returned from a climbing trip in Red Rocks, Nevada. I didn't see so many CMC'ers this time around. Is that a sign of the economy? Checking my emails, I see that former Boulder Group member Jim Illg says he'll be returning to our fair valley this summer. Jim is a NOAA sea captain who will be enjoying his second "shore duty" tour here hobnobbing with the real scientists who abound in these parts. And upon completion of this last assignment, Jim plans on retiring to embark on a new career as a fulltime rock climber and CMC trip leader. Even better, Jim has offered to become the Compass editor beginning this July -- welcome news to Rick Casey who continues to pull double duty for the club as webmaster and his own second tour as Compass editor. Jim -- it will be great to have you back and thanks for volunteering to help the club!

Jim's email also contained one of those news stories that sends shivers down an outdoor enthusiast's spine. It involves Red Rocks, a climber's haven and national recreation area just over the hill from Las Vegas. That hill is known as Blue Diamond Hill and it literally has separated a world-class natural area from the sprawl and glitter of the Las Vegas valley. The news is that the Clark County Commissioners have struck a deal with a real estate mogul allowing development of 1,700 acres atop the hill for residential development. Densities could exceed two dwellings per acre -- this in a community hit hardest in the nation by the foreclosure crisis and entirely lacking a local water supply.

It reminds me of how important land conservation is to CMC's mission. And how important the strength of the club is to the health of the outdoors in Colorado. When you pay your CMC dues, you not only help support the "fun" side of the club (trips and activities), you also ensure a strong voice for conservation. Working as a city planner, I am quite familiar with population growth forecasts for the Front Range. Believe me, despite the Great Recession, Colorado will continue to be a growth magnet. Ensuring land conservation and access to the great outdoors will remain a continuing challenge and something not to be taken

for granted.

Meanwhile, enjoy the fact that Boulder doesn't have a mud season -- we go straight from winter to summer-like conditions. Club volunteers are scheduling many great hikes and climbs. Shake a leg and join them. Check out Gary Schmidt's proposal for a season of Eldorado Canyon (Moderate) Rock Climbing Classics and offer to lead one of the many possible trips. This follows successful series the past two years of Flatirons Classics and Top Ten Boulder Hikes.

Respectfully Submitted,

John Fernandez, Boulder Chair

P.S. Please contact me if you would be interested in contributing to an update of the Boulder Group history timed to coincide with CMC's centennial in 2012.

I Volunteer! Day Serve-a-Thon

Saturday, April 17 from 8 a.m.-noon

Join 300 other enthusiastic volunteers and lend a hand to benefit over 20 local community nonprofit and service agencies by completing projects that have been on their "wish lists."

Painting, building, cleaning, landscaping and restoration are just a few of the tasks you will help agencies tackle.

It's fun, rewarding, and most projects will take four hours. Get a team together! Projects are suitable for individuals, families, groups and businesses. Together we will devote over 1200 hours of service all before lunch! What we will accomplish would otherwise take one person working full-time over 6 months to complete!

You will also help to raise funds to support Volunteer Connection's year-round volunteer efforts. Everything else you need to know can be found by visiting our website:

www.volunteerconnection.net

— contributed by Chris Klotz,
Conservation Chair

Volunteer Opportunities

To volunteer call the clubroom or email clubroom@cmcboulder.org

Clubroom Hosts Needed

Clubroom Hosts are needed Monday through Thursday from 5-7 pm

New GPS Editor Wanted

The Boulder CMC is in need of a new GPS editor. Gain valuable skills while filling a key position in the Boulder Club. If interested please email chair@cmcboulder.org.

Wanted: Your Stories!

The Compass newsletter wants to hear from you! Please consider sharing your personal stories or consider writing an article of interest for a future issue. Email compass@cmcboulder.org.



compass

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Email: compass@cmcboulder.org

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CMC information: bcmc@cmcboulder.org

Website: cmcboulder.org

e-Compass subscription: cmc.org → login → Personal Data → e-newsletters

We welcome announcements, articles, letters, artwork, and photos, especially from recent CMC trips and events.

April 2010 Trips & Activities

Editor's note: The following is a list of BCMC trips and events for the month. It is possible for trips to be changed or posted after this issue goes to press. Please check online for current trip status, to see club trip policies, or to learn about becoming a trip leader: cmcboulder.org/Trips.

