Editor's Note

This month, Don Walker (a former Compass editor) shares his compelling tale of surviving not one but two lightning strikes while on a climbing outing. His story is a good reminder of how even the most casual trip can turn into an adventure.

In other news, we’re happy to announce that Dick Munro has taken over the role of Treasurer for the Boulder Group. Dick is a former Chair of the Boulder Group and was instrumental in negotiating the lease for the new clubroom. If you’re interested in helping out the Boulder Group in any way, there are still plenty of volunteer opportunities available.

— Donna Marino
Compass Editor
I’ve gained through being a part of the Colorado Mountain Club and I feel so grateful for the decision making and leadership skills I’ve gained through being a part of the Boulder Group of CMC.

One of the most difficult decisions that often faces us as volunteer leaders in CMC is that difficult choice, “Do we go, or is the answer no?”

I’m referring to those times a trip has been planned for quite some time, but then you have to make a difficult choice that the only sound decision is call off the trip because it won’t be safe to go. I had to make such a decision this month when it came time for the BMS Back Packing School field trip. Our school was slated to go out for a two-night field trip, departing on a Friday late afternoon, backpacking and camping two nights, with a late Sunday return. The problem was we’d been in the midst of couple weeks of severe thunderstorms every day leading up to this trip. While the forecast for the weekend was a little bit better, the chances of thunderstorms were still about 40% everyday throughout the weekend we’d be out. Already struggling with that level of risk, I felt uncomfortable about running the trip, but knew a lot of people would consider a 40% chance an acceptable level of risk. But as I watched direct lightning strikes everywhere around me, in addition to seeing lightning arc its way horizontally across the sky far from where it originated, a 40% risk was a greater chance than I felt willing to take.

I also knew from fellow CMC members that we would still encounter snow anywhere in the high country, which was another risk to consider for a beginner’s backpacking school trip. To assess the situation further, I contacted the Boulder Ranger Station and got detailed trail reports for the area we were supposed to go, as well as for some alternate areas. As it turned out, even if we got lucky and no dangerous thunderstorms came, there were other serious risks in any of the possible areas we might have considered going. Due to the intense amount of rain we’d had for the last weeks, combined with late-season snow melt, creeks were overflowing everywhere. Reports cited that any of the possible creek crossings we had considered would be dangerous at best, if not downright impossible and life-threatening. Even permanently constructed backcountry bridges were underwater! Near many creeks, safety reports were being made via loudspeakers, warning, “Stay away from the creek! Do not attempt to cross!”

I’m proud to be part of an organization that helped me learn to make the smartest decision, even when it will be a disappointing decision, both for me and the trip participants I would’ve been leading. It’s especially hard to make such a choice knowing how hard it is for people plan for the time away to attend the trip, how much they have likely already done to prepare, and how difficult it may be to reschedule another time which still enables everyone to participate. Yet, minimizing risk to lives is paramount. I’m proud of all my fellow leaders and our students for completely supporting my decision to postpone. Our backpacking field trip has been rescheduled until late August, by which time hopefully those raging creeks will have diminished and, fingers crossed, we’ll be beyond the particularly intense thunderstorm season we seem to be having this summer!

In the meantime, your humble Chair has reached the milestone of her half-century birthday this week! Although I’ve been aware many times in the past how many great friendships I’ve made through CMC, I don’t think I realized quite how many until I started planning the celebration of my 50th birthday. I’m very appreciative and deeply touched that a majority of the people I’ve been celebrating my birthday with are dear friends I’ve made through Colorado Mountain Club. It really is an honor to have met so many people who are not just backcountry adventure buddies, but true friends who share in my life on a personal basis. For that I’m deeply grateful.

Respectfully submitted,
Janine Fugere, Boulder Chair
August 2011 Trips & Activities

Editor’s note: The following is a list of BCMC trips and events for the month. It is possible that trips may change or be posted after this issue goes to press. Please check online for current trip status, to see club trip policies, or to learn about becoming a trip leader: cmcboulder.org/Trips.