To view trips online and register:

- ▶ Browse to www.cmc.org
- ▶ Login with your CMC member number and password. For first time users, the default password is your ZIP code.
- ▶ Click on 'Trip Signup' in left margin
- ▶ Enter trip selection parameters (CMC group, date range, etc) & click Search
- ▶ To register, click Register
- ▶ For Boulder trips, you must contact the leader by phone (preferred) or email; for Denver trips, you may register online.
- ▶ Schools require previous signup. Info at www.cmcboulder.org

Saturday, April 3

Emerald Lake Snowshoe
Mod. Snowshoe, Casual pace
From Bear Lake, snowshoe past Nymph and Dream Lakes on frozen drainages to Emerald Lake, which lies in the craggy base of Flattop Mtn. Round trip distance: 3 miles, Elevation Gain 685 feet. Boulder Trail Mileage:3 Elevation Gain:685 Drive Distance:80 Topo Map(s):McHenry's Pk, RMNP Trails Illustrated Leader: Janine A Fugere 303-931-6151 janine_fugere@yahoo.com Trip#11547

Wednesday, April 7

After Work Social Hike
Moderate A, Casual pace
A relaxing, slow-to-moderate paced, 2 to 3 hour hike close to Boulder. Don't call-just show up before 6:00 pm at the Boulder Group Club Room (behind Neptune Mountaineering at Table Mesa and Broadway). Be prepared for any weather with good footwear, water and a light. Optional after-hike food and drink. Boulder Trail Mileage:5 Elevation Gain:600 Drive Distance:5 Topo Map(s):Boulder, Eldorado Springs Leader:Steven Haymes 303-444-4765 srhaymes@yahoo.com Trip#11413

Friday, April 9 – April 11

Shelf Road Road Trip, Area Climb
Try steep face climbing on pocketed limestone near Canon City. Well pro-

ected routes will challenge your limits. Car camping. Participants bring own food and gear. Contact leader for more info. Boulder Leader:Charissa A Klotz 303-642-3131 caksail@yahoo.com

Saturday, April 10

Hiking 1 Wilderness Survival Field Trip
Casual pace
Concerned about what to do if you unexpectedly have to spend the night outdoors? What are the Ten Essentials and why do we need them? This course covers trip planning, essential equipment, medical emergencies, and wilderness survival techniques (including fire, shelter, and signaling for rescue). Lectures: Tue 3/23 and Tue. 3/30 at 6:30 PM. Field Trip: Sat.4/10 or Sun 4.11 (student picks one). Signups begin at the 3/1/10 BMS Schools Overview and Signup (CMC Boulder Group Clubroom, 7 PM). Boulder Trail Mileage:2 Elevation Gain:250 Drive Distance:60 Leader:Janine A Fugere 303-931-6151 janine_fugere@yahoo.com Trip#11355

Sunday, April 11

Hiking 1 Wilderness Survival Field Trip
Wilderness Survival Casual pace
Field Trip
Concerned about what to do if you unexpectedly have to spend the night outdoors? What are the Ten Essentials and why do we need them? This course covers trip planning, essential equipment, medical emergencies, and wilderness survival techniques (including fire, shelter, and signaling for rescue). Lectures: Tue 3/23 and Tue. 3/30 at 6:30 PM. Field Trip: Sat.4/10 or Sun 4.11 (student picks one). Signups begin at the 3/1/10 BMS Schools Overview and Signup (CMC Boulder Group Clubroom, 7 PM). Boulder Trail Mileage:2 Elevation Gain:250 Drive Distance:60 Leader:Samuel Levis 303-665-1310 samuellevis@hotmail.com Trip#11356

Wednesday, April 14

Wednesday Evening Endevors
Moderate A
After Work Hike
A relaxing, slow-to-moderate paced, 2 to 3 hour hike close to Boulder. Don't

call-just show up before 6:00 pm at the Boulder Group Club Room (behind Neptune Mountaineering at Table Mesa and Broadway). Be prepared for any weather with good footwear, water and a light. Optional after-hike food and drink. Boulder Trail Mileage:5 Elevation Gain:800 Drive Distance:5 Topo Map(s):Boulder Leader:Marilyn Fellows 303-499-6099 Marilyn@Gracie-Realty.com Trip#11487