To view trips online and register:
► Browse to www.cmc.org
► Login with your CMC member number and password. For first time users, the default password is your ZIP code.
► Click on ‘Trip Signup’ in left margin
► Enter trip selection parameters (CMC group, date range, etc) & click Search
► To register, click Register
► For Boulder trips, you must contact the leader by phone (preferred) or email; for Denver trips, you may register online.
► Schools require previous signup. Info at www.cmcboulder.org

Wednesday, August 3
After Work Social Hike
A relaxing, slow-to-moderate paced, 2 to 3 hour hike close to Boulder. Don’t call -- just show up before 6 pm at the Boulder Group Club Room. Be prepared for any weather with good footwear, water and a light. Optional after-hike food and drink. Leader: Steven Haymes

Saturday, August 6
Long’s Peak via Keyhole Ridge
Difficult D-E, Pace: Moderate
Difficulty: 5.5
Trail mileage: 12 mi, Elevation: 4000 ft
A different way to reach Long’s summit via a moderate rock route. Hike to the boulder field on the Keyhole Route, but then take the ridge to the summit. Descend via the Cables route. Only moderate technical difficulty but must be in shape for the hike in and out. Leader: Rick Casey, caseyrick@gmail.com.

Sunday, August 7
Iceberg Lakes Hike
Easy C, Moderate Pace, Off-trail
From East Portal hike on-trail to Crater Lakes, continue off-trail to Clayton Lake, then continue above tree line to Iceberg Lakes beneath the Continental Divide.
Leader: Steven Haymes. Register BY PHONE between 9 AM and 9 PM only. 303-444-4765

Wednesday, August 10
After Work Social Hike, Moderate A
A relaxing, slow-to-moderate paced, 2-3 hour hike close to Boulder. Meet at the Boulder Group Club Room before 6 pm. Be prepared for any weather with good footwear, water and a light. Optional after-hike food and drink. Leader: Marilyn Fellows

Wednesday, August 17
After Work Social Hike, Easy A
Don’t call; just show up. Meet at Boulder clubroom 5:45-6pm and carpool by 6:15pm for a social hike along one of the local Boulder foothills trails. This outing is for casual hikers who enjoy each others’ company, talking along the trail, and sharing snacks along the way. Destination to be selected by leader. Leader: Gary Johnston

Wednesday, August 24
A relaxing, slow-to-moderate paced, 2 to 3 hour hike close to Boulder. Don’t call--just show up before 6:00 pm at the Boulder Group Club Room (behind Neptune Mountaineering at Table Mesa and Broadway). Be prepared for any weather with good footwear, water and a light. Optional after-hike food and drink. Leader: Caryl Shields

Thursday, Aug 25 - Sunday, Aug. 28
Hagerman Pk. 13,841’
Difficult D-E Pace: Casual
Difficulty: Semi-tech
Prerequisite: BMS
Drive up Thursday late afternoon and car camp at TH. Begin hike Friday morning, camp a little above pictureque Geneva Lake area (~11,400’). Weather permitting, climb centennial Hagerman via the southwest ridge on Sat and return to Denver/Boulder. If weather is bad, plan to stay until Sunday...for a second attempt. Expect some loose rock and exposure with class 3 sections; helmets are required.
Trail mileage: 14 miles
Elevation gain: 4900 feet
Driving distance: 420 miles
Leader: Clare E Reda, fightgravity4evr@yahoo.com
303-329-7840

Friday, August 26
Wild & Scenic Film Festival
7-9 pm, Neptune Mountaineering
Two hours of motivating and exciting films, happy hour from Sierra Nevada, door prizes from your favorite outdoor companies, outdoor gear expo, Q&A post-films with local directors and more! Tickets are limited. Get yours today before it sells out. www.cmc.org/wsff

Wednesday, August 31
After Work Social Hike, Easy A
Don’t call; just show up. Meet at Boulder clubroom 5:45-6pm and carpool by 6:15pm for a social hike along one of the local Boulder foothills trails. This outing is for casual hikers who enjoy each others’ company, talking along the trail, and sharing snacks along the way. Destination to be selected by leader Leader: Karen L.Baldwin

August Monthly Program

Wednesday, August 10
7-8:30 pm, Boulder Group Clubroom
A quirky and methodical review of Edinburgh and the Scottish Highlands by analyst adventurista and Boulder Group member, Clare Reda. Included features: pictures and videos; topo maps & elevation profiles; scotch and rocks (but not scotch on the rocks!); castles and food; a long island run with local savages; mountain and road biking; wildflowers and munro bagging; and rock climbing.

Scotland Monthly Program
Lightning Strike, cont’d from page 1

All went well as we practiced tying in and rappelling down the 25-foot cliff.

By 11am a single, small dark cloud had appeared in the sky down along the Flatirons to the south, but it was otherwise clear, and there had been no rain or thunder all morning. Then, at 11:15am lightning came out of nowhere, hitting two in our group.

The sound of the thunder was nearly deafening — Karen compared it to “a bomb going off”. Rock literally shattered nearby and fell to the ground along with branches of a tree below the cliff.

After a stunned moment or two I asked if everyone was okay.

John reported that he had been hit and so did Scott. John had been sitting on the ridge at the south anchor and Scott was standing close by, getting ready to rappel over the edge. John and Scott each stated that they felt like they’d been “hit on the head and shoulders with a hammer.”

At this point we evacuated the area, leaving all ropes, gear and anchors in place as we retreated down to a picnic table just below Crown Rock. Neither John nor Scott appeared to have sustained any injury and neither reported feeling any pain. Both of their rock helmets however did have marks on the top. John’s helmet had a small, rough pit about the size of a pencil eraser and Scott’s helmet had a small smooth dimple barely the size of a dime. Neither helmet nonetheless probably played a part in protecting them from injury by deflecting the electricity around and over the outsides of their bodies.

Relieved that no one was hurt, we stayed at the table and ate lunch for about 45 minutes, even laughing about the incident. Since everyone seemed okay and there had been no further storm or lightning activity we decided to return and finish the field trip. It was about 1pm by this time.

As the afternoon progressed, a few clouds passed overhead and it occasionally sprinkled slightly, though never enough to make us bother with rain gear. By 3pm faint thunder was heard coming from the south, far down along the Flatirons, but there was no lightning and we weren’t worried. Besides, we felt quite safe since, “lightning never strikes twice in the same place,” right?

Oops, big mistake. At 3:15pm, some four hours after the first incident, lightning struck us again and at exactly the same spot!

This time it was me who was anchored at the south belay station, exactly where John had been sitting earlier. My lower body was in full contact with the rock just as John’s had been. Wendy was on belay and standing to my right, not quite yet in position to rap over the edge. Scott had already finished the exercise and was walking up near us to the high ground above the outcropping. The others (John, Lori, Karen, and Yvonne) were at the base of the cliff waiting for Wendy to complete the last exercise of the day, prussiking over a knot.

I felt the lightning strike me before I heard the thunder. The sensation was one of intense pressure exploding out of my head. I yelled as this happened, even though I really didn’t feel any pain. An ear splitting crash of thunder followed immediately.

Wendy was standing on the rock just three feet from where I was seated and reported feeling strong vibrations pass through her legs, but neither of us felt the type of “hammer blow” described earlier by John and Scott. Following the crash of thunder, all four people at the base of the cliff rushed to the top just in time to witness the third lightning strike of the day.

While Wendy and I were still in position on the outcropping feeling slightly dazed from the previous strike, another bolt of lightning hit us both!

How much time had passed between the second and third strikes of the day is open to debate, but it wasn’t very long. I guessed 2 or 3 minutes might have passed, but Wendy recalls that it was more like 30 seconds. On this strike I felt an intense current pass through my entire body, not just my head. Wendy said that the shock again went through her legs, making them shake uncontrollably.