Friday, April 16

Malign 5.7 II Climb
Happy Hour Crag5.7
Drive up Boulder Canyon to Happy Hour Crag for an early season great pitch of trad climbing. We may also top rope a few adjacent routes. Meet at 1:00 pm. Only take a half day off! Boulder Leader:Gary Schmidt 970-481-1048 gsch@frii.net Trip#11574

Saturday, April 17

Calypso 5.6, Eldorado, I Climb
Eldorado classic. Two and a half pitches to a walkoff on the Wind Tower. Limited to 2 followers, BRS or equivalent experience. Boulder Leader:Rick Casey 303-345-8893 caseyrick@gmail.com Trip#11775

Wednesday, April 21

Rewritten - 5.7 -
Eldorado Canyon II Climb
A classic six-pitch climb that gets you high off the ground in Eldorado Canyon. Limit 2 participants. Boulder Leader: Brenda Leach 303-525-3660 brenda_leach@yahoo.com Trip#11604

After Work Social Hike
Moderate A, Casual pace
A relaxing, slow-to-moderate paced, 2 to 3 hour hike close to Boulder. Don't call-just show up before 6:00 pm at the Boulder Group Club Room (behind Neptune Mountaineering at Table Mesa and Broadway). Be prepared for any weather with good footwear, water and a light. Optional after-hike food and drink. Boulder Trail Mileage:5 Elevation Gain:600 Drive Distance:10 Topo Map(s):Boulder, Eldorado Springs Leader:Caryl Shields 303-665-6312 buchloe111@aol.com Trip#11545

Sunday, April 25

Watermark Top Roping Top Roping
Boulder Canyon 5.7

Do a fun Tyrolean crossing of Boulder Creek and then enjoy some nice top roping on these sport climbs. 5.7 - 5.10. Great beginner to moderate area. Sunday afternoon climb Boulder Leader: Gary Schmidt 970-481-1048 gsch@frii.net Trip#11575

Sunday, April 25 – April 29

White Rim Mtn Bike

Mod Bike Tour

On Trail, Casual pace

White Rim bike trip with support vehicles. Need 4 wheel drive. Bike about 25 miles per day. clockwise travel. bike as much as you want. Drivers will move vehicles each day. Camp sites reserved. Costs for support vehicles mileage approx. \$150 Contact via email; bimmele@msn.com Boulder Trail Mileage: 102 Elevation Gain: 2500 Drive Distance: 800 Leader: Bruce Immele 303-903-4517 bimmele@msn.com Trip#11390

Tuesday, April 27

Hiking 2 Navigation & Route Finding Lecture #1 Lecture

Learning to find your way with a topo map and compass is a fundamental skill to safely enjoying the outdoors. This course covers navigation, route-finding problems, navigating in adverse conditions, weather, & nutrition. Prerequisite: Hiking 1. Three lectures on Tuesdays, 4/22/10, 5/4/10, & 5/11/10 at 6:30 PM. Field Trip: Sat. 5/15/10 or Sun. 5/16/10 (students choose one). Sign-ups begin at the 3/1/10 BMS Spring/Summer Schools Overview and Signup (CMC Boulder Group Clubroom - 7 PM). Boulder Leader: Janine A Fugere 303-931-6151 janine_fugere@yahoo.com Trip#11357

Thursday, April 29

WeekDAY Warrior Gathering
Special

Come share stories and plan activities for weekDAYS. 7-9 Boulder clubroom. Pls bring snack or drink to share. no signups - just show up. Boulder Leader:

Jean Aschenbrenner 303-786-9411
jeanasch@hotmail.com Trip#11576

Rock Lead School, from page 1

Wednesday, June 2nd

Boulder Group CMC Clubroom, 7:00 p.m.

For those registered for the 2010 Rock Traditional Leading School, the course begins today. Discussion will focus on safety considerations and psychological factors associated with making the transition to the sharp end of the rope.

Clint Locks

rockleadschool@comcast.net

Traditional Rock Leading School
Field Trip1

Saturday, June 12th

This is the 1st of 3 field trips for the 2010 Rock Traditional Leading School participants. The use of natural and artificial protection, construction of belay anchors, racking of equipment and placement of gear on lead will be introduced. This field trip is only open to students of the CMC Rock Leading School. Contact your pre-determined instructor for meeting time and place.