Remarkably, neither Wendy nor I were hurt by either strike, and no evidence of pitting or burning could be found on our helmets. After a moment of stunned recovery, I asked everyone to quickly gather up all the gear and retreat from the area for good. (With the wisdom of hindsight I figured we didn’t want to encourage a fourth lightning bolt!)

By 3:30pm we were all back down at the parking area below Crown Rock. It still wasn’t raining, and no further thunder was heard and no more lightning was seen that day.

From Flagstaff Mountain we retired to the safety of The Dark Horse Bar & Grill for the rest of the afternoon, where we discussed the day’s incidents at length, still a bit shocked, but extremely glad that no one had suffered the slightest perceptible injury!

(This article was adapted from the official incident report submitted by Don Walker to the CMC Boulder Group Safety Committee.)
**Boulder Group Leadership & Safety Seminar Series**

The Boulder Group is hosting a series of leadership training related courses this coming Fall. These courses are designed for new trip leaders, as well as BMS Instructors/Trip leaders wanting to renew their Leadership Skills, or their First Aid and/or CPR skills.

**Leadership Seminar Th Oct 20 6-10pm. (Free)**
Adult-only CPR  Wed Nov 3  7-10 pm ($45/$20 if taken with WFA)
Wilderness First Aid (WFA)  Sat & Sun Nov 13/14, 8-5pm  ($155)

For those interested in becoming Boulder group trip leaders, Wilderness First Aid, CPR and completing a leadership seminar are requirements. In addition, all BMS Senior instructors must have current Wilderness First Aid and CPR in order to teach any BMS course. The WFA training will be valid for 3 years. For more detailed info on all the steps to coming a trip leader, please see http://www.cmcboulder.org/bms/leadership/LeaderApp.pdf.

The Boulder Group Leadership Training is a 2-step process. First, you complete a self-paced on-line training program and workbook at your own convenience. Once you have completed the on-line training and handed in the workbook, there is a one-night seminar at the clubroom (Th Oct 20) that you must attend. The on-line training material can be found on the Boulder Group website at http://www.cmcboulder.org/bms/leadership/leadershipSeminar.html. Please complete the training and workbook and send the workbook to the clubroom anytime before the seminar, but no later than Oct 7. You will not be allowed to participate in the Leadership seminar unless you have completed the on-line training and submit a completed workbook. For more details or to reserve your spot in any of these classes, email Cindy Gagnon at safety@cmc Boulder.org

**Access Fund’s 2011 National Access & Stewardship Summit**

Every year, the Access Fund hosts an educational summit that brings activists and volunteers together to learn about ways to preserve access to places we love and protect them for future generations. Whether you are interested in starting a local climbing organization, working with land managers on access issues, discussing conservation opportunities with private landowners, or simply want to know how you can get involved at your local crag, this summit will have something for you. The summit will be held from Friday, September 30- Sunday, October 2nd at the American Mountain-eering Center in Golden, CO.

Anyone who is passionate about protecting America’s outdoor spaces can attend the summit. There will be introductory topics for attendees new to the world of climbing access and expert workshops for the seasoned advocate. This year, travel scholarships will be offered and can be applied to travel and accommodations expenses to make it easier for participants to attend. Go to http://www.accessfund.org/site/c.mL5KhNWlRh/b.7522431/k.EC96/2011_Summit_Travel_Scholarship.htm for information.

Presentations will cover a range of topics, including stewardship and education, local support and mobilization, land conservation, and public policy. To incorporate all the presentations, the summit will have multiple concurrent tracks. At any one time, you will have the choice between three different presentations to attend. Contact joe@accessfund.org if you are interested in presenting.

**Volunteers Needed for Fall BMS**

We’re starting to gear up for the fall session of the Boulder Mountaineering School (BMS). The school directors will be contacting past and new instructors, but feel free to contact them first. We’ll be offering Hiking and Survival Essentials, Hiking Navigation, Basic Rock School and GPS Navigation. The course schedule may be found online at www.cmcboulder.org/bms/fallSchedule.html. For more information or to volunteer, contact the school directors: Hiking Schools: Janine Fugere and David Ellis, bhs@cmcboulder.org; Basic Rock School: Brenda Leach, brs@cmcboulder.org; GPS Navigation: Steve Haymes, gpsNav@cmcboulder.org. Instructors, your time and efforts are much appreciated!

**Rugged Maniac Coming to Denver**

On Saturday, October 15, 2011, the Rugged Maniac 5K will take place near Denver. Rugged Maniac combines rugged terrain and obstacles to allow those with a sense of adventure to define themselves. The event includes the 5K event plus an after party with live music, food, and beer. Visit the Rugged Maniac web site at www.ruggedmaniac.com for more information. Use the code RUG-GEDCO5 when registering to get a 5% discount off the registration fee. Contact jacob@ruggedmaniac.com for more information.

**Subscribe to the Boulder Group’s Weekly e-GPS Newsletter**

Would you like to receive notices on courses, presentations, news and events for the Boulder Group, CMC and all around the Boulder/Denver area? If so, then subscribe to the Boulder Group’s e-GPS newsletter! The current issue may always be found at http://www.cmcboulder.org/docs/GPS/CurrentGPS.htm. To subscribe and receive the e-GPS through a weekly email, follow the directions at http://lists.cmcboulder.org/listinfo.cgi/e-gps-cmcboulder.org. And, most importantly, we’d like to welcome our new GPS Editor, Blake Busse!
Sherpa John Lacroix started his endurance career as a peak-bagger in New Hampshire’s rugged White Mountains. In 2004 John completed hiking New Hampshire’s list of 48 Four-Thousand Foot peaks entering himself into the Appalachian Mountain Clubs Four-Thousand Footer Club. During the same time, Sherpa John released a documentary film he wrote, edited and produced titled “48: A White Mountain Documentary Film.” He sold and donated over 800 DVD copies of his film to various individuals and organizations, all the while raising over $20,000 for the American Diabetes Association Research Foundation. In March of 2006, John completed hiking the same list of mountains during the winter season, becoming one of only a few hundred to do so. His peak-bagging continues as Sherpa has completed the list of 48 peaks a subsequent five additional times and is two peaks away from becoming the youngest person to ever complete The Trailwrights 72 Peak-bagging list. “48” is a one of a kind documentary film which introduces audiences to the AMC Four Thousand Footer list, the White Mountains of New Hampshire, who climbs them and why, as well as Lacroix’s own emotional journey in hiking this wildly sought after list. Film time is one hour followed by Q&A with Sherpa John.

**Boulder Group Outings Survey Winners**

The Outings Committee would like to congratulate the following winners of the Outings Survey drawing. Tyler Scott won first prize, a Deuter AC Lite 16 liter backpack, donated by Neptune Mountaineering. Jean Aschenbrenner won second prize, a pair of REI 10x26 waterproof binoculars, donated by the Boulder REI. Finally, Carrie Simon won third prize, an REI Flash 18 pack, which is a smaller pack that you can stuff into your large backpack and then use on “summit day.” The Flash 18 pack was also donated by the Boulder REI. Thank you to everyone who took the time to complete the Outings Survey. We will be publishing the survey results in the September Compass. The Outings Committee also extends a very special thank you to Neptune Mountaineering and the Boulder REI for donating these great prizes.

### Looking for a Hiking School Director

We are in need of a new Hiking School Director for the Boulder Mountaineering Schools. The Hiking School covers Hiking & Survival Essentials, Hiking Navigation, Backpacking School, & GPS Navigation. The Hiking School Director works with the BMS Director to set dates for the schools, coordinates instructors & assistants for the lectures, and coordinates Trip Leaders & assistants for the Field Trips. An extensive support system of regular volunteers for all of these positions is in place.

For the 2011 spring & summer schools, all of the field trips and lectures have been scheduled and all of the instructors and trip leaders have been chosen as well. You will receive guidance and training from past Hiking School Directors and other people who are long-standing volunteers in the schools.