Clint Locks

rockleadschool@comcast.net

Traditional Rock Leading School
Field Trip2

Saturday, June 19th

This is the 2nd of 3 field trips for the 2010 Rock Traditional Leading School participants. Students will practice placing protection, extending placements

with runners, clipping the lead rope and construction belay anchors on single-pitch climbs. This field trip is only open to students of the CMC Rock Leading School. Contact your pre-determined instructor for meeting time and place.
Clint Locks
rockleadschool@comcast.net

Traditional Rock Leading School
Field Trip3

Saturday, June 26th

This is the last of 3 field trips for the 2010 Rock Traditional Leading School participants. It will emphasize multi-pitch leading techniques, including route finding and lead rack management. This field trip is only open to students of the CMC Rock Leading School. Contact your pre-determined instructor for meeting time and place.

Clint Locks

rockleadschool@comcast.net □

Outdoor Volunteer Activities

Wilderness Volunteer in the Indian Peaks and James Peak Areas

This summer provide visitor education, monitor visitor use, and report trail conditions. Apply at www.indian-peakswilderness.org until May 1, 2010. Must complete training on June 5, 2010. Indian Peaks Wilderness Alliance. Robin Lowry. 303-443-2637.

Boulder County Parks and Open Space

Celebrate Arbor Day by helping to plant two dozen small trees at the Boulder

Use coupon code **CMC25**
for **25% Off** at
www.mountainsmith.com

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County Fairgrounds in Longmont on Friday, April 30 from 12 to 4:30 p.m. Minimum age is 14 with adult supervision. Register by April 28. Boulder County Parks and Open Space. 303-678-6216. WildWorkVolunteers@BoulderCounty.org.

Remove Old Fences in Lyons at Hall Ranch and Heil Valley on April 25 and May 22 from 8:30 a.m. to 12:30 p.m. Help improve valuable wildlife corridors and remove unnecessary litter from the backcountry. Strenuous work; hiking for two miles; minimum age is 14 with adult supervision. Register by April 22 or May 10 for either or both projects. Boulder County Parks and Open Space. 303-678-6216. WildWorkVolunteers@BoulderCounty.org.

— contributed by Chris Klotz,
Conservation Chair

Editor's Note, from page 1

offer more, so consider becoming a Trip Leader yourself, if you're not already. This area of the website (at cmcboulder.org/Trips/Becoming A Trip Leader & Co-Leader) has been greatly improved in the past few years, as a fantastic team effort by the Council and BMS Committee, to post more content online that explains this process, which was previously, quite frankly, an obscure, word-of-mouth part of collective tribal knowledge (and I don't think anyone will disagree with me there!). The Club is really striving to make this a more transparent and open process to encourage more people to take advantage of this truly valuable volunteer activity. So, check it out, and take the plunge!

The big difference in this month's issue is the brevity of content as compared to last month: barely five pages worth. There's no explaining as to why the Compass's content swings up and down with such volatility, but I suspect the improving spring weather, cabin fever and people wanting to get outside and enjoy it might have something to do with it!

— Rick Casey,
Compass Editor

Arēstua Hut, from page 1

the hutmeister, Mark Buchanan. Another new addition to the cabin this season is a new, double-paned, actual glass window, which replaced a smaller, plexiglas aperture, bringing new light and elegance to the humble abode. Shown below are the fellows who actually installed the window, victoriously brandishing their tools, August 1, 2009. □



Matt Phillips, Steve Priem, and Matt ??? on the deck of the Arēstua Hut, with the new window in the background

Note on Filing Online Trip Reports

This is a reminder to all Trip Leaders that all trip reports must now be filed online at the state website, cmc.org. While this might seem like a burden to those not used to it, help is available! If you go to the Boulder CMC website, cmcboulder.org, and look under the Trips menu, there is a new selection at the bottom of the dropdown menu, "How To File Online Trip Reports." Here you will find detailed, step-by-step instructions on how to navigate through the state website to file your online reports. It is in your interest to do so, because otherwise you will not get that 20% off discount coupon to Neptune Mountaineering! Moreover, filing trip reports is vitally important data for the CMC to record; it is one of the most significant metrics that indicates how well the club is serving its members: the number of trips led, and the number of people who went on them. Also in the instructions is an email to send any questions or comments, so

that we can continue to improve these instructions. So, Trip Leaders, while it might seem awkward at first, this new way of recording trips will soon come naturally if you just follow the directions posted for your benefit. Lead on! □

— contributed by Rick Casey,
Webteam / Council Liaison Person



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