If you, or anyone you know is interested, please contact Janine Fugere at chair@cmcboulder.org or Brenda Leach at bms@cmcboulder.org

**Fall Boulder Mountaineering Schools (BMS)**

Orientation Night is Monday, August 15, 7pm. Join us in the clubroom for an optional Orientation Night where school directors will provide an overview of the fall BMS courses and answer questions. SIGN-UPS START ON TUESDAY, AUGUST 16.

This year’s fall schools include Hiking and Survival Essentials (starts 8/23), Hiking Navigation (starts 9/22), Basic Rock School (starts 9/6) and GPS Navigation (starts 10/11). See www.cmcboulder.org/bms/fallSchedule.html for all of the lecture and field trip dates. For instructions on how to sign up, go to www.cmcboulder.org/bms/howToSign-Up.html. Contact bms@cmcboulder.org if you have more questions.

**Brainard Cabin Annual Work Party**

Saturday Sept 24, 2011. Come for all or part of the day to help haul pre-split wood, cut, split & stack trees into firewood, clean the inside of the cabin, and make minor repairs. Bring work boots/shoes, work gloves, and your lunch. Be prepared for hot/dry &/or wet/cold. Sign-up is not necessary but is appreciated. Meet at the cabin, or car pool at 8:00 AM from the parking lot in the N.E. corner of Iris and Broadway in North Boulder. For more info, contact: Jason Kintzel (303) 776-1218, or cabins@cmcboulder.org

**Arestua Cabin Annual Work Party**

Saturday, Sept 17, 2011. Help get our beautiful Guinn Mountain cabin ready for the winter. Projects include - cutting a LOT of wood, hauling, splitting, and stacking; cleaning the abin inside; and some small repairs. Bring work boots/shoes, work gloves, your lunch, chain saw if you own one. Sign-up is not necessary but is appreciated. Be prepared for hot/dry &/or wet/cold. Meet at the hut or the Rollinsville Store at 8:00am. For more info, contact: Mark Buchanan (303) 717-1187, orarestuahut@yahoo.com.
Death Valley Hiking Trip

Castles, abandoned mines, unique wildlife, sand dunes, snow-capped mountains, canyons, layers of multi-colored rocks, and the world’s lowest golf course! Trip runs from March 11- March 16, 2012. Temperatures will be a moderate 65 to 75 degrees. Enjoy the beauties of Death Valley next spring. Spring time is Death Valley’s most colorful time of the year. Here you will experience a wide variety of wildlife, one that is unique to this desert land.

Not only will you hike the one of a kind terrain that only Death Valley can offer, but you will also visit the Scotty’s famous castle and explore the remains of abandoned mines. Massage therapy, horseback riding, tennis, golf, and horse-drawn carriage rides are only a few of the many enjoyable options that can be enjoyed during your spare time. During the week we will visit the park Visitor Center and Museum, conduct several A or moderate B hikes as well as visit Scotty’s Castle. Price includes transportation to and from Las Vegas airport to the National Park, hike transportation, lodging, meals, and entrance to Scotty’s Castle. An optional last night gourmet dinner can also be scheduled.

Lodging will be at the renovated Furnace Creek Ranch which offers a complete resort complex in the heart of Death Valley National Park. Your air conditioned room is complemented by several restaurants, saloon, general store, Museum, and spring-fed swimming pool in addition to other resort amenities.

Not included in the trip is airfare, single supplement of $568, alcoholic beverages, dinner on the last night and any outside activities. The cost is $1262.00, Single $1830. A nonrefundable deposit of $100 is due by December 31, 2011 with the balance due by January 15, 2012. Visit www.cmc.org/AT for cancellation policy and payment schedule.

Contact Terry Hardie at tnjhardie@msn.com or Sharon Silva at ssilva@q.com for more information.

Trash Bash 2011 Scheduled

Mark your calendar for the illustrious 11th Annual Flagstaff Trash Bash to be held on September 14, 2011. More details will be published as they become available.